

RIDE #	START LOCATION	RIDE NAME	START TIME	RIDE LEADER	RIDE DESCRIPTION
AS01	South Lake Tahoe, Oneidas St. PL, Off of Pioneer Trail	Tahoe Mountain Bike Ride	10:00 AM	Andy Samms, 530-903-2167, andysamms@yahoo.com	<p><b>Ride:</b> 60 Moderate/Hilly Off-Road/Flexible</p> <p><b>Leader:</b> Andy Samms, 530-903-2167, andysamms@yahoo.com</p> <p><b>Description:</b> This is a MOUNTAIN BIKE RIDE in the South Lake Tahoe area. There are two ride possibilities – Cold Creek Trail or Pioneer Trail. Mileage can be up to 60 miles.</p>
AS02	Tahoe	Tahoe Loop	10:00 AM	Andy Samms, 530-903-2167, andysamms@yahoo.com	<p><b>Ride:</b> 72 Hilly Flexible</p> <p><b>Leader:</b> Andy Samms, 530-903-2167, andysamms@yahoo.com</p> <p><b>Description:</b> Beat the heat. Come ride around beautiful Lake Tahoe. Start at the "Y", and ride clockwise around the Lake. Breakfast at Ernie's Restaurant at 8:30 AM. There's a 30 mile extension for those who choose to do more.</p>
BB01	El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Folsom Loop	9:00 AM	Bob Backer, 933-1366, RobertB603@aol.com	<p><b>Ride:</b> 40 Rolling Flexible</p> <p><b>Leader:</b> Bob Backer, 933-1366, RobertB603@aol.com</p> <p><b>Description:</b> A scenic "as you like it" ride that goes over the new Folsom Dam bridge, loops Lake Natoma and Folsom with a pause at scenic views and stops at Karen's Bakery or Snook's Ice Cream Parlor (or both if you wish). Most major hills avoided but there are still a few to climb. Rain cancels.</p>
BF01	Rocklin, Nugget Market PL, 781 Pleasant Grove Blvd.	Fit & Social aka Conquer the Basin	9:00 AM	Bill & Marilyn Floyd, 300-3593, bfbiknut@gmail.com	<p><b>Ride:</b> 30-40-50 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Bill &amp; Marilyn Floyd, 300-3593, bfbiknut@gmail.com</p> <p><b>Description:</b> Come out and reconnect with your Italy Tripper friends, or come hear the stories. All while enjoying the foothills of Western Placer County. There will be 3 routes to choose from. Latte, Cappuccino and Espresso. With distances ranging from 30ish to 50ish. All with reasonable amounts of climbing.</p>
BM01	Sacramento, Miller Park, Front St South of Broadway	Tuesday Breakfast Ride Downtown	9:00 AM	Bob Maben, 455-5715, rcnaben@comcast.net Dave Storm, 665-2169, dlstorm@worldnet.att.net	<p><b>Ride:</b> 25-75 Flat Flexible</p> <p><b>Leader:</b> Bob Maben, 455-5715, rcnaben@comcast.net Dave Storm, 665-2169, dlstorm@worldnet.att.net</p> <p><b>Description:</b> The "other" breakfast ride on Tuesday will explore a variety of breakfast destinations in the area. There will be an extended ride each week as well.</p>
BM02	Sacramento, Walgreens PL, Florin & Riverside	Thursday Breakfast Ride South	9:00 AM	Gerry Rohlfes, 422-7711 Maben, 455-5715, rcnaben@comcast.net	<p><b>Ride:</b> 30-60 Flat Flexible</p> <p><b>Leader:</b> Gerry Rohlfes, 422-7711 Bob Maben, 455-5715, rcnaben@comcast.net</p> <p><b>Description:</b> We'll meet across the street from the Shell station at Florin &amp; Riverside. There will be long and short options available.</p>
BMc01	South Lake Tahoe City, Raley's at the Y (50 & 89)	Ride Around the Lake	9:00 AM	Butch McElwee, 425-3542, b.mcelwee@comcast.net	<p><b>Ride:</b> 72-100 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Butch McElwee, 425-3542, b.mcelwee@comcast.net</p> <p><b>Description:</b> Join us for a ride around Lake Tahoe while you are on the way to the Mammoth Zodiac. This ride parallels the Bike the West and the Leukemia &amp; Lymphoma Society's 24th annual America's Most Beautiful Bike Ride, one of the most scenic and awe-inspiring rides you will ever experience (see <a href="http://www.bikethewest.com/americas-most-beautiful-bike-ride/">http://www.bikethewest.com/americas-most-beautiful-bike-ride/</a>.)</p>

BMc03	Sacramento, Capital Mall	Sacramento Century	7:00 AM	Butch McElwee, 425-3542, b.mcelwee@comcast.net	<p><b>Ride:</b> 20-40-65-100 Flat Flexible</p> <p><b>Leader:</b> Butch McElwee, 425-3542 ,b.mcelwee@comcast.net</p> <p><b>Description:</b> A great (EASY RIDER) century in our backyard. Sponsored by American Veterans and the Habitat for Humanity. Start times from 7 to 10, depending on which route you choose. Go to <a href="http://www.sacramentocentury.com">www.sacramentocentury.com</a> for details. Ride is limited to 1,000 riders and is expected to close early. There is a \$10 discount for Veterans. Registration includes admission to Octoberfest event. Must wear Wheelmen Jersey to get club miles.</p>
BMc04	Chico, Silver Dollar Fairgrounds, 2337 Fair St.	Chico Wildflower	5:30-9:00 AM	Butch McElwee, 425-3542, b.mcelwee@comcast.net	<p><b>Ride:</b> 12-128 Flat/Moderate/Mountainous Flexible</p> <p><b>Leader:</b> Butch McElwee, 425-3542, b.mcelwee@comcast.net</p> <p><b>Description:</b> The Chico Wildflower Century® has been listed in Bicycling magazine as a Top Ten Century. This year, the 35th Anniversary Chico Wildflower will offer something for everyone who loves to eat, drink, pedal, and breathe! Check-in is at the Silver Dollar Fairgrounds from 2-8pm on Saturday before the ride, and from 5:30-8:30am on ride day. The Wildflower rolls on Sunday, April 24th, rain or shine. There are seven routes and all start and finish at the Silver Dollar Fairgrounds. Start times are staggered by route. The rides include a dinner at the finish. This is a paid event. Register ASAP at <a href="http://www.wildflowercentury.org">www.wildflowercentury.org</a>. Must wear Wheelmen Jersey to get club miles.</p>
BMc05	Glenwood Iowa	RAGBRAI XLIV	8:00 AM	Butch McElwee, 425-3542, b.mcelwee@comcast.net	<p><b>Ride:</b> 420 Flat, Moderate Flexible</p> <p><b>Leader:</b> Butch McElwee, 425-3542 ,b.mcelwee@comcast.net</p> <p><b>Description:</b> Join the Wheelmen for a fun filled week (July 24-30). For more information, go to <a href="http://ragbrai.com">ragbrai.com</a>. Must wear Wheelmen Jersey (at least one</p>
BY01	Sacramento, Walgreens PL., Florin & Riverside	To The Flower	10:00 AM	Bob Yates, 838-4757, robertyates3040@sbcglobal.net	<p><b>Ride:</b> 100+ Moderate Flexible</p> <p><b>Leader:</b> Bob Yates, 838-4757, robertyates3040@sbcglobal.net</p> <p><b>Description:</b> We will take an easy ride on Saturday to the Chico Wildflower Event.</p>
BY02	Chico, Silver Dollar Fairgrounds, 2337 Fair St.	Do the Flower	6:00-8:00 AM	Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com	<p><b>Ride:</b> 38-62 Moderate/Mountainous Flexible</p> <p><b>Leader:</b> Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com</p> <p><b>Description:</b> The Chico Wildflower has grown steadily over the years to 4,000 participants. 3,150 ride the hills (Mildflower 65 and Wildflower 100), 750 ride the Flatflowers and 100 young cyclists ride the Childflower 15 on the bike path to Durham. Long Elev: 4300, Med Elev: 2000, Short Elev: Flat. We combine tough climbs in the lush and fertile springtime with plenty of fresh fruits, fresh baked goodies and a lunch spread that makes other century organizers scratch their heads. The rides include a dinner at the finish. This is a paid event. Register ASAP at <a href="http://www.chicovelo.org">www.chicovelo.org</a>. Must wear Wheelmen Jersey to get club miles.</p>
BY03	Chico, Silver Dollar Fairgrounds, 2337 Fair St.	Return From the Flower	10:00 AM	Bob Yates, 838-4757, robertyates3040@sbcglobal.net	<p><b>Ride:</b> 100+ Moderate Flexible</p> <p><b>Leader:</b> Bob Yates, 838-4757, robertyates3040@sbcglobal.net</p> <p><b>Description:</b> We will return from Chico following the Sacramento River.</p>
CB01	Sacramento, AMTRAC Train Station	Ride to Guerneville	5:15 AM	Clayton Boudreau, 424-6030, cmboudreau1@comcast.net	<p><b>Ride:</b> 84 Hilly Flexible</p> <p><b>Leader:</b> Clayton Boudreau, 424-6030, cmboudreau1@comcast.net</p> <p><b>Description:</b> We will take the 523 Capital Corridor train, which leaves at 5:30 AM, to Oakland, Jack London Square, arriving at 7:21. The Ferry leaves Jack London Square at 8:10, arriving at the Ferry Building in San Francisco at 8:40. Bike riding starts from here. We will cross the Golden Gate bridge and stop in Sausalito for Breakfast. The route is east of Mt. Tam to Fairfax and on through Occidental and Monte Rio to Guerneville. Contact Clayton for more details.</p>

CB02	Guerneville, Fern Grove Cottages	Return From Guerneville	8:30 AM	Clayton Boudreau, 424-6030, cmboudreau1@comcast.net	<p><b>Ride:</b> 84 Hilly Flexible</p> <p><b>Leader:</b> Clayton Boudreau, 424-6030, cmboudreau1@comcast.net</p> <p><b>Description:</b> A return ride from Guerneville after breakfast.</p>
CB03	Sacramento, Florin & Riverside behind Walgreens	Ride to Santa Cruz	9:00 AM	Clayton Boudreau, 424-6030, cmboudreau1@comcast.net	<p><b>Ride:</b> 176 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Clayton Boudreau, 424-6030, cmboudreau1@comcast.net</p> <p><b>Description:</b> A nice Delta ride down the Sacramento River, across the Antioch Bridge, over Kirker pass, through Clayton then Morgan Territories Rd to Livermore where we stop for the night. We will be staying at the Americas Best Value Inn in downtown Livermore (1421 First Street Livermore, CA 94550, Phone 925 447-3865). You will need to make your own reservations. The second day we ride up to Sunol Valley then take some country roads which lead us south through the quiet peaceful scenery on the opposite side of the mountain from Interstate 680. At San Jose we take the Los Gatos Creek Trail, then Hwy 9 to Santa Cruz. The first days ride is about 90 miles, the second day about 86 miles. If you want to do this ride please contact me for details.</p>
CC01	San Francisco, Legion of Honor in Lincoln Park	Tam Slam	8:00 AM	Cathy Cavey, 415-647-7075, clcavey@hotmail.com Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 75+25 Hilly/Flat Flexible/Casual</p> <p><b>Leader:</b> Cathy Cavey, 415-647-7075, clcavey@hotmail.com Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Join us for this scenic tour through the northern part of San Francisco and across the Golden Gate Bridge to Marin County. You'll ride through Sausalito, Mill Valley, around the Tiburon Peninsula, through Larkspur and west to Fairfax. From there we'll head up Mt. Tam - the views on the way up are so pretty you won't even notice the climb! After a rest at the top we'll descend down to Mill Valley and back to San Francisco. Afternoon weather is usually warm at this time of year, but bring layers since it will be cool in the morning and that famous fog could show up at any time. Stores and water are available on the route and we'll stop for lunch in Fairfax. Call Sandy or e-mail if you have any questions or need directions. Elev - appx. 6,000 ft. As co-leader of one of my FAVORITE rides, I will be at West Sac park n ride at 6am, for carpooling.</p>
CD01	Elk Grove, Starbucks, 10064 Bruceville at Whitelock	Another Delta Ride	10:00 AM	Chris Drews, 802-4487, sactocd@comcast.net	<p><b>Ride:</b> 40-60 Flat Flexible</p> <p><b>Leader:</b> Chris Drews, 802-4487, sactocd@comcast.net</p> <p><b>Description:</b> The ride will explore the Delta area south of Sacramento. We'll have a short stop halfway through the ride.</p>
CS01	Citrus Hts, C-Bar-C Park, Oak Ave @ Signal 1/2 mile east of Fair Oaks	Flower Farm Ride	9:00 AM	Chuck Sinclair, 934-6057, chuck.sinclair57@gmail.com	<p><b>Ride:</b> 30 Rolling Flexible</p> <p><b>Leader:</b> Chuck Sinclair, 934-6057, chuck.sinclair57@gmail.com</p> <p><b>Description:</b> Meet at C-Bar-C Park in Citrus Heights for a ride through Penryn and Loomis. Midway we will stop at the Flower Farm for a coffee and a snack.</p>
CSCD01	Loomis, Loomis Community Park, King Rd & Ong	Fit N Social #3	8:00 AM	Carrie Sundahl/Chris Drews 916-802-8128, 2cdsundahl@comcast.net	<p><b>Ride:</b> 39-54 Flat/Rolling Flexible</p> <p><b>Leader:</b> Carrie Sundahl/Chris Drews 916-802-8128, 2cdsundahl@comcast.net</p> <p><b>Description:</b> We start together at Loomis Park, and head out east on King. The short route will go all the way to Gladding Rd., turn left and ride towards Lincoln for a social snack. The long route turns right at Gladding and heads out to Camp Far West. Sierra College is the big climb of the day for both routes. No route sheets will be provided for these two routes. Everyone rides together and we regroup at all turns. To beat the summer heat this ride will start at 8:00 a.m.</p>

DA02	Loomis, Loomis Community Park, King Rd & Ong	Colfax Loop	9:00 AM	Dan Anglim, 797-0337, djanglim@surewest.net	<p><b>Ride:</b> 30-41-60 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> The long ride goes to Colfax via Applegate, and returns via Placer Hills Rd (about 4400 ft of climbing). Masochists can add additional miles by riding Iowa Hill (7 miles to the river and return, 1200 ft, or 19 miles for the entire loop). The medium/short rides loop around Auburn.</p>
DA03	Loomis, Loomis Community Park, King Rd & Ong	Rocklin-Lincoln Clockwise Loop	9:00 AM	Dan Anglim, 797-0337, djanglim@surewest.net	<p><b>Ride:</b> 36-54 Rolling Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> This ride goes thru Rocklin and up Crest Drive before heading out to Lincoln via East Joiner Parkway. Return is by way of Sierra College and English Colony. The long ride is 54 miles/2450 ft. climbing, but there are several shortcuts that can reduce it to as little as 36 miles.</p>
DA04	Loomis, Loomis Community Park, King Rd & Ong	To Bell and Back	9:30 AM	Dan Anglim, 797-0337, djanglim@surewest.net	<p><b>Ride:</b> 50 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> We are going out to the end of Bell Road and back just to see what's there (quiz on return). This is an easy ride to shorten as you wish, but</p>
DA05	Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Whistle Past the Graveyard	9:00 AM	Dan Anglim, 797-0337, djanglim@surewest.net	<p><b>Ride:</b> 35-50 Moderate Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> On the Eve of All Hallow's Eve, we will Whistle Past several Graveyards in the Penryn, Loomis, Lincoln, Auburn area.</p>
DA06	Rocklin, Whitney Community Park Wildcat Blvd & Whitney Ranch Pkwy	Placer County Sierra Century déjà vu	7:00 AM	Dan Anglim, 797-0337, djanglim@surewest.net	<p><b>Ride:</b> 40/58/100 Rolling/ModerateHilly Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> Swing into spring with a repeat of the 2010 Sierra Century Routes. Ride your choice of three routes through the rolling hills of Placer</p>
DA07	Your Choice	Saturdays at Trailhead		Dan Anglim, 797-0337, djanglim@surewest.net	<p><b>Ride:</b> 25-50 Moderate Flexible</p> <p><b>Leader:</b> Dan Anglim, 797-0337, djanglim@surewest.net</p> <p><b>Description:</b> What could be better on a Saturday morning than coffee and a scone at Trailhead Coffee &amp; Bikes in Penryn. Start where you will/when you will, but you have to go to Trailhead, and say hi to John Grimenstein if he's there. Send me your miles by 4:00 PM Monday.</p>
DB01	San Francisco	San Francisco Zodiac	9:00 AM	Dale Butler, 415-563-5156, dalebutlerconsulting@gmail.com Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 100-200 Flat/Hilly Flexible</p> <p><b>Leader:</b> Dale Butler, 415-563-5156, dalebutlerconsulting@gmail.com Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> This year's San Francisco Zodiac will be held Oct 28, 29, 30. We will launch from the Corte Madera's Marin Suites Hotel, 45 Tamal Vista Blvd., Corte Madera, CA. Dale Butler will lead us on a tour to check out the daytime early showings of Halloween costumes in San Francisco on Sunday. We will also travel to the headlands north of the bay and over the top of Mt. Tamalpais on two of the days. Everyone is on their own for checking into the Marin Suites. Discounts for AAA and AARP members. We check in on Sunday and check out on Tuesday morning so it's a 2 night stay. Address: 45 Tamal Vista Blvd, Corte Madera, CA 94925 Phone:(415) 924-3608</p>
DBA01	Nebraska, Omaha Airport	RAGBRAI XLII	7:00 AM	David Bailey, 925-8123, davidbailey@yahoo.com	<p><b>Ride:</b> 500 Rolling Flexible</p> <p><b>Leader:</b> David Bailey, 925-8123, davidbailey@yahoo.com</p> <p><b>Description:</b> The Des Moines Register's Annual Great Ride Across Iowa during the last full week of July (7/20-7/26). Starts at a Missouri River town and ends on the Mississippi River (route not yet disclosed). Registration opened Nov 15. Go to <a href="http://ragbrai.com/">http://ragbrai.com/</a> for information/registration. Must wear Wheelmen Jersey (at least some of the time) to get club mileage.</p>

