

DATE	START LOCATION	RIDE NAME	START TIME	RIDE DESCRIPTION
1-Sep	Bell Rd P&R by I80	Grass Valley Out & Back	Sometime over the weekend	<p><b>Ride:</b> 30-60 Hilly Very Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> This is a ride for those going to Italy (and those wishing they were going to Italy). Ride from Bell P&amp;R out Bowman, Lake Arthur/Placer Hills/Dog Bar Rd as far as you want Saturday or Sunday to get miles. If you go as far as Grass Valley, its about 50 miles and 4000 ft. (RWGPS route is one way.) Send your miles to me by Monday. RidewithGPS: <a href="https://ridewithgps.com/routes/27825145">https://ridewithgps.com/routes/27825145</a></p>
1-Sep	Folsom, Lifetime Fitness, 110 Serpa Way	Patriot Bicycle/Lifetime Ride	7:30 AM	<p><b>Ride:</b> 30-45 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Gilbert Martinez, 524-7608, look4gilbert@icloud.com, Scott Barrette, Bikeshop@softcom.net, Ed Keller</p> <p><b>Description:</b> Join us for a varying pace and distance ride on the first Saturday of the month.</p>
1-Sep	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Mary Moore, 284-1905, Mary-Moore@surewest.net</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
2-Sep	Loomis, Train Station 5775 Horseshoe Bar Rd	Wolf Creek Alta Sierra	8:00 AM	<p><b>Ride:</b> 51-64 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> Ride goes to Auburn, Meadow Vista and Alta Sierra returning through Higgins Corner</p> <p><a href="https://ridewithgps.com/routes/28231570">https://ridewithgps.com/routes/28231570</a> long 64 miles 5566 feet <a href="https://ridewithgps.com/routes/28231489">https://ridewithgps.com/routes/28231489</a> short 51 miles 5056 feet</p>
8-Sep	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p><b>Ride:</b> 20-35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Linda Zeiszler, 457-8815, lzeiszler@surewest.net</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
9-Sep	Loomis, Train Station, Horseshoe Bar & Taylor	Dog Bar and Back	8:00 AM	<p><b>Ride:</b> 42-60 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch44@aol.com</p> <p><b>Description:</b> Long ride goes through Auburn and Lake of the Pines to Dog Bar Road before returning to Auburn and back to Loomis. Short ride only goes to the far side of Auburn. Both rides have regroup places and recommended lunch stops. 2754 ft (short ride) and 4495 (long ride).</p> <p><b>Ride With GPS:</b> 60 miles - <a href="https://ridewithgps.com/routes/24491582">https://ridewithgps.com/routes/24491582</a> 40 miles - <a href="https://ridewithgps.com/routes/24493715">https://ridewithgps.com/routes/24493715</a></p>

10-Sep	Gabicce Mare on the Adriatic Coast	Wheelmen Italy Tour 2018		<p><b>Ride:</b> TBD Rolling/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> The dates are Sept 10-Sept 24, with an optional extension tour to Oct 1. The trip package (not including airfare) is 2 weeks at the Hotel Alexander, breakfast, lunch and dinner, bike rental, 2 excursions on the days off. On ride days, you can select between groups based on speed and distance, and a guide will be with each group. The hotel is located in the town of Gabicce Mare on the Adriatic Coast, so it is easy to walk around town or to the beach. The hotel provides some activities for non-riders. This is also a perfect time to extend your trip to see more of Italy! Contact the leader if you wish to be put on the list.</p>
15-Sep	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslickr@comcast.net</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
16-Sep	Winters, City PL, Railroad & Main	Cantelow & Mix Canyon	9:00 AM	<p><b>Ride:</b> 40-55 Moderate/Mountainous Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslickr@comcast.net</p> <p><b>Description:</b> The ride will head towards Dixon through several walnut orchards. Then west to climb Cantelow. After climbing Cantelow, you have the option of climbing Mix Canyon (a 4.6 mile out and back) with some 20% grades. The ride takes you back to Winters. No water enroute unless you take a slight detour into Dixon.</p>
22-Sep	Hotel Irvine, 17900 Jamboree Rd, Irvine, CA 92614	Beach City Double Century	5:00 AM	<p><b>Ride:</b> 50-100-200 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Bob Storelli &amp; Mabel Wong, 947-6975, hbbbd2004@yahoo.com</p> <p><b>Description:</b> Showcases many scenic vista points in Orange County. The route goes through canyons, around the 1984 Olympic course, to the beautiful vista points along the Orange County beaches, and to the Queen Mary in Long Beach. Must wear Wheelmen Jersey to get club miles. Website: Visit <a href="http://www.ndzone.com/">http://www.ndzone.com/</a> for details. Contact ride leaders if unable to locate ride roster.</p>
22-Sep	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
23-Sep	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd. Near Starbucks	The Ugly Mug Ride	9:00 AM	<p><b>Ride:</b> 47-57 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslickr@comcast.net</p> <p><b>Description:</b> Both rides go to Loomis where we break for coffee at The Ugly Mug. Short ride returns to the start. The long ride does a loop before returning to the start.</p>
27-Sep	Sacramento, AMTRAC Train Station	Ride to Paso Robles Zodiac	6:30 AM	<p><b>Ride:</b> 204 - 231 Flat/Rolling/Hilly Casual</p> <p><b>Leader:</b> Jerry Adams - Redbug65@Hotmail.com</p> <p><b>Description:</b> Celebrate the re-opening of scenic Highway 1 with a sagged camping ride from the San Jose Amtrak Station to the Adelaide Inn for the Paso Robles Zodiac.</p>

29-Sep	Vacaville, Pena Adobe Park	Knoxville Fall Classic	4:00 AM	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net</p> <p><b>Description:</b> This is a double century ride, with 12,000 ft of climbing. Visit <a href="http://www.quackcyclists.com">www.quackcyclists.com</a> to register by September 25, 2018. Must wear Wheelmen Jersey to get club miles.</p>
29-Sep	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
30-Sep	Auburn, Bowman Rd P&R	Colfax and Beyond	9:00 AM	<p><b>Ride:</b> 35-63 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch44@aol.com</p> <p><b>Description:</b> We will ride from the Bowman Park N Ride. Take Bowman Road Exit off I-80 and the Park N Ride will be just to the right. We will ride the frontage roads along I-80 up to Colfax for a regroup and the upper reach of the short ride. The long ride will continue to Gold discovery town of Dutch Flat with a regroup at the store. The return trip for both routes is more downhill than up. Possible lunch stops in Colfax at their Taco Bell for both routes. 3268/6082 ft climbing</p> <p>GPS: Long Ride: <a href="https://ridewithgps.com/routes/28005309">https://ridewithgps.com/routes/28005309</a> Short Ride: <a href="https://ridewithgps.com/routes/28005319">https://ridewithgps.com/routes/28005319</a></p>