

DATE	START LOCATION	RIDE NAME	START TIME	RIDE DESCRIPTION
1-Oct	Paso Robles, Adelaide Inn	Paso Robles Zodiac	9:00 AM	<p>Ride: 50-200 Rolling/Hilly Flexible</p> <p>Leader: Clayton Boudreau, 424-6030, cmboudreau1@comcast.net</p> <p>Description: The rides will pass through rolling hills cover with Live Oak forest, neatly cultivated vineyards, olive orchards and the cattle county to the east. There will be an organized ride every day or you can choose a route and go on our own. The first ride will start at 12.00 noon on Monday from the Adelaide Inn. There will be a social hour after the rides on the patio by the pool. For those participating in the after ride, I need to collect \$15 to help cover the cost of snacks and drinks (beer, wine, sodas and water). A block of 10 rooms is being held for the Sacramento Wheelmen until August 1 at the Adelaide Inn (805-238-2770). When making reservations be sure to mention you are with the Sacramento Wheelmen. They have 3 rooms, non-smoking with single queen bed, shower but no tub. These rooms are a little less expensive. Single occupancy, \$93.60/night. Double occupancy, \$102.60/night. The rate per night for single queen, single occupancy, shower and tub \$100.80. Double occupancy, shower and tub \$109.80. The rate for double queen, double occupancy, shower and tub, \$134.10/night. Plan to arrive early Monday, October 1 and depart on Thursday, October 4th. It is about a 4 hour drive from Sacramento.</p>
6-Oct	Folsom, Lifetime Fitness, 110 Serpa Way	Patriot Bicycle/Lifetime Ride	7:30 AM	<p>Ride: 30-45 Moderate/Hilly Flexible</p> <p>Leader: Gilbert Martinez, 524-7608, look4gilbert@icloud.com, Scott Barrette, Bikeshop@softcom.net, Ed Keller</p> <p>Description: Join us for a varying pace and distance ride on the first Saturday of the month.</p>
6-Oct	Sacramento, Capitol Mall & 8th	Sacramento Century Ride	7:00 AM	<p>Ride: 16-36-63-100 Flat Flexible</p> <p>Leader: Harold Alves, 806-6054, h_alves@comcast.net</p> <p>Description: Sacramento Century Challenge. Beautiful fun, flat rides for everyone, that start and finish on Capitol Mall and meander through the Sacramento Delta wine region. There's a post-ride festival on Capitol Mall. Register on www.sacramentocentury.com. Start times from 7:00 AM until 9:00 AM depending on ride. Send miles to Harold. Must wear Wheelmen Jersey to get club miles.</p>
6-Oct	Lakeport, Skylark Shores Resort, 1130 N. Main	Konocti Challenge	7:00-10:00AM	<p>Ride: 20-40-65-100 Flat/Moderate/Hilly Flexible</p> <p>Leader: Fred Turner, ft58@sbcglobal.net, 916-521-3619</p> <p>Description: 27th Annual Konocti Challenge. 100 mile, 65 mile, 40 mile, and family fun 20 mile ride. Visit the web site for information. http://www.konoctichallenge.com. Ride around California's largest natural lake and breathe California's cleanest air. Great routes, fabulous support, and an awesome post ride barbecue. Must register in advance and pay fee. Must wear Wheelmen Jersey to get club miles.</p>
6-Oct	Loomis, Loomis Community Park, King Rd & Ong	Annual Club Picnic	9:00 AM	<p>Ride: 32 Moderate Flexible</p> <p>Leader: Sandy Yarrow, 791-3426, skybike2@gmail.com Tim Koch, 488-8218, mtkoch44@aol.com</p> <p>Description: This is the club's Annual Picnic Ride. It's a pot luck with members bringing a salad (green, potato, macaroni, etc.) dessert, chips. Club will furnish a BBQ meat, sodas & beer. Come join the fun. Non-bicycling spouses/significant others are invited. We can always use their organizational help during the ride.</p> <p>GPS for route: https://ridewithgps.com/routes/28591926</p>