DC01	Sacramento, AMTRAC Train Station	Heavy Bike Tour		David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 250 Severe Casual</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> This ride is a reason to take your touring bike for a ride. There is no sag, and no bags, just what you can carry on your bike. We will be doing the old Occidental route (Oakland, San Francisco, Mt. Tam/Hicks Valley, Warm Springs Rd, Trinity, Cardiac). We will stay in Occidental and Napa. Contact the Ride Leader for further details. This is not a ride for the faint of heart, this is the real deal!</p>
DC02	Sacramento, AMTRAC Train Station	Ride With The Wind	9:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 50-75 Rolling/Moderate Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> This is a ride designed to take advantage of the summer weather which causes the valley to heat and the wind to flow in with a vengeance, so we either start in Sacramento and ride to Suisun, or take the train to Suisun and ride back to Sacramento, based on my call. There are a couple of routes back.</p>
DC03	Sacramento, AMTRAC Train Station	Suisun to Sacto	9:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 50-70 Rolling Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> We will take the train to Suisun and ride back to Sacto, Yippee Ki-Aye- Aye! Inclement weather will cancel the ride at the ride leader's discretion. Take train #729, departing downtown Sacramento at 9:10 AM.</p>
DC04	Rancho Murieta, Lake Clementia	Murieta Mountain Bike Ride	9:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 15 Moderate/Hilly Off Road/Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> Take Murieta Pkwy, turn right at Camino Del Lago Dr. drive to Lake Clementia picnic area. This is a ride around the back lakes of Rancho Murieta. We have built about 10+ miles of single track around the area, it is a rolling terrain, just right for the person who would like to hone their skills, not</p>
DC05	Rancho Murieta, South Gate, Renosa Park, 2nd stop sign turn left, .2 miles on right	Rancho to Camanche	9:30 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 38-50-72 Rolling Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> Ride from Murieta to lone to Camanche. Rain or any other atmospheric event may cancel ride at ride leaders discretion.</p>
DC06	Pacific Grove, Lighthouse Inn PL	Monterey Zodiac	10:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 10-30-60 Hilly Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> The 2011 Pacific Grove Zodiac is from April 3-7, just call the Lighthouse lodge at 800-858-1249 and tell them you are a Sacramento Wheelmen, the fee is \$89.00 king or two queens, we have set aside 15 rooms for our group but they will hold the price until one month before the Zodiac start. This year John Hockenbury and I have rented the residence where everyone is welcome after each days ride for snacks. It's a two bedroom three bath full kitchen, full living room enclosed back yard, bar-b-q, heaters, etc, etc and more. We can gather there and not disturb the other people. We are still working on some fine points but this will be a step up from last year, more info to follow. This Zodiac will not interfere with the Mallorca trip which is one week later April 15-30. If you make a reservation please let me know so we can buy the proper amount of snack stuff.</p>
DC07	Rancho Murieta, South Gate, Riverview Park	Rancho Murieta to Sutter Creek	9:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 40-60 Hilly Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> Ride will start at Riverview Park, take Murieta South Pkwy to Reynosa, left on Reynosa-Park is on the right. Ride will explore lone, Sutter Creek, and other foothills locations. Moderate degree of climbing. Short stop halfway through the ride. Rain Cancels.</p>

DC08	Sacramento	DooDah	8:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 40-60 Hilly Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> This a three day loaded tour (June 16-18) where you ride from your home to Lake Solano to Rio Vista and back to your home. In the past this was called the Delta Doo. If it's your first time or your tenth it's all fun so come on out and see and listen to the wild things of the night. you never know what may happen on this tour...</p>
DC09	Sacramento, AMTRAC Train Station	Tour de Venetian	8:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> Take the train to San Jose, then ride over the mountains to Capitola, where we will stay at the Venetian Hotel. Day two will be a ride in the area, and day three takes us back over the mountains to San Jose to catch the train back home. Baggage support available. Contact the Ride Leader for details.</p>
DC10	Sacramento, AMTRAC Train Station	Occidental Heavy Bike Tour	8:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 225 Moderate/Hilly/Mountain Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> A heavy Bike tour of the old Occidental Zodiac. Baggage support available. Take the train to San Francisco then ride to Occidental on the first day. On to Napa on day two, and then back to Sacramento on day three. Contact the Ride Leader for details.</p>
DC11	San Jose, AMTRAC Train Station	Tour de Sur	10:00 AM	David Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> David Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> This a four day tour running from 7/7 to 7/10. The first day is from San Jose to Sunset beach S.P. Day two is to Pfeiffer Big Sur. Day three is to Plaskett Creek, Day four is to Morro Bay. This tour is filled at this time, contact ride leader if you wish to be placed on the waiting list.</p>
DG01	Elk Grove, Kinetic Bike Shop, Elk Grove Blvd & W. Taron, 1/5th mile east of I-5	Delta Ride	9:00 AM	Dave Graska, 698-1506, davidgraska@yahoo.com	<p><b>Ride:</b> 40-57 Flat Flexible</p> <p><b>Leader:</b> Dave Graska, 698-1506, davidgraska@yahoo.com</p> <p><b>Description:</b> A ride into the Delta. There will be a stop about halfway.</p>
DG02	Elk Grove, Kinetic Bike Shop, Elk Grove Blvd & W. Taron, 1/5th mile east of I-5	Thornton Ride	9:00 AM	Dave Graska, 698-1506, davidgraska@yahoo.com	<p><b>Ride:</b> 38-55 Flat Flexible</p> <p><b>Leader:</b> Dave Graska, 698-1506, davidgraska@yahoo.com</p> <p><b>Description:</b> Both rides go through Thornton with a stop there.</p>
DG03	Elk Grove, Kinetic Bike Shop, Elk Grove Blvd & W. Taron, 1/5th mile east of I-5	Thornton to Pettier	9:00 AM	Dave Graska, 698-1506, davidgraska@yahoo.com	<p><b>Ride:</b> 40-65 Flat Flexible</p> <p><b>Leader:</b> Dave Graska, 698-1506, davidgraska@yahoo.com</p> <p><b>Description:</b> Ride will go out into the Delta through Thornton to Pettier. Short ride turns and loops back to Thornton and a stop before returning. Long ride goes down Thornton Rd. to Hwy 12 and lunch at Taco Bell. Then continues south to Devries Rd. and then heads back along some different roads into Thornton and takes Franklin Rd. back into Elk Grove and Kinetic Bike shop.</p>
DG04	Elk Grove, Kinetic Bike Shop, Elk Grove Blvd & W. Taron, 1/5th mile east of I-5	Walnut Grove Ride	9:00 AM	Dave Graska, 698-1506, davidgraska@yahoo.com	<p><b>Ride:</b> 41-67 Flat Flexible</p> <p><b>Leader:</b> Dave Graska, 698-1506, davidgraska@yahoo.com</p> <p><b>Description:</b> Long ride goes to Isleton and back via Walnut Grove and Thornton. Short ride goes through Walnut Grove &amp; Thornton. Rain cancels.</p>
DJ01	Loomis, Loomis Community Park, King Rd & Ong	Foresthill Ride	9:00 AM	Dale Johnson, 284-5208, davijohnsickr@comcast.net	<p><b>Ride:</b> 39-60 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnsickr@comcast.net</p> <p><b>Description:</b> We'll have two separate Ray's Romps rides today. The short one heads towards Granite Bay, while the long one goes up to Foresthill. Stores and water along the route.</p>

DJ02	Loomis, Train Station, Horseshoe Bar & Taylor	Cross Over the Bridges	9:00 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net	<p><b>Ride:</b> 38-60 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p><b>Description:</b> The ride goes around Folsom Lake crossing the new Folsom Crossing bridge, then up Salmon Falls Rd, Hwy 49, Old Foresthill Rd, and Foresthill Rd to Auburn and returning to Loomis. Plenty of climbing. Shorter option available with less climbing.</p>
DJ03	Roseville, A Perfect Blend PL, SW Corner of Sierra College & East Roseville Pkwy	A Perfect Blend 2	9:00 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net	<p><b>Ride:</b> 38-50-60 -72 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p><b>Description:</b> We will visit some familiar roads around Auburn, Newcastle, Lincoln and Loomis with a break about half way through the ride.</p>
DJ04	Mt. Shasta, Mt. Shasta KOA, 900 N. Shasta Blvd	Mt. Shasta Zodiac	9:00 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net Dennis King, 284-4555, velo_king@sbcglobal.net	<p><b>Ride:</b> 200-300 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p><b>Description:</b> This area is a recreational paradise. Lightly travelled roads, great scenery and neat little towns. Ride starts June 14 and runs through June 17. Camping at KOA, phone #800-562-3617. Cold Creek Inn for the non-campers is about 1/4 mile from the KOA. 11 rooms have been reserved from 6/14 to 6/17. Phone #800-292-9421. Be sure to mention the Sacramento Wheelmen for a 15% discount. Contact the ride leader if you are going. The Zodiac ties in perfectly with the Castle Crags Century on Saturday June 18.</p>
DJ05	Mammoth Lakes	Mammoth Lakes Zodiac	9:00 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net Dennis King, 284-4555, velo_king@sbcglobal.net	<p><b>Ride:</b> 200 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net Dennis King, 284-4555, velo_king@sbcglobal.net</p> <p><b>Description:</b> Arrive on Sunday with four days (June 7 through 12) of riding starting on Monday. Rides will start at 9:00 am from New Shady Rest Campground Site 87. The rides will include: Tom's Place and Rock Creek Rd; Devil's Postpile and Red's Meadow; the June Lake Loop with options for more miles; and Mammoth Lakes Basin. Campers and RVers can make reservations at New or Old Shady Rest Forest Service Campgrounds (recreation.gov). For motels 10 rooms have been reserved at Cinnamon Bear Inn (1-800-845-2873). Mention the Sacramento Wheelmen for the group rate. Contact the ride leader if you are going or for more info.</p>
DJ06	Loomis, Loomis Community Park, King Rd & Ong	Camp Far West	10:00 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net	<p><b>Ride:</b> 34-50-55 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p><b>Description:</b> A ride to Lincoln, Sheridan and Camp Far West Reservoir. We will be riding some familiar roads. Bring water and snacks as nothing is available after Sheridan.</p>
DJ07	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
DJ08	Mt. Shasta, Mt. Shasta City Park	Castle Crags Century	6:30 AM	Dale Johnson, 284-5208, davijohnslckr@comcast.net	<p><b>Ride:</b> 10-35-62-100 Rolling/Hilly Casual</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnslckr@comcast.net</p> <p><b>Description:</b> This ride ties in with the Mt Shasta Zodiac. Ride starts in Mt Shasta City Park and follow the south fork of the Sacramento River to Mumbo Summit and down through Castle Crags and Dunsuir before returning to Mt Shasta. The 100 mile ride continues a loop to Weed before returning to the finish. Elevation: 1800 ft (half metric), 5600 ft (metric), 7200 ft (century). Registration opens early 2016. Must register at www.castlecragscentury.com and wear the Wheelmen jersey for club miles.</p>

DJ09	Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Trailhead to Colfax	9:00 AM	Dale Johnson, 284-5208, davijohnsickr@comcast.net	<p><b>Ride:</b> 45-55 Moderate/Hilly Casual</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnsickr@comcast.net</p> <p><b>Description:</b> We will ride through Auburn, Bowman, Applegate and Weimar on our way to Colfax. The return takes us through Meadow Vista, north of Auburn to Ophir and back to Trailhead. The short route cuts off at Crother Rd.</p>
DJ10	Sacramento, Capital Mall	Ride2Recovery	8:00 AM	Dale Johnson, 284-5208, davijohnsickr@comcast.net	<p><b>Ride:</b> 22-47-76 Flat/Rolling Casual</p> <p><b>Leader:</b> Dale Johnson, 284-5208, davijohnsickr@comcast.net</p> <p><b>Description:</b> This ride is in support of outdoor cycling programs and indoor spinning recovery labs for injured and recovering military personnel and veterans. Register at ride2recovery.com, go to honor ride, honor ride schedule, May 9,2014 Sacramento, register now. Must wear Wheelmen jersey for mileage.</p>
DK01	Davis, Veteran's Memorial Center	Foxy's Fall Century	8:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 35-65-104 Flat/Rolling Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> On the 100 miler ride through the orchards of Yolo and Solano Counties and into the hills of Napa County with 2000 feet of climbing. The 100K follows the 100 miler out to Pleasants Valley Rd then turns right back to Davis while the 100 miler continues to Fairfield and beyond. Be sure to register early as it tends to fill up quickly. Pasta dinner at the finish for registered riders. Must wear Wheelmen Jersey to get club miles.</p>
DK02	Arden, Wayne's Bench, William Pond Park, Bike Trail at the end of Arden Way	Wednesday Commute Ride	6:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net	<p><b>Ride:</b> 30-40+ Flat Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net</p> <p><b>Description:</b> Join us for the morning commute into work and the evening commute back home along the American River Parkway. Return ride departs from Cal/EPA building at 1001 I St at 4:45 PM.</p>
DK03	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Thursday Commute Ride	6:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net	<p><b>Ride:</b> 10-30-50+ Flat Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net</p> <p><b>Description:</b> Commute to downtown in the morning and return from Cal/EPA building at 1001 I St at 4:30 PM. Riders can also join us for the evening return ride at 5:00 PM at the bike trail entrance near Blue Diamond Almond Factory at 19th &amp; C St.</p>
DK04	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Tuesday Commute Ride	6:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net	<p><b>Ride:</b> 50+ Flat Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net</p> <p><b>Description:</b> Commute to downtown in the morning and return from Cal/EPA building at 1001 I St at 4:30 PM. Riders can also join us for the evening return ride at 5:00 PM at the bike trail entrance near Blue Diamond Almond Factory at 19th &amp; C St.</p>
DK05	Acampo, Woodbridge Winery, 5950 East Woodbridge Rd	Giro d'Vino	8:30 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 39-48 Flat Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> : Flat ride through the Lodi wine region. Registration includes complimentary wine tasting, Giro D'Vino wine glass, lunch, post ride meal, live music, amazing scenery. Proceeds benefit nonprofit organizations. Course opens at 8:30 a.m.; all riders must be on the road by 9:00 a.m. Visit <a href="http://www.deltavelo.com/giro_d_vino/">http://www.deltavelo.com/giro_d_vino/</a> for details. Must wear Wheelmen Jersey to get club miles.</p>



DK06	Borrego Springs, Palm Canyon Resort	Borrego Springs Zodiac	9:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Dale Johnson, 284-5208, davijohnsckr@comcast.net	<p><b>Ride:</b> 240 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Dale Johnson, 284-5208, davijohnsckr@comcast.net</p> <p><b>Description:</b> We'll search for the sun in Borrego Springs, 80 miles south of Palm Springs Feb 10-14. We'll ride Monday-Thursday and stay at the Palm Canyon Resort. Call the Resort (1-800-242-0044), and say you're with the Sacramento Wheelmen when making your reservations. This zodiac ties in perfectly with the <u>Tour de Palm Springs, on Saturday, Feb 8th.</u></p>
DK07	Chester, Chester Park	Mile High Hundred	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 33-56-108 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> Located where the scenic Southern Cascades meet the Northern Sierra Nevada. On the Mile High 100 you ride back roads that wander through green forests surrounding Lake Almanor and descend into the Indian Valley, always in the shadow of Mount Lassen. Register online or download registration from at <a href="http://www.milehigh100.com/">http://www.milehigh100.com/</a>. Must wear Wheelmen Jersey to get club mileage. BTW this ride ties in with the Shasta Zodiac, ride this on Saturday then drive to Mt Shasta on Sunday.</p>
DK08	Fall River Mills, MacArthur Fairgrounds	New Fall River Century	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 35-65-100-128 Flat/Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> Fall River Mills is nestled in a pristine northeastern California valley. The area offers many opportunities to ride in solitude with commanding views of two of California's famous volcanoes: Mt Shasta to the northwest and Lassen Peak to the south. Many options available in riding distance. 500/2500/4000 ft of climbing. Register on Active.com or by mail-in paper. Must wear Wheelmen jersey to get club miles.</p>
DK09	Ione, Howard Park, Hwy 124	Party Pardee	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 26-62 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com</p> <p><b>Description:</b> The annual ride sponsored by the Sacramento Bike Hikers is a 100K (62 miles) or a &lt;50K (26 miles) through the hills off Amador and Calaveras Counties. If you haven't already registered you are probably too late. However, there are always some cancellations that you might be able to pick up. Must wear Wheelmen Jersey to get Club miles.</p>
DK10	Paso Robles, Mid-State Fair Grounds	Great Western Bicycle Rally	8:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 8-100 Flat Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> The 2015 GWBR runs from May 21 to May 25. Unlike other multi-day bike events, you'll stay in one place (camp at the fairgrounds) and choose how long you want to stay. You can choose from a selection of 27 rides varying in difficulty and distance. Fees include competitions, kids and family activities and social activities. Something for everyone: new riders, club riders, families, kids, road and mountain bikers both beginning and experienced. Even Geocaching. Must wear Wheelmen Jersey to get club mileage.</p>

DK11	Santa Rosa, Wells Fargo Center for the Arts	Wine Country Century	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 65-100-120 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> Ride the Sonoma County wine region visiting many of the region's premier vineyards. The route winds through redwoods, apple orchards, and shady broadleaf forest. It meanders across meadows sprinkled with wildflowers and climbs over hillsides dotted with eucalyptus, bay, and oak. Depending on your route, you'll cross the beautiful Russian River as many as six times. Again, depending on your route, you might pass through as many as seven different vineyard appellations: Russian River Valley, Green Valley, Sonoma Coast, Northern Sonoma, Dry Creek Valley, Alexander Valley, and Chalk Hill. Register online at <a href="http://srcr.memberlodge.com/">http://srcr.memberlodge.com/</a>. Must wear Wheelmen Jersey to get club Miles.</p>
DK12	Bo	Wine Country Century	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 65-100-120 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> Ride the Sonoma County wine region visiting many of the region's premier vineyards. The route winds through redwoods, apple orchards, and shady broadleaf forest. It meanders across meadows sprinkled with wildflowers and climbs over hillsides dotted with eucalyptus, bay, and oak. Depending on your route, you'll cross the beautiful Russian River as many as six times. Again, depending on your route, you might pass through as many as seven different vineyard appellations: Russian River Valley, Green Valley, Sonoma Coast, Northern Sonoma, Dry Creek Valley, Alexander Valley, and Chalk Hill. Register online at <a href="http://srcr.memberlodge.com/">http://srcr.memberlodge.com/</a>. Must wear Wheelmen Jersey to get club Miles.</p>
DK13	Sutter, Sutter Youth Organization, Catlett hall	Bike Around the Buttes	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 40-60-100 Flat Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> This ride supports the Diabetes Society in Sutter County. It is a mostly flat course that is just ideal for the early season. The 40 mile loop goes around the Sutter Buttes and the 60 mile loop goes through southern Sutter County and along the Sacramento River. The jaunt along the Sacramento River takes you up and down the levee 5 times with great views. This ride certainly shows much of the beauty we enjoy here in Sutter County. Details at <a href="http://www.bikearoundthebuttes.com">www.bikearoundthebuttes.com</a>. Sign-up at <a href="http://Active.com">Active.com</a> or download the form and send it in. Must wear Wheelmen Jersey to get club miles.</p>
DK14	Yountville, Veteran's Home	Tour of Napa Valley	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 35-65-100 Rolling/Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> People from all over the world pay lots of money to ride in the Napa Valley. For a nominal fee you get to ride and you get a great after ride meal. Ride the Silverado Trail, Pope Valley, Mt Veeder, and Ink Grade. Register on-line at <a href="http://www.BikeReg.com">www.BikeReg.com</a>. 500/3000/5000 ft of climbing. Must wear Wheelmen Jersey to get club mileage.</p>
DK15	Sacramento, William Pond Park/Wayne's Bench	Support the Parkway/The Rex Ride	7:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 35-65 Flat Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> This is a fundraiser for the American River Parkway for maintenance and upkeep. Many of the rides our club does have some connection to the Parkway. The Wheelmen should be there en mass! Let's show them the Sacramento Wheelmen support this valuable resource. Be sure to wear your Wheelmen jersey. Register at <a href="http://www.arpf.org/rex.shtml">http://www.arpf.org/rex.shtml</a>. It looks like there is a limit of 499 riders this year.</p>

DK16	Lodi, Michael David Winery, 19877 N. Davis Rd	Sunrise Century	7:30 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net	<p><b>Ride:</b> 30-60-100 Rolling Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net</p> <p><b>Description:</b> The ride features several crossings of the Mokelumne River as you travel past rolling vineyards, ranches and lush green farmland. Riders will pass through the quaint towns of Woodbridge, Clements, Linden and Campo Seco. The ride will also go around Lake Comanche and over Pardee Reservoir. Register on line at <a href="http://www.lodisunrisecentury.com">www.lodisunrisecentury.com</a>. Must wear Wheelmen Jersey to get club miles.</p>
DK17	Palm Springs, Downtown Palm Springs on Palm Canyon Drive	Tour de Palm Springs	6:45 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Dale Johnson, 284-5208, davijohnsclcr@comcast.net	<p><b>Ride:</b> 25-55-100 Flat/Rolling Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Dale Johnson, 284-5208, davijohnsclcr@comcast.net</p> <p><b>Description:</b> Come and enjoy the most beautiful desert ride in America, or so they say. This is an easy century through the desert north and east of Palm Springs. Sacramento Wheelmen Jersey is required for mileage credit. Visit their website at <a href="http://www.tourdepalmssprings.com">www.tourdepalmssprings.com</a> for info and registration. Meet in registration area at 6:45 AM.</p>
DK18	Death Valley	Death Valley Tour	9:00 AM	Dennis King, 284-4555, velo_king@sbcglobal.net Dale Johnson, 284-5208, davijohnsclcr@comcast.net	<p><b>Ride:</b> 40-80 Flat/Rolling Flexible</p> <p><b>Leader:</b> Dennis King, 284-4555, velo_king@sbcglobal.net Dale Johnson, 284-5208, davijohnsclcr@comcast.net</p> <p><b>Description:</b> The 2016 Death Valley Zodiac will be Feb 7-12. If you are planning on attending the zodiac this year and are bringing your RV there are still about 14 sites w/ full hookups at the Furnace Creek NPS campground. Go to <a href="http://recreation.gov">recreation.gov</a> to make reservations. Search for Furnace Creek campground. Fill in the info in the left hand column with the above dates and particulars about your RV and number of occupants and pick your site from the list that comes up. For those that are staying at the Furnace Creek Ranch you call 1-800-236-7916. There is a choice between the Ranch and the Resort. Of the two the Ranch is the most economical. Also, make sure to get the senior discount with 3 or more nights. There are is also camping at Texas Springs campground which is under \$14 a night. However, there are no hookups and no showers. And if that's too much to pay you can stay at Sunset campground across from Furnace Creek Ranch for only \$12 a night. This is basically a large parking lot with a restroom. Now for showers, you can purchase a pool pass every day which is good all that day for the pool and showers. Last year they were \$5 a day. Tour Details: Arrive Sunday Feb 7. Monday Feb 8 Stove Pipe Wells, Tuesday Feb 9 Scott's Castle, Wednesday Feb 10 Badwater Basin, Thursday Feb 11 Dante's View, Depart Feb 12 Social hour(s) will be at Furnace Creek Cabins where Dale and I will be staying. In 2017 we will shift the south tour back to Borrego Springs. Hope to see you in the desert, Dennis, Dale &amp; Marie</p>
DKL01	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	10:00 AM	Donna Klug, auntedklug@aol.com	<p><b>Ride:</b> 20-35-60 Flat/Rolling Casual</p> <p><b>Leader:</b> Donna Klug, auntedklug@aol.com</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain Cancels ride)</p>
DKL01	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	10:00 AM	Donna Klug, auntedklug@aol.com	<p><b>Ride:</b> 20-35-60 Flat/Rolling Casual</p> <p><b>Leader:</b> Donna Klug, auntedklug@aol.com</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain Cancels ride)</p>

DL01	Truckee, Truckee Airport, At Soar Truckee	Ride'N Glide	9:00 AM	Doug Lent, 203-4038, dlent@sbcglobal.net John Hockenbury, 685-7527, j.hockenbury@comcast.net	<p><b>Ride:</b> Various Hilly Flexible</p> <p><b>Leader:</b> Doug Lent, 203-4038, dlent@sbcglobal.net John Hockenbury, 685-7527, j.hockenbury@comcast.net</p> <p><b>Description:</b> The plan is to have road rides Thurs. and Fri., and possibly Sat. There also will be a mountain bike ride on Fri. Doug is holding glider ride times open on both the 18th and 19th specifically for Wheelmen before opening the schedule to the general public. Visit our Web site <a href="http://www.soartruckee.com">www.soartruckee.com</a> for ride descriptions. You can book directly with the Soar Truckee office - the phone number is on the site. Remind the office person that we're discounting Wheelmen glider rides 20%. We have a 27 acre private campground on Tahoe Truckee Airport property. We have trees, shade, two bathrooms, a shower, grass, and spectacular scenery. Camping will be complimentary. Wheelmen can stay in the campground through the week end, if you like, at no charge. We have a BBQ cooker, and we will supply charcoal for those of you who would like to cook. No open fires are allowed in the campground. Other lodging is available nearby; links are on the Soar Truckee Web site. August is the high season in Truckee, so plan ahead. There is a nice Best Western two miles from the</p>
DN02	Sacramento, AMTRAC Train Station	Ride to Monterey	7:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 85 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Take the train to San Jose and ride on to Pacific Grove for the <b>Monterey Zodiac. Contact the Ride Leader for details.</b></p>
DN03	Sacramento, Miller Park Marina PL, Front St South of Broadway	Delta Loop	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-68 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop through West Sacramento, then south through Ryer Island, Walnut Grove, and back to Miller Park.</p>
DN04	Sacramento, Miller Park Marina PL, Front St South of Broadway	Woodland & Beyond	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 41-67-89 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Northwest through Woodland, on to Madison, south to Winters and return through Davis.</p>
DN05	Sacramento, Sacramento Air Museum PL, Freedom Park & 32nd St.	Alta Sierra Loop	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 64-98-112 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Through Lincoln to Higgins Corner then through Alta Sierra to Dogbar and back through Auburn and Lincoln.</p>
DN06	Sacramento, Sacramento Air Museum PL, Freedom Park & 32nd St.	Beale Loop	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 66-99 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> North through Lincoln, Camp Far West, Beale AFB, and looping north around Beale and back through Wheatland. Photo ID required for the long ride.</p>
DN07	Sacramento, Sacramento Air Museum PL, Freedom Park & 32nd St.	Camp Far West Loop	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 45-74 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A tour north to Camp Far West and return through Wheatland and Lincoln.</p>
DN08	Sacramento, Sacramento Air Museum PL, Freedom Park & 32nd St.	Northeast Hills	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 56-75 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Outbound through Roseville, Newcastle, and Auburn, then looping back through Lincoln and south to return to McClelland.</p>
DN09	Sacramento, Walgreens PL, Florin & Riverside	Bay & Back	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Down to Oakland via the Delta, with an overnight in Oakland. Returning via Vallejo the following day. Baggage support provided. Contact the ride leader for details.</p>

DN10	Sacramento, Walgreens PL, Florin & Riverside	Chico and Back	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 211 Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Ride North to Chico, spend the night, and return the next day. Contact Ride Leader for details.</p>
DN11	Sacramento, Walgreens PL, Florin & Riverside	Crusin' Down the River	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 31-50 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A nice easy ride through Hood, Franklin, Thornton, Walnut Grove, and Clarksburg.</p>
DN12	Sacramento, Walgreens PL, Florin & Riverside	Delta Century	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-70-100 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Down the river to Rio Vista and back by way of Brannan Island, Twichel Island, Isleton, Walnut Grove, and Thornton.</p>
DN13	Sacramento, Walgreens PL, Florin & Riverside	Delta Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 43-70 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A pleasant ride south onto Ryer Island and return through Walnut Grove.</p>
DN14	Sacramento, Walgreens PL, Florin & Riverside	Delta Wanderer	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-55 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A little cruise through the Delta via Thornton and Walnut Grove.</p>
DN15	Sacramento, Walgreens PL, Florin & Riverside	Double Loop West	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 46-65 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> South into the Delta and back through W. Sacramento.</p>
DN16	Sacramento, Walgreens PL, Florin & Riverside	Knight's Landing Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 55-95 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Out through Woodland and Knight's Landing, on to Tudor and back via the Garden Highway.</p>
DN17	Sacramento, Walgreens PL, Florin & Riverside	Let's Do 101	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-70-101 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Down the river to Rio Vista and back via El Macero. Some good quality unpaved segments. Long distances between stores.</p>
DN18	Sacramento, Walgreens PL, Florin & Riverside	Ride to Columbia Zodiac	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 108 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A ride to the Columbia Zodiac. En route join-ups are encouraged. Baggage support is available with prior arrangement. Contact the ride leader for details.</p>
DN19	Sacramento, AMTRAC Train Station	Ride to Guerneville	5:30 AM	Clayton Boudreau, 424-6030, cmboudreau@comcast.net	<p><b>Ride:</b> 82 Moderate, Hilly Flexible</p> <p><b>Leader:</b> Clayton Boudreau, 424-6030, cmboudreau@comcast.net</p> <p><b>Description:</b> A ride to the Guerneville Zodiac. We will take the 5:30 AM Amtrak train from Sacramento, arrive Jack London Square, Oakland 7:21 AM. At the wharf a few blocks away we catch the 7:35 Ferry and cross the bay to the San Francisco Ferry Building. The ride proceeds along the Embarcadero</p>

DN21	Sacramento, Walgreens PL, Florin & Riverside	Santa Rosa & Back	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 210 Moderate Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Ride to Santa Rosa via St. Helena and Spring Mountain, and return the next day via Trinity and Napa. Contact the ride leader for details. Baggage support available.</p>
DN22	Sacramento, Walgreens PL, Florin & Riverside	Sloughouse Loop	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 50-74 Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> An easy loop through Elk Grove, Sheldon, then Sloughouse and back around through Wilton to Hood and up the river to the start.</p>
DN23	Sacramento, Walgreens PL, Florin & Riverside	Winter Loop	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 50 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A flat easy exercise ride, ideal for the short winter ride days.</p>
DN25	Sacramento, Walgreens PL, Florin & Riverside	Woodland & Beyond	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 51-77-99 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Northwest through Woodland, on to Madison, then south to Winters before returning through Davis.</p>
DN28	Sacramento, Walgreen's PL, Florin & Riverside	Sutter Century	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 52-100 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Up the river to Nicolaus, the Garden Highway North, then back via Knights Landing and Woodland.</p>
DN29	Sacramento, Walgreen's PL, Florin & Riverside	Sutter Loop	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 54-80 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Up the river to Nicolaus, east to the Natomas Canal, and south through Sacramento.</p>
DN30	Sacramento, Walgreen's PL, Florin & Riverside	Woodland Loop	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 51-74-94 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop around Woodland through Esparto and Davis.</p>
DN31	Davis, Carl's Jr PL, Covell & Rd 102	Davis Northwest	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 60-80 Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A flat and sometimes rolling loop through the farmlands near Dixon, Winters, Esparto, Knights Landing, and Woodland.</p>

DN32	Davis, Carl's Jr PL, Covell & Rd 102	Meridian Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 54-74-112 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> North from Davis, through Dunnigan to Meridian, then return on either side of the Sacramento River to Knight's Landing, then Woodland to Davis.</p>
DN33	Davis, Carl's Jr PL, Covell & Rd 102	Northwest Valley Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-73 Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> The ride goes west from Davis then north along the hills to Dunnigan, and returns to Davis through Woodland.</p>
DN34	Davis, Carl's Jr PL, Covell & Rd 102	Woodland Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 30-53 Flat Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, dlstorm@frontier.net</p> <p><b>Description:</b> A loop in the Valley up to Woodland and return through Winters.</p>
DN35	Davis, Davis Shopping Center PL, Mace & Chiles	Davis Loop	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 47-70 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop from El Macero to Dixon then Winters, north to Woodland and back to Davis.</p>
DN36	Davis, Davis Shopping Center PL, Mace & Chiles	Northwest Ride	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 46-70 Flat/Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Through Davis to the west side of the valley then north through Esparto to Zamora and return through Woodland.</p>
DN37	West Sacramento, Starbucks @ Southport Town Center, Jefferson Blvd & Southport Pkwy	Davis & Dixon	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 35-52 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> To Davis and then on to Dixon.</p>
DN39	Elverta, Post Office PL, Elverta Rd & Elwyn Ave	Nicklaus Knight's Landing	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 45-86 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Some real back roads in the North Valley.</p>
DN40	Elverta, Post Office PL, Elverta Rd & Elwyn Ave	Northeast Valley Loop	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 52-94 Flat/Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> North through Lincoln and Camp Far West, then west to the Feather River, south through Nicolaus and back to Elverta.</p>
DN41	Folsom, Folsom Light Rail Station, Leidesdorff & Reading St.	Folsom Northeast	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Out through Salmon Falls, up the hill to near Georgetown, and back through Placerville, El Dorado Hills, then Cameron Park on the way back to Folsom.</p>
DN42	Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	Double Loop	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 45-70-80 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop out to near Rancho Murieta and a second loop around Rancho Murieta. Short ride does the first loop only.</p>

DN43	Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	Double Loop 2	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 43-70 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop out to near Rancho Murieta and a second loop around Rancho Murieta. Short ride does the first loop only.</p>
DN44	Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	Galt Loop	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 48-68 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A long loop south through Galt.</p>
DN45	Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	South County Run	10:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-70 Flat/Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A mostly flat trip through the south part of the County. To Galt, then returning to Mather. Some distance between stores, so bring fluids and snacks.</p>
DN46	Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	South Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 32-78 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> The ride goes south from Mather AFB through Galt to Thornton, and returns via Elk Grove.</p>
DN47	Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	Up & Back	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 43-81 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A climb up through the Shingle Springs area by way of Lower Latrobe, then back on Deer Valley and Green Valley through Folsom to the start.</p>
DN48	Elk Grove, Safeway PL, Franklin & Laguna	Clay Station Loop	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 50-61 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A mostly flat loop south then east to Clay Station and back through Lodi and Thornton.</p>
DN49	Elk Grove, Safeway PL, Franklin & Laguna	Southeast Century	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 50-104 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> An easy riding century which goes around Comanche Lake, through Buena Vista, Lone, Galt and Thornton before returning to Elk Grove.</p>
DN50	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Around & About	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 35-80 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A ride around Sacramento going south to Courtland, then east to Wilton, north to the bike path in Rancho Cordova, then west to Old Sac and back to Freeport.</p>
DN51	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Delta Cruising	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 40-60 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A meandering ride through the Delta.</p>
DN52	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	The Extended Cruise	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 39-74 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A meandering ride through the Delta between Freeport and Isleton.</p>



DN53	Galt, Jack in the Box PL, Twin Cities Rd just east of Hwy 99	Four County Loop	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 34-87-111 Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A long loop traversing parts of Sacramento, San Joaquin, Calaveras, and Stanislaw Counties.</p>
DN54	Rancho Murieta, Coffee Shop PL, Murieta Dr	Action Jackson		Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 30-46-86 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> The route goes to lone, Jackson, Mokuleme Hill, and returns through Buena Vista.</p>
DN55	Rancho Murieta, Coffee Shop PL, Murieta Dr	Loop Around Jackson	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 64-106 Mountainous/Severe Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A long circuit out to lone, Moke Hill, West Point, Volcano, Sutter Creek and back. Plenty of climbing.</p>
DN56	Sheldon, Bert's Diner PL, Grant Line Rd	Valley Springs Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 32-66-78 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> South to Lockeford, Linden, near Valley Springs, then back through Buena Vista, lone, and Rancho Murieta to Sheldon. Moderate climbing on the long ride.</p>
DN57	Thornton, Store/Gas Station PL, I-5 exit at Walnut Grove/Thornton	Camanche Pardee Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 42-72 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop eastbound around Lake Camanche and Pardee, then return.</p>
DN58	Lincoln, McBean Park, A St. & Hwy 193	Penn Valley Loop	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 52-103 Moderate Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> North to Camp Far West then through Beale AFB, Smartville, Rough &amp; Ready, and back through Higgins Corners, North Auburn before returning to Lincoln. Photo ID required for the long ride.</p>
DN59	Lincoln, Safeway PL, Ferrari Ranch & Hwy 65	Bridgeport Loop	8:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 43-71-102 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> North through Lincoln and Camp Far West then Beale AFB to Smartville, Bridgeport and almost to North San Juan before returning through Penn Valley, Higgins Corner and Baxter Grade. Long ride requires photo ID.</p>
DN60	Lincoln, Safeway PL, Ferrari Ranch & Hwy 65	Loma Rica Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 53-95 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A loop north through Camp Far West, Beale AFB, on to Smartville, then looping north through Loma Rica and back through Marysville to Lincoln.</p>
DN61	Lincoln, Thunder Valley Casino East PL, Athens Rd & Industrial	Northeast of Lincoln	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 48-73 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Ride to Auburn via Camp Far West and return. The short ride does not go all the way to Auburn.</p>
DN62	Guerneville, Fern Grove Cottages, 16650 Hwy 116	Return From Guerneville	8:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 110 Hilly Flexible</p> <p><b>Leader:</b> Clayton Boudreau , 916 424 6020, cmboudreau@comcast.net</p> <p><b>Description:</b> The ride starts after breakfast at the Fern Grove Cottages and heads east to Calistoga, St. Helena, Winters and on to Sacramento. Sag is available, contact ride leader.</p>