13-Oct	Clovis, Homewood Suites, 835 Gettysburg Ave	Bass Lake Powerhouse Double Century	4:00 AM	<p>Ride: 201 Hilly Flexible</p> <p>Leader: Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p>Description: A trip through the Western Sierra Nevada's, including Pine Flat Lake and Bass Lake. Must register in advance and pay fee. Save \$10.00 before September 1. Visit www.fresnocycling.com for details. 10,500 ft climb. Must wear Wheelmen Jersey to get club miles.</p>
13-Oct	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p>Ride: 20-35-80 Flat/Rolling Casual</p> <p>Leader: Linda Zeiszler, 457-8815, lzeiszler@surewest.net</p> <p>Description: Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
14-Oct	Folsom, Folsom Lake Crossing and Folsom-Auburn Road in the 7-11 parking lot.	Let's Ride Around the Lake	9:00 AM	<p>Ride: 49 Hilly Flexible</p> <p>Leader: Tim Koch, 488-8218, mtkoch44@aol.com</p> <p>Description: We will start in Folsom and ride around Lake Folsom in a counter-clockwise direction. We will be stopping for a regroup and lunch in Cool at the store. There is no way to cut this ride short by riding across the middle unless you're good at swimming with a bicycle. You could go so far and backtrack if you want a shorter distance. The 2 major climbs are up to Pilot Hill on Salmon Falls Road and then a second climb on Old Forrest Hill Road. You do most the climbing when our legs are fresh and then it's downhill for the second half from Auburn back to the start. 5290 ft.</p> <p>Ride With GPS: https://ridewithgps.com/routes/22553440</p>
20-Oct	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p>Ride: 35-80 Flat/Rolling Casual</p> <p>Leader: Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p>Description: Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
20-Oct	Davis, Veteran's Memorial Center	Foxy's Fall Century	7:00 AM	<p>Ride: 35-65-104 Flat/Rolling Flexible</p> <p>Leader: Dan Anglim, 916-633-0084, dananglim@gmail.com</p> <p>Description: On the 100 miler ride through the orchards of Yolo and Solano Counties and into the hills of Napa County with 2000 feet of climbing. The 100K follows the 100 miler out to Pleasants Valley Rd then turns right back to Davis while the 100 miler continues to Fairfield and beyond. Be sure to register early as it tends to fill up quickly. Pasta dinner at the finish for registered riders. Must wear Wheelmen Jersey to get club miles.</p>
21-Oct	Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Ride Around the Block	9:00 AM	<p>Ride: 33-54 Hilly Flexible</p> <p>Leader: Tim Koch, 488-8218, mtkoch44@aol.com</p> <p>Description: Two distances. The long ride goes into the American River Canyon just outside of Placerville and goes to Georgetown for a lunch break before heading back to Coloma and once again into and out of American River Canyon before heading back to start. Short ride avoids the 2 trips in and out of the American River Canyon.</p> <p>Ride With GPS: https://ridewithgps.com/routes/11755108 (Short) https://ridewithgps.com/routes/11737847 (Long)</p>

27-Oct	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p>Ride: 35-80 Flat/Rolling Casual</p> <p>Leader: Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com</p> <p>Description: Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
28-Oct	Loomis, Loomis Community Park, King Rd & Ong	Camp Far West	9:00 AM	<p>Ride: 38-54-59 Moderate/Hilly Flexible</p> <p>Leader: Dale Johnson, 284-5208, davjohnsickr@comcast.net</p> <p>Description: A ride to Lincoln, Sheridan and Camp Far West Reservoir. We will be riding some familiar roads. Bring water and snacks as nothing is available after Sheridan.</p>

24-Mar

RR03 Sacramento South Sac Si 9:00 AM Richard Rus: **Ride:** 24-Mar
Belle Coolidge Library, Semas @ Land Park **Flat/Rolling Casual**

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Richard Rusk Ride: 25-50	24-Mar	RR03	Sacramento , Belle Cooledge Library, Semas @ Land Park	South Sac S:	9:00 AM	Richard Rusk Ride: 25-50	24-Mar	RR03	Sacramento , Belle Cooledge Library, Semas @ Land Park	South Sac S:	9:00 AM	Richard Rusk Ride: 25-50	24-Mar	RR03	Sacramento , Belle Cooledge Library, Semas @ Land Park	South Sac S:	9:00 AM	Richard Rusk Ride: 25-50	24-Mar
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