DN64	Pacific Grove, Lighthouse Inn PL	Ride From Monterey	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 85 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Return from the Monterey Zodiac to catch Amtrak in San Jose.</p>
DN65	Winters, City PL, Railroad & Main	Anguin Loop	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 39-85-98 Hilly/Mountainous/Severe Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Out to Moskovite, then Knoxville Rd to Pope Valley, Howell Mountain to Anguin. Stop for lunch in St. Helena then return via Lake Hennessy. The medium ride skips Howell Mountain.</p>
DN67	Yuba City, Store/Gas Station PL, Hwy 99 & Obanion Rd	Ride Around the Buttes	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 70 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A peaceful counterclockwise route around the Sutter Buttes.</p>
DN68	Sacramento, AMTRAC Train Station	Ride to Santa Cruz	5:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 86 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Take the train to Oakland, Ferry to San Francisco, and ride on to Santa Cruz for the Santa Cruz Zodiac. Baggage support available. Contact the Ride Leader for details.</p>
DN69	Santa Cruz, Santa Cruz Beach Inn, 600 Riverside Ave.	Ride from Santa Cruz	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 86 Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Ride to San Francisco, catch the Ferry to Oakland, and take the train to Sacramento. Baggage support available. Contact the Ride Leader for details.</p>
DN70	Elk Grove, Safeway PL, Laguna & Franklin	Delta Wanderer V2	10:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 50-63 Flat Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> A flat loop through the Delta area via Galt, Thornton, Walnut Grove, River Island, Courtland, Hood, and Franklin.</p>
DN71	Lincoln, Thunder Valley Casino East PL, Athens Rd & Industrial	Lincoln Loop	9:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 48-68 Moderate/Rolling Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Ride to Newcastle via Camp Far West. Short ride doesn't go all the way to Newcastle.</p>
DN72	Sacramento, AMTRAC Train Station	Martinez Ride	7:30 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 85-97 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> Ride the train to Martinez, then ride the Carquinez Scenic Highway to Crockett, cross to Vallejo and continue through Benicia then on to Fairfield and Sacramento.</p>

DN73	Sacramento, Walgreens PL, Florin & Riverside	Oceanside Ride	9:00 AM	Dick Nussbaum, 424-0933, rcnflyer@aol.com	<p><b>Ride:</b> 600 Rolling/Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Dick Nussbaum, 424-0933, rcnflyer@aol.com</p> <p><b>Description:</b> This is a small group supported tour from Sacramento to Oceanside. Eight days of riding (Sept 25-Oct 2) over varying terrain. There is no camping involved at all. Return is on your own. Contact the ride leader for details and availability. <u>Let me know if you have any questions.</u></p>
DSH01	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Thursday Breakfast Ride	8:30 and 9:00 AM	Dick Shultz, 853-1011, dieseldick@sbcglobal.net Sandy Yarrow, 791-3426, skybike2@gmail.com Dave Clifton, 354-1137, superdave911@sbcglobal.net	<p><b>Ride:</b> 45-70 Rolling Flexible</p> <p><b>Leader:</b> Dick Shultz, 853-1011, dieseldick@sbcglobal.net Sandy Yarrow, 791-3426, skybike2@gmail.com Dave Clifton, 354-1137, superdave911@sbcglobal.net</p> <p><b>Description:</b> A social group ride to a different breakfast spot each week, with two groups to allow for varied distances, paces and abilities. We usually offer an extended ride option after breakfast, depending on the area and the weather. Away starts are periodically planned in addition to the Sunrise start, and will be announced at the Tuesday Breakfast ride or earlier, or by email.</p>
DSO01	Roseville, Maidu Park, Rocky Ridge between Cirby & Douglas	Maidu Loop	9:00 AM	Doug Souvignier, 332-8194, Bikepals@juno.com	<p><b>Ride:</b> 36 Rolling Casual</p> <p><b>Leader:</b> Doug Souvignier, 332-8194, Bikepals@juno.com</p> <p><b>Description:</b> Easy counterclockwise circle to Newcastle and return. Shortcuts available. Rain cancels.</p>
DST01	Davis, Carl's Jr PL, Covell & Rd 102	Woodland to Winters	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 30-53 Flat Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> A loop in the Valley up to Woodland and return through Winters.</p>
DST02	Davis, Davis High School, Oak Ave. next to Athletic Field	Winters & Cantelow	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 35-50 Flat/Rolling Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> A ride to Winters via Cantelow and Pleasant Valley Roads.</p>
DST03	Clarksburg, Delta HS PL, Netherlands Ave near River Rd	Ride in the Delta	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 35-50 Flat Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> A ride in the Delta. Long ride goes through Rio Vista.</p>
DST04	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Isleton Ride	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 40-60 Flat Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> We will ride out in the Delta. Long Ride goes to Isleton.</p>
DST05	Elk Grove, Starbucks, 10064 Bruceville at Whitelock	Walnut Grove & Galt	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 38-44-62 Flat Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> The long ride goes through Walnut Grove, Thornton, and Galt. The short and medium rides skip Galt.</p>
DST05A	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Walnut Grove Ride	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 35-50 Hilly Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> Ride goes through Walnut Grove, Thornton, and Galt.</p>
DST06	Courtland, Library parking lot at end of Primasing Ave (off 160 River Road)	May is Bike Month - Ride to the Andrus Island Bike and Walk Event	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 33-50 Flat Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> We will ride down the river to Walnut Grove and participate in the "May is Bike Month" ride sponsored by the Sacramento County Dept. of Transportation. To accommodate riders, a 16 mile loop of road between Walnut Grove and Isleton will have limited traffic. The short ride will return directly to Courtland after riding the loop and the extended ride will go around Twitchell Island on this Wheelmen version of the ride before finishing the loop. More information is available at <a href="http://www.sacdot.com/Documents/Projects/Bike%20Events/Andrus%20Road%20Event%20Flyer.pdf">http://www.sacdot.com/Documents/Projects/Bike%20Events/Andrus%20Road%20Event%20Flyer.pdf</a>. And remember to wear your Sacramento Wheelmen or a Sierra Century Jersey to show our colors and get club miles.</p>

DST07	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Cavanaugh South Ride Series	9:00 AM	Bob Maben, 455-5715, rcnaben@comcast.net	<p><b>Ride:</b> 35-80 Flat/Rolling Flexible</p> <p><b>Leader:</b> Bob Maben, 455-5715, rcnaben@comcast.net</p> <p><b>Description:</b> We will do moderately paced rides (15-17 mph) in the Sacramento River Delta to Rio Vista, Courtland, Grand Island, Thornton, Lodi and other points south. Ride destinations will be announced at the ride start, but will be sufficiently flexible to allow riders to go where they want. Rain cancels.</p>
DST07	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Cavanaugh South Ride Series	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 35-80 Flat/Rolling Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> We will do moderately paced rides (15-17 mph) in the Sacramento River Delta to Rio Vista, Courtland, Grand Island, Thornton, Lodi and other points south. Ride destinations will be announced at the ride start, but will be sufficiently flexible to allow riders to go where they want. Rain cancels.</p>
DU01	Auburn, Combie Corners, Wolf Rd & Hwy 49	On to Rough & Ready	9:00 AM	David Underwood, 721-8689, bike2sac@surewest.net Nick Hourigan, 487-0993, helnick@sbcglobal.net	<p><b>Ride:</b> 40-43 Moderate/Hilly Flexible</p> <p><b>Leader:</b> David Underwood, 721-8689, bike2sac@surewest.net Nick Hourigan, 487-0993, helnick@sbcglobal.net</p> <p><b>Description:</b> Combie Corners to Dogbar road, to Grass Valley. Food stop at Tofanelle's. Choice of return by same route or continue on to Rough and Ready, Penn Valley and back by Wolf Road. Nice country roads, light traffic. Meet at Park and Ride behind church on NW corner Wolf Road. Long climb – 3800 ft, Medium climb – 2000 ft.</p>
ES02	Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Eric's Choice	9:00AM	Eric Saur, 359-1711, esaurbiz@yahoo.com	<p><b>Ride:</b> 35-45 Moderate Flexible</p> <p><b>Leader:</b> Eric Saur, 359-1711, esaurbiz@yahoo.com</p> <p><b>Description:</b> We'll ride some of my favorite back roads in the Shingle Springs to Placerville area, including the beautiful El Dorado bike trail on the old train trestle over Weber Creek. Our destination will be Cedar Ravine and Big Cut. Rain Cancels.</p>
ES01	Loomis, Loomis Community Park, King Rd & Ong	Monster Men	9:00 AM	Eric Saur, 359-1711, esaurbiz@yahoo.com	<p><b>Ride:</b> 50 Moderate Flexible</p> <p><b>Leader:</b> Eric Saur, 359-1711, esaurbiz@yahoo.com</p> <p><b>Description:</b> Ghouls just wanna have fun. We'll ride around the foothills but beware of the cemeteries. It would be a grave error to miss this ride. It's Halloween, so dress accordingly.....</p>
ESC01	Creston, City Center	San Luis Obispo Wildflower	8:00 AM	Ed Scanlan, 835-5158, ed.scanlan@yahoo.com Greg Schroeder	<p><b>Ride:</b> 49-71-98 Moderate Flexible</p> <p><b>Leader:</b> Ed Scanlan, 835-5158, ed.scanlan@yahoo.com Greg Schroeder</p> <p><b>Description:</b> The routes of the Wildflower change from year-to-year. Generally they ride through the beautiful farm lands and rolling hills of northern San Luis Obispo county. Depending upon the year's rainfall, you may be dazzled by fields of wildflowers. To be sure you will see beautiful green hills and wide open spaces as you ride from Creston to the lunch stop in Shandon. Returning to Creston, you'll see more of the same. This is a pay for ride --see Wildflower Web Site <a href="http://www.slobc.org/wildflower/index">www.slobc.org/wildflower/index</a>. Must wear Wheelmen Jersey to get club miles. Ride elevation: 2500, 4000, 6500.</p>

ESC02	Petaluma, KOA	Self Contained 101	10:00 AM	Ed Scanlan, 835-5158, ed.scanlan@yahoo.com King, 284-4555, velo_king@sbcglobal.net	Dennis	<p><b>Ride:</b> 102 Moderate Training</p> <p><b>Leader:</b> Ed Scanlan, 835-5158, ed.scanlan@yahoo.com Dennis King, 284-4555, velo_king@sbcglobal.net</p> <p><b>Description:</b> Seasoned veterans or curious about self contained riding or just to get the dust off the gear. Join us for 3 days --2 nights carrying your gear and food. Day one-- leave out of Petaluma through Occidental(lunch stop) headed to Bodega Dunes Bike-n-hike campground. Day two down the coast to Samuel P Taylor (bike-n-hike campground) Day three--breakfast out before heading back to Petaluma via Nacasio Eating dinner out is your choice however there are no restaurants at Samuel P.T.Taylor --buy food in Point Reyes Station. The First two days 40 miles each--last day about 20 --Real Part of the "Fun" is cooking food in camp. (get the real feel of self contained.) Getting to Petaluma KOA please carpool. They are doing me a favor and allowing us to park free. It is also Mother's day weekend and they will need all the parking they can get. Call with questions.</p>
ESC03	Sacramento. Target Store Hwy 50 and 65th st	Annual Sacramento Food Bank Turkey Ride	9:00 AM	Ed Scanlan, 835-5158, ed.scanlan@yahoo.com King, 284-4555, velo_king@sbcglobal.net	Dennis	<p><b>Ride:</b> 102 Moderate Training</p> <p><b>Leader:</b> Ed Scanlan, 835-5158, ed.scanlan@yahoo.com Dennis King, 284-4555, velo_king@sbcglobal.net</p> <p><b>Description:</b> Joint Rain or Shine Ride with the Bike Hikers to deliver by bicycle turkeys to the Sacramento Food Bank --The goal this year is 100 birds. (In 2014 we delivered 83.) Meet at Target Hwy 50 and 65th st. Purchase however many birds you want, and load into panniers, trailers, back packs, etc. I have preordered 110 birds. Pedal a short distance to the Food Bank via Broadway. There's a no host Brunch following at Vallejos 4th and R. Need an rsvp for brunch so Vallejos can plan ahead.</p>
FP01	Roseville, HP Campus, 8000 Foothills Blvd	Tour de Cure	6:30 AM	Francisco Prieto, 205-1143, prietof@sutterhealth.org Dave Grattendick, 396-7972, gratted@sutterhealth.org		<p><b>Ride:</b> 25-65-100 Flat/Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Francisco Prieto, 205-1143, prietof@sutterhealth.org Dave Grattendick, 396-7972, gratted@sutterhealth.org</p> <p><b>Description:</b> Tour de Cure is a benefit ride for the American Diabetes Assoc. Century and Metric plus a flat 25 mi option, completely supported with breakfast, rest stops &amp; sponsored lunch after. A beautiful ride for a good cause, with a few challenging climbs, especially on the century loop. Great warm up for the Sierra Century on some of the same rural Placer county roads. Must wear Wheelmen Jersey to get club miles.</p>
FP02	San Francisco, UCSF Mission Bay, 1300 4th St	Waves to Wine	7:30 AM	Francisco Prieto, 205-1143, prietof@sutterhealth.org		<p><b>Ride:</b> 75+25 Hilly/Flat Flexible/Casual</p> <p><b>Leader:</b> Francisco Prieto, 205-1143, prietof@sutterhealth.org</p> <p><b>Description:</b> A beautiful 2 day ride (75 miles each day, w/ a shorter option each day) from SF, across the Golden Gate Bridge, up Hwy 1 and along Tomales Bay before heading inland to the wine country. Overnight in Petaluma area (camping or shuttles to local hotels provided) before heading to Lake Sonoma day 2. Fully supported w/ all meals, rest stops, sag support, music, beer &amp; wine and more. A pledge ride for the National MS Society, and one of the best and best organized rides in N. California. More info at wavestowine.org</p>
FT01	Vacaville, Vacaville High School, 100 W. Monte Vista Ave	Monticello Solano Century	6:30 AM	Fred Turner, 962-2626, ft58@sbcglobal.net		<p><b>Ride:</b> 25-62-100 Flat/Hilly Flexible</p> <p><b>Leader:</b> Fred Turner, 962-2626, ft58@sbcglobal.net</p> <p><b>Description:</b> A supported cycling tour through vineyards of Solano, Napa, and Yolo counties. This ride winds through Lake Hennessy and Lake Berryessa and passes by the Monticello Dam. 100 miles, 100K, and 25 mile family rides are offered through this scenic route. We will provide you with a lunch and several snack stops along the way. A dinner is provided at the end. Think of this as a blend of the Tour of Napa and Foxy s Fall Ride. Changes were made after the initial ride making this a first class event. Registration at Active.com or Vacaville Chamber of Commerce. Visit the Vacaville Chamber of Commerce web site or www.monticellocycling.org. Must wear Wheelmen Jersey to get Club miles.</p>

FT02	William Pond Recreation Area	Ride the Parkway	7:00 AM	Fred Turner, 962-2626, ft58@sbcglobal.net	<p><b>Ride:</b> 10-62 Flat/Rolling Casual</p> <p><b>Leader:</b> Fred Turner, 962-2626, ft58@sbcglobal.net Michael Goble, 869-1356, michaelgoble@yahoo.com</p> <p><b>Description:</b> Ride the Parkway features a 62-mile course stretching along the American River Parkway's Jedediah Smith Memorial Trail from downtown Sacramento to Beal's Point in Folsom. This is a fun ride-meaning there is no set distance! Ride as much or as little of the course as you like and refresh at our rest stops at Discovery Park, Nimbus Fish Hatchery, and William B. Pond Rec Area. Participants check in at William B. Pond Rec Area before starting the ride anytime between 7am-8:30am. For event information and ride registration the web page is <a href="http://www.arpf.org/ride-the-parkway.php">http://www.arpf.org/ride-the-parkway.php</a>. Must wear Wheelmen Jersey to get Club miles.</p>
GM01	Winters, City PL, Railroad & Main	Orchard Ride/Mix Canyon	9:00 AM	Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 42-54 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> The ride will head towards Dixon and then west to Cantelow, which is a nice climb. After climbing Cantelow, you have the option of climbing Mix Canyon (a 4.6 mile out and back) with some 20% grades. The ride takes you back to Winters on Pleasant Valley Road. No water for the first 30 miles.</p>
GM02	Winters, City PL, Railroad & Main	Cantelow & Mix Canyon	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 40-55 Moderate/Mountainous Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> The ride will head towards Dixon through several walnut orchards. Then west to climb Cantelow. After climbing Cantelow, you have the option of climbing Mix Canyon (a 4.6 mile out and back) with some 20% grades. The ride takes you back to Winters. No water enroute unless you take a slight detour into Dixon.</p>
GMR01	Folsom, Coffee Republic, Folsom Auburn Rd near Greenback Ln	Coffee Republic for the rest of us	9:30 AM	Gilbert Martinez, 524-7608, giljmart@pacbell.net	<p><b>Ride:</b> 50 Hilly Training</p> <p><b>Leader:</b> Gilbert Martinez, 524-7608, giljmart@pacbell.net</p> <p><b>Description:</b> Join us for a fast, hilly, fun ride on the first Sunday of the month. Routes will include Barton Rd, English Colony, Ridge Rd, Indian Hill, and Auburn Folsom.</p>
GN01	Citrus Hts, C-Bar-C Park, Oak Ave @ Signal 1/2 mile east of Fair Oaks	In-N-Out Century	8:00 AM	George Neill, 722-8592, geor63@jps.net	<p><b>Ride:</b> 23-107 Flat/Hilly Flexible</p> <p><b>Leader:</b> George Neill, 722-8592, geor63@jps.net</p> <p><b>Description:</b> Choose a ride from five related easy, flat routes with very little traffic, heading West along the American River Parkway Bike Trail to the Davis In-N-Out Burger, and return. Or, choose a ride from six related Sierra Foothills routes heading East with up to 6,250 ft climb to the Auburn In-N-Out Burger, and return. See <a href="http://home.surewest.net/g/century.html">http://home.surewest.net/g/century.html</a> for more information.</p>
GR01	Roseville, Maidu Park, Rocky Ridge between Cirby & Douglas	Maidu Madness	10:00 AM	A Groupo Ride	<p><b>Ride:</b> 36 Rolling Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> An easy loop through the Loomis Basin to Newcastle (rest stop) and return. Cutoffs available. Elevation about 1200 ft. Rain cancels. A Groupo Ride.</p>
GR02	El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Inish Hills Ride	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 38-60 Moderate Flexible</p> <p><b>Leader:</b> Groupo Ride</p> <p><b>Description:</b> East on Hwy 50 from Sacramento, take Latrobe Rd exit and continue South approx. seven miles. Park in the school lot. Enjoy the rolling hills around lone and Lake Comanche (long ride). 2500 ft climbing. Water and food in lone. No restrooms at start. Rain cancels. A Groupo ride.</p>

GR03	Plymouth, Main St. Park, West of Hwy 49	Hayashi "4-C's"	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 38-60 Moderate Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> We will ride through the lovely wine country of Amador county, including the 4 "C's" of Carbondale Rd, Camanche Parkway, Curran, and Coal Mine Roads. Rest stops in Buena Vista and lone. 1700 to 3500 ft of climbing. Several places to eat after ride. Rain cancels. No sweep. A Groupo ride</p>
GR04	Carmichael, Five Points Shopping Center, Fair Oaks & Arden Way	Coffee Ride	10:00 AM	Stan Leff 488-2563 swleff@surewest.net	<p><b>Ride:</b> 39-44 Rolling Flexible</p> <p><b>Leader:</b> Stan Leff 488-2563 swleff@surewest.net</p> <p><b>Description:</b> Bike trail to Beals Point and a brisk ride to Roseville for coffee and good snacks. Rain cancels. A Groupo ride.</p>
GR05	Carmichael, Five Points Shopping Center, Fair Oaks & Arden Way	Going to Market	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 60 Flat Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> We will take the bike trail towards Old Town, through West Sacramento and across the Yolo Causeway to the Davis Farmers Market. There will be plenty of fresh fruits, pastries, homemade tamales, coffee, etc. to taste before the trip back to Sacramento. Rain cancels. A Groupo ride.</p>
GR06	El Dorado Hills, Village Center, Comer of Green Valley & Francisco Dr	Above the Fog	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 34-44 Moderate Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Get out of the fog and enjoy some favorite back roads of the sunny foothills in the Shingle Springs, Placerville, and Gold Hill areas. 2000' climbing. Special instructions: Nov thru March only. Rain cancels. A Groupo ride.</p>
GR07	Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Gold Hill Country Ride	8:30 AM	A Groupo Ride	<p><b>Ride:</b> 34-44 Moderate Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Enjoy some favorite shady back roads of the sunny foothills in the Shingle Springs, Placerville and Gold Hill areas. 3500 ft climbing on the long ride. A Groupo ride.</p>
GR08	Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Cedar Ravine Ride	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 40-50 Moderate/Hilly Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Ride from Shingle Springs to Placerville to explore Cedar Ravine just south out of Placerville and return through the Green Valley area. 2000 to 3000 ft of climbing. Rain cancels. A Groupo ride.</p>
GR09	Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Plymouth Loop	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 40 Moderate Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Ride from Shingle Springs to Latrobe and out to Plymouth. Return through El Dorado with an option of Union Mine Rd for those who want a steep climb. 2000' climbing. Rain cancels. A Groupo ride.</p>
GR10	Loomis, Loomis Community Park, King Rd & Ong	Circling the Basin	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 40 Rolling Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> A lot of rollers winding through Granite Bay, Loomis, Rocklin, Penryn and</p>
GR11	Loomis, Loomis Community Park, King Rd & Ong	Looping Around Loomis	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 32-40 Moderate Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Two Loops around Loomis. First down to Granite Bay and then up to Auburn with some favorite roads included. A Groupo ride.</p>

GR13	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Penryn and Then Some	9:00 AM	Doug Souvignier 332-8194 bikepals@juno.com	<p><b>Ride:</b> 45-60 Rolling Flexible</p> <p><b>Leader:</b> Doug Souvignier, 332-8194 bikepals@juno.com</p> <p><b>Description:</b> A short fall/winter ride that takes a break in Penryn and then some more miles if the weather cooperates. A Groupo ride.</p>
GR14	Roseville, A Perfect Blend PL, SE Corner of Sierra College & East Roseville Pkwy	Wandering the Foothills	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 38-50 Rolling Flexible</p> <p><b>Leader:</b> Deb Walburg, 698-3504, walburg@surewest.net</p> <p><b>Description:</b> Wander the lower foothills around Loomis, Newcastle and close to Lincoln.</p>
GR15	Roseville, Douglas & Sierra College	Fun in the Foothills	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 38-45 Moderate Flexible</p> <p><b>Leader:</b> Deb Walburg, 698-3504, walburg@surewest.net</p> <p><b>Description:</b> Climb Sierra College, Ridge Rd &amp; Indian Hill in the first 25 miles, then all</p>
GR16	Sacramento, Miller Park, Front St South of Broadway	A River Romp	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 28-48 Flat Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> A flat ride along the Sacramento River. If it has not been too wet of a year, there is an option to extend to Elkhorn regional Park and return via Old Sacramento with a stop for coffee. A Groupo ride.</p>
GR17	Winters, City PL, Railroad & Main	Cantelow & Return	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 32-40 Rolling Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> A ride west to Cantelow and then back to Winters for lunch or snack. 1000-1500 ft climbing. A Groupo ride</p>
GR18	Dixon, Dixon Park, near West H St & North Lincoln	Cantelow/Orchard Ride	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 40-50 Moderate Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> A ride west of Dixon to the Cantelow climb with an option to do Mix Canyon. Options for lunch in Vacaville. Then returning to Dixon. 1000 to 3200 ft climbing. A Groupo ride.</p>
GR19	Davis, Davis High School, Oak Ave. next to Athletic Field	Davis to Vacaville Express	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 33-62 Rolling Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Short option is a flat loop west of Davis. Long option includes Cantelow climb, spin into Vacaville and then return via country roads to Davis. 1000-1500 ft climbing. A Groupo Ride.</p>
GR20	Folsom, REI, 2425 Iron Point Rd	REI Folsom	9:00 AM	A Groupo Ride	<p><b>Ride:</b> 40-60 Moderate/Hilly Flexible</p> <p><b>Leader:</b> A Groupo Ride</p> <p><b>Description:</b> Climb up to el Dorado Hills, Cameron Park, shingle springs &amp; enjoy the rolling hills before the return to Folsom.</p>



HB01	Winters, Putah Creek Café	Napa Zodiac	9:00 AM	Hal Baker, 443-4514, hmbaker1@sbcglobal.net Scott Pierce, 714-9034, sandjpiece@frontier.net	<p><b>Ride:</b> 100-150 Moderate Flexible</p> <p><b>Leader:</b> Hal Baker, 443-4514, hmbaker1@sbcglobal.net Scott Pierce, 714-9034, sandjpiece@frontier.net</p> <p><b>Description:</b> The Napa Zodiac is the 12th,13th, and 14th. We will be staying at the Chablis Inn in Napa (3360 Solano Ave. just off the Redwood off-ramp and Highway 29). The nightly rates are \$79 for a Queen bed, \$89 for a king bed and \$99 for two queens. The rooms are not being held by a credit card so I suggest you make your reservations soon. There is usually a longer cancellation policy but they will allow us to cancel 2 days prior to the ride in case of rain. If the ride is cancelled because of rain I will cancel all the rooms unless you tell me differently. When you make your reservation let them know you are with the Wheelmen. You can reach the Chablis Inn at (707) 257-1944 or info@chiblisinn.com On the 12th you can start in Sacramento (no sag unless you drop off the day before) or in Winters in the municipal parking lot in downtown. There will be a sag there. You can also drive to Napa and start riding back to meet the riders coming from Winters. The distance from Sacramento is about 85 miles, and the distance from Winters is about 52. The ride to Winters is flat. The section between Winters and the Silverado Trail is hilly with several long climbs. Once you arrive at the Silverado Trail it returns to flat. The middle day will be about 50 miles or shorter and it will be mostly flat unless you decide to do some</p>
JB01	Buelton, Santa Ynez Valley Marriott, 555 McMurray Rd	Solvang Spring Double Century	5:00-7:30 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 198 Moderate Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride southern California's most scenic and popular cycling region. 17 hour time limit. 7200 ft of climbing. Must register in advance and pay fee. Visit <a href="http://planetultra.com/portfolio/solvang-double-century/">http://planetultra.com/portfolio/solvang-double-century/</a> for details. No sweep. Contact ride leaders with mileage if you cannot locate ride roster. Must wear Wheelmen Jersey to get club mileage.</p>
JB02	Clovis, Clovis Veterans District Hall, 808 4th St	Bass Lake Powerhouse Double Century	3:15 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 201 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> A trip through the Western Sierra Nevada's, including Pine Flat Lake and Bass Lake. Must register in advance and pay fee. Save \$10.00 before September 1. Visit <a href="http://www.fresnocycling.com">www.fresnocycling.com</a> for details. 10,500 ft climb. Must wear Wheelmen Jersey to get club miles.</p>
JB03	Gilroy, Gavilan College	Tierra Bella Cycle Tour	7:00-9:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 64-100-121 Flat/Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride some of the prettiest roads in southern Santa Clara County. With four different routes, from flat to hilly, you're sure to find the route that's right for you. Great rest stops and post ride meal. Must register and pay fee in advance. Visit <a href="http://www.tierrabella.org">www.tierrabella.org</a> for details. Contact ride leaders with mileage if unable to locate ride roster. Must wear Wheelmen Jersey to get club Miles.</p>
JB04	Irvine, LaQuinta Inn, 14972 Sand Canyon Rd	Camino Real Double Century & Poker Run	5:30-6:30 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 198 Moderate Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride the best of Orange, Riverside, and San Diego Counties. Kick off the New Year on this "poker run" and win great prizes! 17 hour time limit. Must register in advance and pay fee. Start time: 5:30 a.m. OR 6:15 a.m. mass start. Visit <a href="http://planetultra.com/portfolio/camino-real-double-century-poker-run/">http://planetultra.com/portfolio/camino-real-double-century-poker-run/</a> for details. No sweep. Contact ride leader if you cannot locate ride roster. Must wear Wheelmen Jersey to get club miles.</p>

JB05	Lakeport, Skylark Shores Resort, 1130 N. Main	Konocti Challenge	7:00-10:00AM	Fred Turner, ft58@sbcglobal.net, 916-521-3619	<p><b>Ride:</b> 20-40-65-100 Flat/Moderate/Hilly Flexible</p> <p><b>Leader:</b> Fred Turner, ft58@sbcglobal.net, 916-521-3619</p> <p><b>Description:</b> 26th Annual Konocti Challenge. 100 mile, 65 mile, 40 mile, and family fun 20 mile ride. Visit the web site for information. <a href="http://www.konoctichallenge.com">http://www.konoctichallenge.com</a>. Ride around California's largest natural lake and breathe California's cleanest air. Great routes, fabulous support, and an awesome post ride barbecue. Must register in advance and pay fee. Must wear Wheelmen Jersey to get club miles.</p>
JB06	Linden, DeVinci's Deli & Catering, 18847 East Front St.	Pedaling Paths to Independence	8:30-10:00	Joni Bauer, 209-482-2429. bionicbabe@comcast.net	<p><b>Ride:</b> 25-65 Flat/Rolling Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net</p> <p><b>Description:</b> Community Center for the Blind and Visually Impaired hosts this pre-season quarter and metric century ride that traverses the quiet back roads of San Joaquin, Stanislaus, and Calaveras counties, including a portion of Stage Three of the 2011 Tour of California. The event supports programs that help people whose vision impairments impede their ability to perform tasks of daily living. Register online--no additional fee--at <a href="http://www.communitycenterfortheblind.org/pedaling-paths">http://www.communitycenterfortheblind.org/pedaling-paths</a> by February 22. Or, download a registration form and mail your entry by February 13. Fee is \$35 for the quarter century and \$40 for the metric century. Riders must be at least 16 years of age; each rider must sign a waiver at the event. Elevation: 300/1300 ft. Must wear Wheelmen Jersey to get club mileage.</p>
JB07	Malibu, Webster School, 3602 Winter Canyon Rd	L. A. Grand Tour	4:30 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200-300-400 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Quadruple, triple, double, and double metric highland and lowland routes through Los Angeles and Ventura counties. 8,000, 10,000, 14,000 ft elevation. Visit <a href="http://www.lawheelmen.org">http://www.lawheelmen.org</a> for details. Contact ride leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get club mileage.</p>
JB08	Mesquite, Nevada, Virgin River Convention Center, Sandhill Blvd & Hillside	Tri-State Gran Fondo	9:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 114 Mountainous Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Nevada, Arizona and Utah all in one day! Unsurpassed scenery on quiet roads with plenty of climbing. \$95.00 entry fee includes jersey. Must register in advance at <a href="http://www.planetultra.com">www.planetultra.com</a>. Long climb – 7500 ft. Contact ride leaders if unable to locate roster. Must wear Wheelmen Jersey to get club miles.</p>
JB09	Palmdale, Holiday Inn Palmdale, 38630 5th St West	Heartbreak Double Century	5:15 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200 Mountainous Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> A double century without junk miles. Visit <a href="http://www.planetultra.com">www.planetultra.com</a> for details. Must register and pay fee in advance. Contact Ride Leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB10	Paso Robles, City Park	Central Coast Double Century	5:30 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 199-213 Mountainous Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Visit <a href="http://www.centralcoastdouble.com">www.centralcoastdouble.com</a> for details. Must register and pay in advance. Contact Ride Leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.</p>

JB11	Petaluma, Petaluma HS, 201 Fair St	Holstein Hundred	6:30-10:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 35-60-106 Flat/Rolling/Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride to benefit West Marin Senior Services. 875/2300/4550 ft of climbing. Visit <a href="http://www.wmss.org">www.wmss.org</a> for event details and <a href="http://www.signmeup.com">www.signmeup.com</a> to register online. Contact ride leaders after the event if unable to locate ride roster. Must wear Wheelmen Jersey to get club miles.</p>
JB12	Plymouth, Main St. Park, West of Hwy 49	4th Annual 49th Birthday Ride	10:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 28-40-50 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Forty-nine for the fourth time! Sleep late after the banquet, then help one of the ride leaders celebrate his birthday. Short route goes through Fiddletown and Mount Akum; add Fairplay to the medium route. Long route includes Slug Gulch Road. Rain or snow cancels. No sweep.</p>
JB13	Solvang, Royal Copenhagen Inn, 1579 Mission Drive	Solvang Autumn Double Century	6:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 201 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride through some of the most beautiful terrain in California. Must register in advance and pay 85.00 fee by September 18, or \$100.00 after. Visit <a href="http://www.planetultra.com">www.planetultra.com</a> for details. 10,300 ft climb. Must wear Wheelmen Jersey to get club miles.</p>
JB14	Vacaville, Pena Adobe Park	Knoxville Fall Classic	5:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Work the public ride on September 24 and be pampered on the September 20 staff ride. This is a double century ride, with 12,000 ft of climbing. Visit <a href="http://www.quackcyclists.com">www.quackcyclists.com</a> to volunteer. Must wear Wheelmen Jersey to get club miles.</p>
JB15	Walnut Creek, Contra Costa JCC, 2071 Tice Valley Blvd,	Diablo Century	6:30-10:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 25-62-100 Flat/Moderate/Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Visit <a href="http://www.ccjcc.org">www.ccjcc.org</a> for details. Must register in advance and pay fee. Contact Ride Leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB16	Willows, Memorial Park, West Sycamore St & N. Marshall Ave.	Farm to Forest Century	8:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 35-75-104 Flat/Moderate/Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride hosted by the Willow High School Boosters to benefit Willow High School activities. Long ride includes a climb into the Mendocino National Forest. Lots of great scenery and food, including a rosemary chicken barbeque dinner at the finish. Register online at either <a href="http://www.signmeup.com">http://www.signmeup.com</a> or <a href="http://www.active.com">http://www.active.com</a>. Contact Lisa at (530) 330-2921 or <a href="mailto:farmtoforest@att.net">farmtoforest@att.net</a>. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB17	Lodi, Jessie's Grove Winery, 1943 W. Turner Rd	Delta Century	6:00 AM	Joni Bauer, 209-482-2429. bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 26-62-100 Flat Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Ride hosted by the Stockton Bicycle Club to raise money for local charities. Riders, sponsors, and volunteers have enabled the Stockton Bicycle Club to donate at least \$10,000.00 to charity annually since 2005. Three flat routes traverse the bucolic roads of San Joaquin, Sacramento, Solano and Yolo counties. Register online at <a href="http://www.prace.com/races/event/46170">http://www.prace.com/races/event/46170</a> or download a form from <a href="http://www.stocktonbicycleclub.org">http://www.stocktonbicycleclub.org</a>. Fees will increase on April 15, 2014, so register promptly. Must wear Wheelmen Jersey to get Club Mileage.</p>

JB18	San Ramon, Marriott Hotel, 2600 Bishop Dr.	Devil Mountain Double Century Staff Ride	4:30 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 126-200 Mountain Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Work the public ride on April 27, 2013 and be pampered on the staff ride. Visit <a href="http://www.quackcyclists.com">http://www.quackcyclists.com</a> to volunteer. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB19	Davis, Veteran's Memorial Center, 203 E. 14th ST.	Davis Double Century	4:15 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200 Moderate Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> 200 miles through Yolo, Napa, and Lake counties. 8400 ft elevation. Visit <a href="http://www.davisbikeclub.org">http://www.davisbikeclub.org</a> for information. Contact ride leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB20	San Rafael, Vallecito Elementary School, 50 Nova Albion Way	Marin Century Worker's Ride	8:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200 Mountainous Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Work on either Aug 2 or 3 and be pampered on the worker's ride on Aug 10. Visit <a href="http://www.marincyclists.com">http://www.marincyclists.com</a> for details. Must wear Wheelmen Jersey to get club miles.</p>
JB20	Malibu, Webster School, 3602 Winter Canyon Rd	Dead of Winter Double Century	5:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Last chance of the year to ride a double century. Grand Tour lowland route to Ojai; Grand Tour highland route from Ojai. Ride elevation is 7000 ft. Limited to 75 riders. Visit <a href="http://www.lawheelmen.org">www.lawheelmen.org</a> for details. Contact ride leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB21	Twentynine Palms, Rancho Delores Motel, 73352 Palms Highway	Joshua Tree Double Century	5:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 193 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> Spectacular tour of Joshua Tree National Park area! No traffic, no signals, and the pavement is pretty darn good! Visit <a href="http://www.mtnhighcycling.com/Joshua_Tree_Double.aspx">http://www.mtnhighcycling.com/Joshua_Tree_Double.aspx</a> for details. Elevation: 9300 ft. Must wear Wheelmen Jersey to get Club Mileage.</p>

JB21	Davis, Northeast corner of Mace Boulevard and Interstate 80/Mace Boulevard Park and Ride Lot	300K ACP Brevet	7:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 185 Hilly Training</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> This 300K brevet is an out and back from Davis to just about the summit of Cobb Mountain in Lake County. The route begins from the Mace Park and Ride on the east side of Davis and rolls along the flat farm roads of Yolo County as a warm-up. There is some moderate climbing up to Monticello Dam and over Cardiac into the Capell Valley. From there you climb over Priest Grade into Chiles and Pope Valleys. You'll then ride through Butts Canyon and Guenoc to Middletown and finish the outbound leg with a challenging climb up to Cobb Mountain Middle School. This brevet has close to 9,500' of climbing. Controls will be staffed by friendly Davis Bike Club volunteers. Snacks and rehydration beverages will be provided. Services enroute are limited; plan accordingly. Registration and fee are required. Visit <a href="http://www.davisbikeclub.org/annual_events/ultra-distance-brevets-randonneuring/brevet_series/2014-brevet-series/300k-brevet">http://www.davisbikeclub.org/annual_events/ultra-distance-brevets-randonneuring/brevet_series/2014-brevet-series/300k-brevet</a> for details. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB22	Davis, Northeast corner of Mace Boulevard and Interstate 80/Mace Boulevard Park and Ride Lot	200K ACP Brevet	7:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 130 Hilly Training</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> An out-and-back from the Mace Avenue Park and Ride to Pope Valley. You'll warm up on the flat countryside between Davis and Winters, then follow Putah Creek to Monticello Dam for your first climb. From there, it's over 'Cardiac' and on to Capell Valley. You'll climb up Priest Grade into the vineyards of Chiles and Pope Valleys. The turnaround is at the Pope Valley Farm Center, where you'll be greeted by Davis Bike Club volunteers with snacks and rehydration. There are very limited services on this route; plan accordingly. There is about 5,500' of climbing on this brevet. Registration with fee required. Visit <a href="http://www.davisbikeclub.org/annual_events/ultra-distance-brevets-randonneuring/brevet_series/2014-brevet-series/200k-brevet">http://www.davisbikeclub.org/annual_events/ultra-distance-brevets-randonneuring/brevet_series/2014-brevet-series/200k-brevet</a> Must wear Wheelmen Jersey to get Club Mileage.</p>
JB23	Lodi, 11793 N. Micke Grove Rd	Giro d'Barkada (Tour of Friends)	9:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 65 Flat Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> A Metric century (65 miles) flat loop that includes Thornton, Walnut Grove, Locke. Ride benefits the Crohn's and Colitis Foundation of America. Free, but donations welcome. Must wear Wheelmen Jersey to get Club Mileage.</p>
JB23A	Patterson, Creekside Middle School, 535 Peregrine Drive	Canyon Classic Century	6:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 25/61/91/111 Hilly Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> A charity fundraising event sponsored by Modesto North Rotary and Modesto Gateway Rotary Clubs. Proceeds benefit Boys and Girls Club of Stanislaus. Quarter, metric and full centuries plus a Mt. Hamilton/Lick Observatory option. Elevation climbs: 200, 3800, 5500, 7400. Visit <a href="http://www.canyonclassiccentury.org">http://www.canyonclassiccentury.org</a> for details. Must wear Wheelmen Jersey to get Club Mileage.</p>

JB24	Mt. Shasta, Mt. Shasta City Park	Castle Crags Century	6:30 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 10-35-62-100 Rolling/Hilly Casual</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> Ride starts in Mt Shasta City Park and follow the south fork of the Sacramento River to Mumbo Summit and down through Castle Crags and Dunsmuir before returning to Mt Shasta. The 100 mile ride continues a loop to Weed before returning to the finish. Elevation: 1800 ft (half metric), 5600 ft (metric), 7200 ft (cnetury). Must register at <a href="http://www.castlecragscentury.com">www.castlecragscentury.com</a> and wear the Wheelmen jersey for club miles.</p>
JB25	Bishop, 155 Elm Street/Travelodge	White Mountain Double Century	5:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200-200 Mountain Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> You can do this ride on either 9/10 or 9/11. Ride the lowland (8,500 feet of elevation gain around White Mountain) or highland (11,500 feet of elevation gain through the Ancient Bristlecone Pine Forest). Visit <a href="http://www.ndzone.com">http://www.ndzone.com</a> to register in advance and pay fee. Contact ride leaders if unable to locate roster. Must wear Wheelmen Jersey to get Club Mileage.</p>
JBAB01	Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Girls Ride	9:00 AM	Jennie Babich, 927-8888, jenniebabich@att.net	<p><b>Ride:</b> 50 Moderate Flexible</p> <p><b>Leader:</b> Jennie Babich, 927-8888, jenniebabich@att.net</p> <p><b>Description:</b> Come join us for frolicking fun and cycling in the foothills. We will meet at the Trailhead Coffee and Cycling Lounge, where you can start and end the ride with fresh pastries and coffee. Take Penryn Road exit and go left on Penryn Road back over freeway. Go through light and then turn right at stop sign at Taylor Road. Follow Taylor up the hill to the 4-way stop. Cafe on left. Manly men welcome.</p>
JE01	Foresthill, Main St.	Foresthill to Robinson Flat	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 38-54 Mountainous Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> Allow 20 minutes driving from I-80 Foresthill exit in Auburn, to start in Foresthill. This ride is an out &amp; back on one road. From the start at 3,225 feet, ride on Foresthill Divide Road to end of pavement at Robinson Flat at 5,400 feet elevation. Bring food and water.</p>
JE02	Loomis, Loomis Community Park, King Rd & Ong	Auburn Canyon	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 38-50 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> We will ride to Auburn, drop down in the canyon if you wish, up towards Christian Valley, then over to Mt Vernon, down Baxter Grade and back to Loomis. Short ride doesn't go to Christian Valley.</p>
JE03	Loomis, Loomis Community Park, King Rd & Ong	Auburn/Colfax	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 36-62 Hilly Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeannieennis@att.net</p> <p><b>Description:</b> We will head to Newcastle, then Baxter Grade towards Auburn. For those who continue to Colfax you will head up Placer Hills Road. For those who want to do the short ride you will turn on Bowman Rd. and head back to Loomis.</p>
JE04	Loomis, Loomis Community Park, King Rd & Ong	Loomis Foothills	10:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 35-45 Rolling Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> Join us for a local ride through the foothills. We'll stay close in case of bad weather.</p>

JE05	Loomis, Loomis Community Park, King Rd & Ong	Virginiatown	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 45 Rolling Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> We will do some local roads: down Ridge, Virginiatown, back up Wise, Newcastle, Auburn Folsom and back to the Park. Rain Cancels.</p>
JE06	Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Foothill Frolics	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 45 Rolling Casual</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> Local Ride on all of our favorite roads in the area. Rain Cancels.</p>
JE07	Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Foothill Frolics - Auburn Canyon	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 40-50 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> Long ride goes from Trailhead to Auburn, down the canyon, Christian Valley and back on Wise. Short ride skips the canyon.</p>
JE08	Loomis, Loomis Community Park, King Rd & Ong	Foothill Frolics - Christian Valley Loop	9:00 AM	Jeannie Ennis, 205-2225, jeanniebike@att.net	<p><b>Ride:</b> 37-50 Moderate Flexible</p> <p><b>Leader:</b> Jeannie Ennis, 205-2225, jeanniebike@att.net</p> <p><b>Description:</b> This route travels through Newcastle to Bowman, Meadow Vista, Christian Valley, Auburn and back through Penryn. The short route eliminates Meadow Vista and Christian Valley. Stores on route.</p>
JH01	Rancho Murieta, South Gate, Riverview Park	Murieta Ride	9:00 AM	John Hockenbury, 685-7527, j.hockenbury@comcast.net	<p><b>Ride:</b> 38-50-73 Flat Flexible</p> <p><b>Leader:</b> John Hockenbury, 685-7527, j.hockenbury@comcast.net</p> <p><b>Description:</b> Ride will start at Riverview Park. Take Murieta South Pkwy to Reynosa, left on Reynosa – Park is on the right. Moderate degree of climbing. Short stop halfway through the ride.</p>
JH02	Rancho Murieta, South Gate, Riverview Park	South/West Ride	9:00 AM	John Hockenbury, 685-7527, j.hockenbury@comcast.net	<p><b>Ride:</b> 38-50-73 Hilly Flexible</p> <p><b>Leader:</b> John Hockenbury, 685-7527, j.hockenbury@comcast.net</p> <p><b>Description:</b> Ride will start at Riverview Park, take Murieta South Pkwy to Reynosa, left on Reynosa – park is on the right. Moderate degree of climbing. Short stop halfway through the ride.</p>
JH03	Sheldon, Bert's Diner PL, Grant Line Rd	Bert's Loop	9:00 AM	John Hockenbury, 685-7527, j.hockenbury@comcast.net	<p><b>Ride:</b> 44-54 Flat Flexible</p> <p><b>Leader:</b> John Hockenbury, 685-7527, j.hockenbury@comcast.net</p> <p><b>Description:</b> Ride will explore the area south of Elk Grove with a stop half way through the ride.</p>
JHAF01	Mormon Emigrant Trail, SLY Park, 2nd (east most) dam crossing	Mormon Emigrant Trail	9:00 AM	John Hafkenschiel, 454-1115, brabworld@sbcglobal.net	<p><b>Ride:</b> 52-68 Mountainous Flexible</p> <p><b>Leader:</b> John Hafkenschiel, 454-1115, brabworld@sbcglobal.net</p> <p><b>Description:</b> A dreamy climb up through the pines on a (nearly) no-cars road. No need for a map because this ride is on only two roads, Mormon Emigrant Trail and State Route 88. Turn around after 26 miles of climbing (or sooner) when you get to the stop sign at Highway 88 or turn left and go 7 more miles up and down to Silver Lake and visit the store there. 3000/4000 ft of climbing. Bring plenty of water and food because the only store is at mile 33. No sweep, for experienced hill climbers only.</p>
JL01	South Lake Tahoe	Blue Lakes Ride	9:00 AM	Jerry Lasarow, 530-544-2048, lynneintahoe@aol.com	<p><b>Ride:</b> 40-65 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Jerry Lasarow, 530-544-2048, lynneintahoe@aol.com</p> <p><b>Description:</b> Ride to beautiful Blue Lakes over Luther Pass. Enjoy the streams, waterfalls and wild flowers. After the ride enjoy a party at my house. This year we will have it catered so if you want to attend you must RSVP no later than July 12. The cost is only \$7.00 per person and it is BYOB.</p>

JM01	Sacramento, West of Playground at Grant Park, C St. near 22nd St	Wednesday Brunch Ride	9:00 AM	Joe McCormick, 448-1032. mccormickjm@comcast.net Mary Moore, 284-1905, bikemoore@yahoo.com	<b>Ride:</b> 25-75 Flat Flexible <b>Leader:</b> Joe McCormick, 448-1032, mccormickjm@comcast.net Mary Moore, 284-1905, bikemoore@yahoo.com <b>Description:</b> Four Winds Midtown brunch. The goal is to ride loops in each direction, and to cover all four directions in a month. Food and water available in route.
KB11	Lew Howard Park, Baldwin Dam Rd Folsom	Folsom 01 Auburn	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<b>Ride:</b> 39 - 59 Hilly Flexible <b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net <b>Description:</b> We will ride to Auburn then loop out Wise Rd, Ridge Rd returning on Sierra College. Copy link to your browser for description <a href="http://ridewithgps.com/routes/1002263">http://ridewithgps.com/routes/1002263</a> long <a href="http://ridewithgps.com/routes/1053703">http://ridewithgps.com/routes/1053703</a> short
KB13	South West corner Blue Ravine and East Natoma, Folsom	Folsom 02p Placerville	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<b>Ride:</b> 32 - 56 Hilly Flexible <b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net <b>Description:</b> We will ride to Placerville through Shingle Springs returning through El Dorado Hills. Copy link to your browser for description <a href="http://ridewithgps.com/routes/3266009">http://ridewithgps.com/routes/3266009</a> long <a href="http://ridewithgps.com/routes/3266087">http://ridewithgps.com/routes/3266087</a> Short
KB14	South West corner Blue Ravine and East Natoma, Folsom	Folsom 03 Auburn Canyon	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<b>Ride:</b> 48 - 64 - 72 Mountainous Flexible <b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net <b>Description:</b> We will ride to Auburn to the American River then loop out Wise Rd, Ridge Rd returning on Sierra College. Copy link to your browser for description <a href="http://ridewithgps.com/routes/1066674">http://ridewithgps.com/routes/1066674</a> long <a href="http://ridewithgps.com/routes/3420676">http://ridewithgps.com/routes/3420676</a> medium <a href="http://ridewithgps.com/routes/3420723">http://ridewithgps.com/routes/3420723</a> short
KB16	South West corner Blue Ravine and East Natoma, Folsom	Folsom 05 Union Ridge Rd		Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<b>Ride:</b> 69 -59 - 34 Mountainous Flexible <b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net <b>Description:</b> We will ride to Placerville through Shingle Springs to Union Ridge Rd returning through El Dorado Hills. Copy link to your browser for description <a href="http://ridewithgps.com/routes/4124371">http://ridewithgps.com/routes/4124371</a> long <a href="http://ridewithgps.com/routes/4124304">http://ridewithgps.com/routes/4124304</a> medium <a href="http://ridewithgps.com/routes/4124276">http://ridewithgps.com/routes/4124276</a> short



KB17	Trailhead Coffee, Penryn	Penryn 01 Dutch Flat	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 30- 57 - 85 Hilly Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride through Meadow Vista and Colfax to Dutch Flat returning through Weimer and Auburn Copy link to your browser for description <a href="http://ridewithgps.com/routes/940790">http://ridewithgps.com/routes/940790</a> long <a href="http://ridewithgps.com/routes/1000244">http://ridewithgps.com/routes/1000244</a> medium <a href="http://ridewithgps.com/routes/1301681">http://ridewithgps.com/routes/1301681</a> short</p>
KB20	Trailhead Coffee, Penryn	Penryn 06 Foresthill	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 58 - 29 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride Old Foresthill, Foresthill Rd and Spring Garden Rd to Foresthill. Copy link to your browser for description <a href="http://ridewithgps.com/routes/1001709">http://ridewithgps.com/routes/1001709</a> Long <a href="http://ridewithgps.com/routes/3350652">http://ridewithgps.com/routes/3350652</a> short</p>
KB21	Trailhead Coffee, Penryn	Penryn t09 Ox Bow	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 29 - 58 - 82 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride Old Foresthill Rd, Foresthill Rd and Spring Garden Rd to Foresthill and Oxbow Reservoir. Copy link to your browser for description <a href="http://ridewithgps.com/routes/1078063">http://ridewithgps.com/routes/1078063</a> long <a href="http://ridewithgps.com/routes/1001709">http://ridewithgps.com/routes/1001709</a> medium <a href="http://ridewithgps.com/routes/3350652">http://ridewithgps.com/routes/3350652</a> Short</p>
LM01	Auburn, Auburn Recreation Park, Recreation Drive PL	Wildest Ride in the West	6:00-9:00 AM	Larry Matz, 316-2130, lmatz1@yahoo.com	<p><b>Ride:</b> 40-70-110-140 Hilly/Mountainous/Severe Flexible</p> <p><b>Leader:</b> Larry Matz, 316-2130, lmatz1@yahoo.com</p> <p><b>Description:</b> Join us on a tough but memorable ride through the back roads and hills of Placer County. This ride supports local community sports programs, youth groups and coaching clinics to promote the recreational opportunities within Placer County and to highlight our historical communities. There are 4 options and all go through beautiful country---40 miles/4000ft , 70 miles/7000ft, 110 miles/12,000ft, and 140 miles/16,000ft. The longer rides get close to 7000ft elevation on very lightly traveled road with incredible views into the canyons and across mountain ridges. Details can be found at <a href="http://www.wildestride.com">www.wildestride.com</a>. Must wear Wheelmen Jersey to get club mileage.</p>
LM02	Auburn, Bowman Rd P&R	Auburn to Norton Grade	9:00 AM	Larry Matz, 316-2130, lmatz1@yahoo.com	<p><b>Ride:</b> 39-50 Hilly Flexible</p> <p><b>Leader:</b> Larry Matz, 316-2130, lmatz1@yahoo.com</p> <p><b>Description:</b> This ride takes us along mostly rural and scenic country roads through the lower Sierra foothills. We'll ride frontage roads south of I-80 to the town of Colfax where the short ride will return to Auburn via the beautiful rolling Placer Hills Rd. The longer ride goes through forested areas up Norton Grade then down a wide and fast descent past Rollins Lake and back to Colfax. The longer ride then follows Placer Hills Rd back to Auburn. Water, food and restrooms are available in several locations along the way. Elevation: 3900/5400 ft.</p>

LM03	Auburn, Clipper Gap P&R, I-80 at Placer Hills/Meadow Vista off-ramp	Perfect Scenery	9:00 AM	Larry Matz, 316-2130, lmatz1@yahoo.com	<p><b>Ride:</b> 50 Hilly Flexible</p> <p><b>Leader:</b> Larry Matz, 316-2130, lmatz1@yahoo.com</p> <p><b>Description:</b> We'll ride scenic country roads from Auburn to Grass Valley then take lower Colfax to Chicago Park and return to Auburn through Colfax. Expect several climbs and water/food stops in Grass Valley or Colfax.</p>
LM04	Auburn, Victory Velo Bike Shop	Upper Amgen Tour	9:00 AM	Larry Matz, 316-2130, lmatz1@yahoo.com	<p><b>Ride:</b> 30-70 Hilly Flexible</p> <p><b>Leader:</b> Larry Matz, 316-2130, lmatz1@yahoo.com</p> <p><b>Description:</b> Ride the beautiful Tour of California first stage route between Nevada City and Auburn--plus an equally scenic alternate route to get to Nevada City. We'll start in Auburn and ride to Nevada City on a route through Colfax then follow the Tour of California first stage route from Nevada City back to Auburn. Route to Nevada City is 33+ miles with 4100ft of climbing--return route is 36 miles with just over 3000ft of climbing. Total is about 70 miles with about 7100 ft. Both routes offer scenic foothill rural roads and both have opportunities for water and food stops along the way. A shorter option enables a turn-around in Colfax.</p>
LM05	Loomis, Loomis Community Park, King Rd & Ong	Sugar Pine Mountain	9:00 AM	Larry Matz, 530-878-3938, lmatz1@yahoo.com	<p><b>Ride:</b> 40-50 Moderate/Mountainous Flexible</p> <p><b>Leader:</b> Larry Matz, 530-878-3938, lmatz1@yahoo.com</p> <p><b>Description:</b> We'll go through Newcastle &amp; Auburn to Meadow Vista. Long ride goes over Sugar Pine Mountain with short steep climbs and a steep descent before going through Christian Valley and back to Loomis via Mt Vernon, Joeger, Wise and Sierra College--approx 4000ft of climbing. Short ride turns before Meadow Vista and avoids the steep climbs and descent over Sugar Pine mountain but follows the same return route from Joeger to Loomis.</p>
LZ01	Arden, Wayne's Bench, William Pond Park, Bike Trail at the end of Arden Way	President's Welcome Ride	9:00 AM	Linda Zeiszler, 457-8815, lzeiszler@surewest.net	<p><b>Ride:</b> 60 Flat Flexible</p> <p><b>Leader:</b> Linda Zeiszler, 457-8815, lzeiszler@surewest.net</p> <p><b>Description:</b> Join me, other board members and seasoned Wheelmen for a flat ride to the Farmer's Market in Davis. We will take the trail to Discovery park and then over the I street bridge, through West Sac, over the causeway and into Davis. Have a nice breakfast burrito or sample farmers' goodies and then head back to the start. You can cut it short at any spot.</p>
LZ02	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	Linda Zeiszler, 457-8815, lzeiszler@surewest.net	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Linda Zeiszler, 457-8815, lzeiszler@surewest.net</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
MD01	El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Old French Town	9:00 AM	Mike Dodson, 366-7689, bikemike63@yahoo.com	<p><b>Ride:</b> 50 Hilly Flexible</p> <p><b>Leader:</b> Mike Dodson, 366-7689, bikemike63@yahoo.com</p> <p><b>Description:</b> Up Serrano Rd. to Shingle Springs to Brandon, French Creek, Old French Town, Deer Valley and Green Valley Roads.</p>
MG01	Napa, Justin Siena HS, 4026 Maher St.	Napa Valley Cycle for Sight	8:00 AM	Michael Goble, 869-1356, michaelgoble@yahoo.com	<p><b>Ride:</b> 15-25-50 Flat/Rolling/Hilly Flexible</p> <p><b>Leader:</b> Michael Goble, 869-1356, michaelgoble@yahoo.com</p> <p><b>Description:</b> Three scenic courses that wind among the hills and vineyards of the Napa Valley. Wine and Music Festival after the ride. For more information and to register for the ride go to <a href="http://www.cycle4sight.com/">http://www.cycle4sight.com/</a>. Proceeds will go to two local organizations, the Enchanted Hills Camp For The Blind &amp; Visually Impaired and The California Veterans "Pathway Home Project." Must wear Wheelmen Jersey to get Club Mileage.</p>

MG02	Sacramento, William Pond Park/Wayne's Bench	Ride The Parkway	7:00 AM	Michael Goble, 869-1356, michaelgoble@yahoo.com Fred Turner, 962-2626, ft58@sbcglobal.net	<p><b>Ride:</b> 35-65 Flat Flexible</p> <p><b>Leader:</b> Michael Goble, 869-1356, michaelgoble@yahoo.com Fred Turner, 962-2626, ft58@sbcglobal.net</p> <p><b>Description:</b> Ride the Parkway is a social ride to benefit the American River Parkway. This is a way to show your support for the parkway.</p> <ul style="list-style-type: none"> <li>· 60-mile course stretching from downtown Sacramento to Beal's Point in Folsom on the American River Parkway</li> <li>· This is a fun ride – ride as much of the course as you want!</li> <li>· Rest stops at Discovery Park, William B. Pond Recreation Area, and Hazel Ave</li> <li>· Post-ride festivities include a BBQ, beverages, raffle, and live entertainment</li> </ul> <p>Must register with event to ride. Sign up at <a href="http://www.arpf.org/ride-the-parkway.php">http://www.arpf.org/ride-the-parkway.php</a>. \$65 before April 11th, \$80 after that. \$100 day of. Enter "Sacramento Wheelmen" for the Team Name. <b>Don't forget to wear your Wheelmen jersey to get club mileage.</b></p>
MK01	Plymouth, Amador County Fairgrounds	Sierra Century	6:00 AM	Mike Kersten, (916) 671-0972, mikejkersten@yahoo.com	<p><b>Ride:</b> 19-41-65-69-102-120 Moderate/Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Mike Kersten, (916) 671-0972, mikejkersten@yahoo.com</p> <p><b>Description:</b> Six rides to choose from: the Amador Wine Country Tour (19 miles with 1200 ft. of climbing, the 41er w/3200 ft., the Metric Century w/4500 ft., the 69er w/6000 ft., the Classic Century w/102 ft., and the Double Metric Century w/9600 ft.) Go to <a href="http://sierracentury.org">sierracentury.org</a> for more information and registration. Early registration deadline is February 29.</p>
MK02	Plymouth, City Park on Main St. next to the Amador Village Market, 9393 Main St.	Sierra Century Post-Ride	7:00-9:00 AM	Mike Kersten, (916) 671-0972, mikejkersten@yahoo.com	<p><b>Ride:</b> 19-41-65-69-102-122 Moderate/Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Mike Kersten, (916) 671-0972, mikejkersten@yahoo.com</p> <p><b>Description:</b> This is the Pre-Ride for Sacramento Wheelmen members who have volunteered for the main event on April 16, 2016. The Pre-Ride was canceled due to rain, so now its a Post-Ride. Six rides to choose from: the Amador Wine Country Tour (19 miles with 1200 ft. of climbing, the 41er w/3200 ft., the Metric Century w/4500 ft., the 69er w/6000 ft., the Classic Century</p>
MK03	Moraga, Campolindo HS, 300 Moraga Rd	Grizzly Peak Century	8:00 AM	Mike Kersten, (916) 671-0972, swsierracentury@gmail.com	<p><b>Ride:</b> 75-102-109 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Mike Kersten, (916) 671-0972, swsierracentury@gmail.com</p> <p><b>Description:</b> Three very hilly routes through the East Bay Hills: 75 mi. w/5750 ft. of climbing; 102 mi. w/8000 ft; and 109 mi. w/8550 ft. Magnificent views! Registration closes 4/11. Go to <a href="http://www.grizzlypeakcyclists.org">www.grizzlypeakcyclists.org</a> for \$55. Gourmet home-made food. This event has sold out every year since 2003. Must wear Wheelmen Jersey to get Club</p>
MK04	Plymouth, Andis Winery, 1100 Shenandoah	ACRA Bike and Wine	8:00 AM	Mike Kersten, (916) 671-0972, mikejkersten@yahoo.com	<p><b>Ride:</b> 15-30 Hilly Flexible</p> <p><b>Leader:</b> Mike Kersten, (916) 671-0972, swsierracentury@gmail.com</p> <p><b>Description:</b> This tour of the beautiful Shenandoah Valley in Amador County is sponsored by the Amador County Recreation Agency. Registration includes a light breakfast, SAG support, three rest stops, lunch and wine tasting after the ride, and a T-shirt if you register by May 27. Check-in starts at 7 a.m. To register online, go to <a href="http://www.Active.com">www.Active.com</a> (search Bike and Wine).</p>
MM01		Bean Soup Ride	10:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 20-55 Flat Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> Join us for the 13th annual Christmas Ride. We'll do about 40 miles at a casual pace, with holiday music and cold noses. You can extend your ride with a refreshment stop of bean soup and hot cider at the Moore's. Rain cancels, but the soup will still be on.</p>
MM02	Carmichael, Five Points Shopping Center, Fair Oaks & Arden Way	Dim Sum Sunday	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net	<p><b>Ride:</b> 30-60 Flat Casual</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net</p> <p><b>Description:</b> It's a Dim Sum Sunday. We'll meet at Five Points Shopping Center and ride towards Davis via West Sacramento, stopping in West Sac for some Dim Sum at Kings Restaurant. You can opt to extend the ride to Davis before or after Dim Sum. Rain cancels.</p>

MM03	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	February Birthday Ride	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Jennie Babich, 927-8888, jenniebabich@comcast.net	<p><b>Ride:</b> 46-57 Rolling Casual</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Jennie Babich, 927-8888, jenniebabich@comcast.net</p> <p><b>Description:</b> Celebrating birthdays of Mary Moore and Jennie Babich, President Reagan, and Fabian with a stop at High Hand Nursery for coffee or a bite to eat. The extension will go up Sierra College and down English Colony.</p>
MM04	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Highland Land	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net	<p><b>Ride:</b> 40-65 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net</p> <p><b>Description:</b> We will take the bike path to Beals Point and then head to Loomis with a break at the Highhand Nursery. The extension will use Sierra College to make a loop before returning to Gold River.</p>
MM05	Foresthill	Out/Back & Moore	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 10-50-60 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> This is an out and back ride leaving from Foresthill and going to Robinson Flat. No food or water on route so bring plenty of both.</p>
MM06	Paso Robles, Adelaide Inn	Paso Robles Zodiac	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 50-200 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> We will be riding through beautiful rolling hills and vineyards to the coast and along Highway 1. Tradition has been to do a SAG supported wine and olive oil tasting ride, a ride to the coast, and an inland ride. A block of rooms, under the Sacramento Wheelmen, is being held until September 3rd at the Adelaide Inn (805.238.2770). Rate for a single queen is \$100.80+ and for two queens is \$125.10+. When you make your reservations, let them know that you are with the Sacramento Wheelmen. The organized group rides will start Monday afternoon, October 5th and end Thursday, October 8th. You can also select your own ride from a variety of route sheets provided. Plan to arrive early Monday, October 5th and depart on Friday, October 9th. It is about a 4 hour drive from Sacramento.</p>
MM07	Kona, Hawaii	Hawaii	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 50-200 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> Get away from the fog, rain and cold. Join us for one or two weeks on the Kona Coast on the Big Island of Hawaii. Accommodations are limited. Please contact Dale Tudor twodoor1@comcast.net or Mary Moore bike.moore@yahoo.com for further information.</p>
MM08	Carmichael, Five Points Shopping Center, Fair Oaks & Arden Way	Last Sunday of the Month - Flower Farm	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 30-60 Rolling Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> We'll meet at Five Points Shopping Center on the corner of Arden Way and Fair Oaks Blvd., Sacramento. We are going to ride to the Flower Farm in Loomis taking the bike trail to Beals Point. Then Auburn Folsom Road to the Flower Farm for coffee. You can extend or return to Five Points. Rain Cancel's.</p>

MM09	Carmichael, Five Points Shopping Center, Fair Oaks & Arden Way	Last Sunday of the Month - Berts	10:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 35-50 Flat Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> We'll meet at Five Points Shopping Center on the corner of Arden Way and Fair Oaks Blvd., Sacramento. We are going to ride to Bert's Diner in Sheldon. You can extend or return to Five Points. Rain Cancel's.</p>
MM10	Winters, City PL, Railroad & Main	Last Sunday of the Month - Cantelow & Beyond	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com	<p><b>Ride:</b> 35-50 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net Glenn Moore 524-7785 bikemoore5@yahoo.com</p> <p><b>Description:</b> We are going to ride up Cantelow and go beyond. Maybe Mix Canyon, go into Vallejo or Cardiac. Depends on what the ride leader is in the mood for. Rain Cancels.</p>
MM11	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	Mary Moore 284-1905, Mary-Moore@surewest.net	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Mary Moore 284-1905, Mary-Moore@surewest.net</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
MN01	Windsor, Huerta Gymnasium, 9291 Old Redwood Hwy	Happy Early Howloween	7:30 AM	Megan Nguyen, 650 464-8737, mellow.velo@gmail.com	<p><b>Ride:</b> 15-48-65 Flat/Rolling Casual</p> <p><b>Leader:</b> Megan Nguyen, 650 464-8737, mellow.velo@gmail.com</p> <p><b>Description:</b> There's three hauntingly beautiful rides to choose from that tour Dry Creek, Alexander and Russian River Valley. (366, 1926, and 2706 ft of climbing.) All rides are SAG supported, with Halloween themed Rest Stops and a ghoulishly good post ride meal. Net proceeds benefit socially responsible organizations and charities in Sonoma County. Visit <a href="http://www.bike2provide.com">www.bike2provide.com</a> for more details and registration. Must wear Wheelmen Jersey to get Club mileage.</p>
NH01	Loomis, Train Station, Horseshoe Bar & Taylor	Nick's Foothills	10:00 AM	Nick Hourigan, 487-0993, helnick@sbcglobal.net	<p><b>Ride:</b> 40-50 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Nick Hourigan, 487-0993, helnick@sbcglobal.net</p> <p><b>Description:</b> Loomis exit onto Horseshoe Bar Rd. and go north into Loomis, cross Taylor and into the Train Station parking lot. We'll ride the foothills in and around Loomis, Newcastle, and Auburn. We'll have a coffee stop on the ride. 2000-3000 ft of climbing.</p>

NH03	Palm Springs, Downtown Palm Springs on Palm Canyon Drive	Tour de Palm Springs	6:45 AM	Nick Hourigan, 487-0993, helnick@sbcglobal.net Dennis King, 284-4555, velo_king@sbcglobal.net	<b>Ride:</b> 25-55-100 Flat/Rolling Flexible  <b>Leader:</b> Nick Hourigan, 487-0993, helnick@sbcglobal.net Dennis King, 284-4555, velo_king@sbcglobal.net  <b>Description:</b> Come and enjoy the most beautiful desert ride in America, or so they say. This is an easy century through the desert north and east of Palm Springs. Sacramento Wheelmen Jersey is required for mileage credit. Visit their website at <a href="http://www.tourdepalmsprings.com">www.tourdepalmsprings.com</a> for info and registration. Meet in registration area at 6:45 AM.
PB01	Davis, Davis High School, Oak Ave. next to Athletic Field	New Grain Bakery	9:00 AM	Peter Becker, 442-1850. Ps_beck@sbcglobal.net	<b>Ride:</b> 50 Rolling Flexible  <b>Leader:</b> Peter Becker, 442-1850. Ps_beck@sbcglobal.net  <b>Description:</b> From Sacramento, take I80 west, exit Right at Mace, Left on Covell, cross over tracks, Left on Oak Ave. A Wheelmen favorite ride. We'll do a brisk ride though farmland and a climb over Cantelow hill, and on to Old-Town Vacaville for a stop at the New Grain Bakery.
PB02	Davis, Davis High School, Oak Ave. next to Athletic Field	Ride to Winters	9:30 AM	Peter Becker, 442-1850. Ps_beck@sbcglobal.net	<b>Ride:</b> 30-50 Flat Flexible  <b>Leader:</b> Peter Becker, 442-1850. Ps_beck@sbcglobal.net  <b>Description:</b> Take a ride to Winters. Take I-80 West, Right on Mace, Left on Covell, Left on Oak. Rain cancels.
PB03	Davis, Davis High School, Oak Ave. next to Athletic Field	Tour de Vacaville	9:00 AM	Peter Becker, 442-1850. Ps_beck@sbcglobal.net	<b>Ride:</b> 34-65 Flat Flexible  <b>Leader:</b> Peter Becker, 442-1850. Ps_beck@sbcglobal.net  <b>Description:</b> Meet at Davis HS parking lot next to athletic field on Oak Ave. From Sac. 80 West, Exit R Mace, BL Covell, X over tracks, L Oak Ave.
PB04	West Sacramento, Starbucks @ Southport Town Center, Jefferson Blvd & Southport Pkwy	Solano Bakery	9:00 AM	Peter Becker, 442-1850-ps_beck@sbcglobal.net	<b>Ride:</b> 37-54 Flat Flexible  <b>Leader:</b> Peter Becker, 442-1850-ps_beck@sbcglobal.net  <b>Description:</b> An easy loop with a stop at the Solano Bakery in Dixon.
PB05	West Sacramento, Town Center behind Starbucks, Jefferson Blvd & Lake Washington Blvd	Dixon/Davis Loop	9:00 AM	Peter Becker, 442-1850, ps_becker@sbcglobal.net	<b>Ride:</b> 37-59 Flat Flexible  <b>Leader:</b> Peter Becker, 442-1850, ps_becker@sbcglobal.net  <b>Description:</b> A loop along country roads and college town bike trails with a bakery stop in Dixon. West Sac. Meet behind Starbucks at Town Center-Jefferson Blvd. & Lake Washington Blvd. Rain Cancels.
PB06	Elk Grove, Bruceville Rd at Whitelock	Lodi Grapevine	9:00 AM	Peter Becker, 442-1850. Ps_beck@sbcglobal.net	<b>Ride:</b> 42-57 Flat Flexible  <b>Leader:</b> Peter Becker, 442-1850. Ps_beck@sbcglobal.net  <b>Description:</b> Ride through the vineyards to Panera's Bakery in Lodi.
PB06	Cisco Grove, Hwy 80 E, Exit Cisco Grove Rd	Ride to Squaw Valley	9:30 AM	Peter Becker, 442-1850, ps_beck@sbcglobal.net	<b>Ride:</b> 38-62 Moderate/Mountainous Flexible  <b>Leader:</b> Peter Becker, 442-1850, ps_beck@sbcglobal.net  <b>Description:</b> A scenic alpine ride over the old Donner Pass into Squaw Valley for lunch. The medium ride goes to Truckee. Both rides stop briefly at the Donner Party Memorial. 1400 ft climb both rides. Exit Cisco Grove, go Left (under Freeway) then Right on Hampshire Rocks Rd. Rain Cancels.
PB07	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	River Loop	9:00 AM	Peter Becker, 442-1850, ps_becker@sbcglobal.net	<b>Ride:</b> 30-60 Flat Flexible  <b>Leader:</b> Peter Becker, 442-1850, ps_becker@sbcglobal.net  <b>Description:</b> River Loop. Rain cancels.
PBUS01	Loomis, Flower Farm, Auburn Folsom Rd & Horseshoe Bar	Three Canyons Ride	9:00 AM	Peter Bustabade, 652-5097, p.bustabade@sbcglobal.net	<b>Ride:</b> 36-39-52 Rolling/Moderate/Hilly Flexible  <b>Leader:</b> Peter Bustabade, 652-5097, p.bustabade@sbcglobal.net  <b>Description:</b> The ride plays up, down, and around Auburn Folsom Rd, going as far south as Folsom, north-east through downtown Loomis, and as far east as Auburn and beyond. The long ride drops down into the Auburn State Recreation area, while the medium and short rides return by more moderate routes.

PG01	Eldorado Hills, Town Center Parking Lot near Starbucks; Hwy 50 Exit 30A	Not a Mountain Goat	9:00 AM	Paul Gunkel, 929-8988, gunkel4578@sbcglobal.net Barbara Bravos, 929-8988, gunkel4578@sbcglobal.net	<b>Ride:</b> 32-49 Rolling/Moderate Flexible <b>Leader:</b> Paul Gunkel, 929-8988, gunkel4578@sbcglobal.net Barbara Bravos, 929-8988, gunkel4578@sbcglobal.net <b>Description:</b> A counter-clockwise loop on rural roads. Challenging, but not a mountain goat ride.
RB01	El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	EDH/Folsom Excursion	10:00 AM	Ron Brown, 486-3665, rl-brown@pacbell.net	<b>Ride:</b> 40 Hilly Flexible <b>Leader:</b> Ron Brown, 486-3665, rl-brown@pacbell.net <b>Description:</b> A new ride which will traverse some new and old roads we have all ridden at one time or another with plenty of climbing. We will stay reasonably close in the event of rain. There will be several opportunities for bail-out in case of rain. Rain at the start cancels the ride.
RB02	El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Winter Ride	9:00 AM	Ron Brown, 486-3665, rl-brown@pacbell.net	<b>Ride:</b> 42 Rolling/Moderate Flexible <b>Leader:</b> Ron Brown, 486-3665, rl-brown@pacbell.net <b>Description:</b> We'll stay close to the start location for an easy bail-out in case of rain. The ride includes parts of El Dorado Hills and Folsom. Not to worry, there will be plenty of climbing, so bring those climbing gears. Rain at the start cancels the ride.
RB04	Plymouth, Amador County Fairgrounds, Hwy 49 & Main St. Park near the school	Plymouth SC Metric	9:00 AM	Ron Brown, 486-3665, rl-brown@pacbell.net	<b>Ride:</b> 65 Hilly Flexible <b>Leader:</b> Ron Brown, 486-3665, rl-brown@pacbell.net <b>Description:</b> You always had to work the Sierra Century. Here is your chance to ride one of the Club's greatest rides. Start in Plymouth, ride through lone, Sutter Creek, Volcano and Fiddletown. Bring plenty of water. It will be hot! No sweep, no SAG.
RB05	El Dorado Hills, Town Center	Tri-City Loop	9:00 AM	Ron Brown, 486-3665, rl-brown@pacbell.net	<b>Ride:</b> 34 Hilly Flexible <b>Leader:</b> Ron Brown, 486-3665, rl-brown@pacbell.net <b>Description:</b> Meet in the parking lot across from Starbucks in El Dorado Hills Town Center. We will visit parts of El Dorado Hills, Cameron Park and Folsom. Short ride but lots of climbing. Thirty-Four miles and 2700 feet of climb.
RF01	Sacramento, Lyon Village PL, 2580 Fair Oaks Blvd	New Year's Day Ride	10:00 AM	Rod Farley, 601-5402, beyondnapa@comcast.net	<b>Ride:</b> 40 Flat Casual <b>Leader:</b> Rod Farley, 601-5402, beyondnapa@comcast.net <b>Description:</b> An easy holiday ride from Fair Oaks and Fulton Ave to Karen's in Folsom and back. Casual and fun with a stop at Karen's for a Ho Ho. Wind and cold enhances . . . rain cancels. Note 10 AM start time. No sweep, no SAG.
RM01	Rancho Murieta, South Gate, Riverview Park	Rancho Murieta to Sutter Creek	9:00 AM	Ralph & Kris LeMeur, 354-0416, ralfkris@sbcglobal.net	<b>Ride:</b> 40-60 Hilly Flexible <b>Leader:</b> Ralph & Kris LeMeur, 354-0416, ralfkris@sbcglobal.net <b>Description:</b> Ride will start at Riverview Park, take Murieta South Pkwy to Reynosa, left on Reynosa-Park is on the right. Ride will explore lone, Sutter Creek, and other foothills locations. Moderate degree of climbing. Short stop halfway through the ride. Rain cancels.
RMA01	Sacramento, 15th & Capital	Ride of Silence	6:45 PM	Robert Mandelson, 392-1559, r.mandelson@yahoo.com	<b>Ride:</b> 10 Flat Casual <b>Leader:</b> Robert Mandelson, 392-1559, r.mandelson@yahoo.com <b>Description:</b> This is an international ride honoring cyclists who have been killed or hurt riding their bikes. For more information please go to <a href="http://www.rideofsilence.org/main.php">www.rideofsilence.org/main.php</a> .
RP01	Granite Bay, Quarry Ponds Town Center, 5550 Douglas Blvd, 1/2 mile west of Barton.	Rich's First Ride	10:00 AM	Rich Percival, 296-4856, rpercival@gmail.com	<b>Ride:</b> 37-45 Moderate Flexible <b>Leader:</b> Rich Percival, 296-4856, rpercival@gmail.com <b>Description:</b> This is a variation of the first ride I led with the Wheelmen on March 15, 1997. Moderate ride of 37 or 45 miles in the Loomis Basin. Both rides go as far as Newcastle. Ride With GPS Link: <a href="http://ridewithgps.com/events/South-Placer-Loop">http://ridewithgps.com/events/South-Placer-Loop</a>

RP02	Plymouth, Park across from City Hall	Wine Country Ride	9:00 AM	Rich Percival, 296-4856, rpercival@gmail.com	<p><b>Ride:</b> 37-44 Moderate Flexible</p> <p><b>Leader:</b> Rich Percival, 296-4856, rpercival@gmail.com</p> <p><b>Description:</b> Ride mostly familiar roads around the Amador and El Dorado wine country, but maybe in unfamiliar directions and routing sequences. Some of these roads may be used in upcoming Sierra Centuries.</p>
RR01	Elk Grove, Kinetic Bicycles, 2525 Riparian Dr.	Pears, Grapes & Water Ride	9:00 AM	Rick & Sandy Rusconi, 684-2957, rerusconi@yahoo.com, sbrusconi@yahoo.com	<p><b>Ride:</b> 40-60 Flat Flexible</p> <p><b>Leader:</b> Rick &amp; Sandy Rusconi, 684-2957, rerusconi@yahoo.com, sbrusconi@yahoo.com</p> <p><b>Description:</b> Ride down the Sacramento River into the Delta. All you Northerners, come join the "Southern Alliance" for a ride into "our territory". We go north at times; time for you to come south. We plan on a stop for refreshments in Walnut Grove. Rain or serious threat of rain cancels.</p>
RR02	Elk Grove, Safeway PL, Laguna & Franklin	Rick's Delta	9:00 AM	Rick Rusconi, 684-2957, rerusconi@yahoo.com,	<p><b>Ride:</b> 40-60 Flat Flexible</p> <p><b>Leader:</b> Rick Rusconi, 684-2957, rerusconi@yahoo.com,</p> <p><b>Description:</b> A ride in the Delta. Rain Cancels.</p>
RS01	Sacramento, Discovery Park Bike Trail at Mile 0	Mile Zero Ride	9:00 AM	Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com	<p><b>Ride:</b> 35-80 Flat/Rolling Casual</p> <p><b>Leader:</b> Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com</p> <p><b>Description:</b> Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.</p>
RZ01	Sacramento, Miller Park, Front St South of Broadway	New Year's Day Ride	9:00 AM	Rich Zeisler, 457-8815, rzeisze@surewest.net	<p><b>Ride:</b> 29-44 Flat Flexible</p> <p><b>Leader:</b> Rich Zeisler, 457-8815, rzeisze@surewest.net</p> <p><b>Description:</b> From Miller Park, the ride will head to Davis after briefly entering Woodland. After coffee, the ride will return to the start using the causeway bike trail. Options will be available if flooding prevents the planned route.</p>
RZ03	Winters, City PL, Railroad & Main	Cantelow to Cardiac	9:00 AM	Rich Zeisler, 457-8815, rzeisze@surewest.net	<p><b>Ride:</b> 32-60-67 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Rich Zeisler, 457-8815, rzeisze@surewest.net</p> <p><b>Description:</b> From Winters the ride will reach the outskirts of Fairfield before turning north through Gordon and Wooden Valleys on the way to Lake Berryessa. We will then turn east to descend Hwy 128 into Winters.</p>



RZ04	Guerneville, Fern Grove Cottages, 16650 Hwy 116	Guerneville Zodiac	9:00 AM	Rich Zeisler, 457-8815, zeisler@sbcglobal.net	<p><b>Ride:</b> 145-265 Moderate/Mountainous Flexible</p> <p><b>Leader:</b> Rich Zeisler, 457-8815, zeisler@sbcglobal.net</p> <p><b>Description:</b> The 2016 Guerneville Zodiac will be held May 2 - May 5. Home base will again be the Fern Grove Cottages. If you would like to attend, contact the Fern Grove Cottages at 707-869-8105 to inquire as to room availability. Please note that priority for cottages during the Wheelmen stay is based on prior participation. This means that available rooms are extremely limited. Demand typically exceeds supply. If you are unable to secure a reservation at the Fern Grove, ask to be placed on a waiting list. That way, should any rooms open before May 2 you can be contacted. Also, in the event that you can not be accommodated at the Fern Grove, alternative rentals in the area include: Dawn Ranch Lodge (across the street from the Fern Grove), 707-869-0656, www.dawnranch.com West Sonoma Inn (around the corner), 707-869-2874, www.westsonomainn.com Riverlane Resort (3 blocks away), 707-869-2323, www.riverlaneresort.com Several Campgrounds, including Cassini Ranch (sp?)</p> <p>If you make reservations at the Fern Grove or at one of the above alternatives please let me know. I will include you in plans for our rides, happy hours, and the ever popular BBQ should you wish to participate.</p>
RZ05	Loomis, Train Station, P&R at Horseshoe Bar & Taylor Rd	Rich's Foothills	9:00 AM	Rich Zeisler, 457-8815, rzeiszle@surewest.net	<p><b>Ride:</b> 30-50 Moderate Flexible</p> <p><b>Leader:</b> Rich Zeisler, 457-8815, rzeiszle@surewest.net</p> <p><b>Description:</b> Ride goes to Lincoln. Climbs might include Baxter Grade and Ridge Rd. Many ways to shorten and avoid the climbs.</p>
SB01	Arden, Wayne's Bench, William Pond Park, Bike Trail at the end of Arden Way	Perfect Monday Starter	9:00 AM	Shelly Barrette, 698-4591, irongirl1234@yahoo.com	<p><b>Ride:</b> 44-50 Flat/Moderate Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> The "P.M.S." Ride: Start the week off with the "Perfect Monday Starter" ride. We will depart from William Pond Park (Bike Trail at the end of Arden Way) and ride at a more leisurely pace. Will ride the trail to Beal's Point, then Auburn Folsom to The Flower Farm for coffee. Return the same route or choose an extendo. Departure time: 9:00 AM (EVERYONE!)</p>
SB02	Fair Oaks, Patriot Bicycle, 4719 San Juan Ave.	Celebrate the 4th	9:00 AM	Shelly Barrette, 698-4591, irongirl1234@yahoo.com	<p><b>Ride:</b> 40-50 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Let's ride North to Celebrate the 4th! We will leave Patriot Bicycles and head North toward Loomis, Auburn and beyond! Show us your patriotic spirit by wearing your Patriot Jersey or Red White and Blue!! Prize for the Most Patriotic Rider!! Coffee stop included.</p>
SB03	Fair Oaks, Patriot Bicycle, 4719 San Juan Ave.	Mystery Monday	6:00 PM	Shelly Barrette, 698-4591, irongirl1234@yahoo.com	<p><b>Ride:</b> 40-50 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Ready for some fun??? Come out for a MYSTERY Monday ride. You won't know the direction or route we will take until you reach the start!! Each week will provide a different ride of 30-40 miles.</p>
SB04	Fair Oaks, Patriot Bicycle, 4719 San Juan Ave.	The NON-Breakfast Ride	9:00 AM	Scott Barrette, 599-9646, scottbarrette@comcast.net	<p><b>Ride:</b> 40-50 /Moderate Flexible</p> <p><b>Leader:</b> Scott Barrette, 599-9646, scottbarrette@comcast.net</p> <p><b>Description:</b> This is a new ride series. Each Wednesday in March will provide a different ride of 40 to 50 miles. No time to stop for a meal, but there will be a coffee stop available near to or at the end of the ride.</p>
SB05	Fair Oaks, Patriot Bicycle, 4719 San Juan Ave.	Torch That Turkey!	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 50 Moderate Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Eat too much turkey??? Well, let's work it off. Ride departs from Patriot Bicycles and heads for Loomis/Newcastle. Coffee stop at mile 40.</p>

SB06	El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Father's Day Frolic	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 35-42 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> We'll head out for a quick Father's Day jaunt via South Shingle Road, French Creek, Deer Valley and Green Valley...with plenty of time to get home and celebrate this special day. Homemade Father's Day treats for all at the end of the ride!!!</p>
SB07	Loomis, Train Station behind Wild Chicken, Taylor & Horseshoe Bar	Poker Ride	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 50 Moderate Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> This ride will take us from Loomis to points in Penryn, Newcastle and Auburn. For those wishing to play cards along the way, you will receive your first card at the start of the ride, collect three in route, and complete your five card hand when you sign out!! Prizes will be awarded so come ready for some cycling and card playing fun!! Coffee stop at Trailhead near the end of the ride.</p>
SB08	Loomis, Train Station behind Wild Chicken, Taylor & Horseshoe Bar	Rock your CRAZY Socks	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 35-48 Rolling Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Here is your chance to show off that pair of socks that just never seems to go with your gear-- You know, the brighter, uglier or sillier the better!!! Our ride will take us from Loomis to Penryn and beyond with a little surprise for the CRAZIEST pair of socks!!</p>
SB09	Newcastle, Park'N Ride	Nevada City Overnight	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com Scott Barrette, 599-9646, scottbarrette@comcast.net	<p><b>Ride:</b> 45 Hilly Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com Scott Barrette, 599-9646, scottbarrette@comcast.net</p> <p><b>Description:</b> Our ride will begin in Newcastle and head to Nevada City. Upon arrival, check in to the Nevada City Inn and enjoy the evening on your own or as a group. There will be someone to transport belongings. We will depart the next morning for our return to Newcastle. Space is limited; rate is \$79.00 for a queen room. Contact ride leader for availability.</p>
SB11	Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Everyone is Irish on St. Pat's Day	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 40-50 Rolling Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> You Don't Have To Be Irish To Win, Just Lucky!! Today's ride provides plenty of opportunity to log some miles and celebrate St. Patty's Day along the way! Start the ride with a door prize by wearing your "greenest" cycling gear! Next, find a "Pot of Gold" or "Lucky Leprechaun" along the route and trade it in at the finish for a GREAT GREEN GOODY!</p>
SB12	Loomis, Train Station behind Wild Chicken, Taylor & Horseshoe Bar	Pink Day	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 50 Rolling Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Today is national PINK DAY!! Let's show our support and wear your brightest and best pink gear!! Our ride will take us to Auburn and the surrounding areas with chances to win some PINKERIFIC prizes!! Ride hard and pink lemonade will await your return! Plenty of options to shorten or extend your miles.</p>
SB13	El Dorado Hills, EDH Park and Ride (Latrobe @ White Rock)	It's My BIRTHDAY, and I'll RIDE if I Want To	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 43 Rolling Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Come out and celebrate Shelly's 40-something birthday! This ride travels along some of your faves: Green Valley, Starbuck, Deer Valley and E. Natoma. There will be birthday treats provided!</p>

SB14	Loomis, Flower Farm, Auburn Folsom Rd & Horseshoe Bar	Coffee and Canyons	8:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 33/36/53 Moderate Casual</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Enjoy a cup of coffee before (or after) heading out for a choice of three 'canyon' rides.</p>
SB15	Cisco, Grove Exit @ I-80, P&R on North side of Freeway	Doing Donner	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com Scott Barrette, 599-9646, scottbarrette@comcast.net	<p><b>Ride:</b> 41 Hilly Flexible</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com Scott Barrette, 599-9646, bikeshop@softcom.net</p> <p><b>Description:</b> This breathtaking adventure will take us over Donner Pass to Truckee for a coffee stop at Wild Cherries. We will return over the pass to the start. Elevation: 3800.</p>
SB16	Newcastle, Newcastle Produce, 9230 Cypress St. (Near Newcastle Rd & Old State Hwy)	TWISTING THRU NEWCASTLE in honor of NATIONAL PRETZEL DAY!!	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 35 Moderate Casual</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> It's National PRETZEL LOVERS Day!! Let's climb the hills of Newcastle with pretzels provided to fuel our legs!! Ride will descend Ridge, then wander to Chili, Crater, Bald, Lozanos, English Colony, Butler!! 3200 ft elevation climb.</p>
SB17	Newcastle, Newcastle Produce, 9230 Cypress St. (Near Newcastle Rd & Old State Hwy)	Just a Bit O' Climbing!	9:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 38 Hilly Casual</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Our venture today includes some Springtime favorites: Lozanos, Baxter, Virginiatown, and Ridge!! Don't miss the FUN!!</p>
SC01	Davis, Carl's Jr PL, Covell & Rd 102	Midnight Century	7:00 PM	Steve Cimini, 205-3958, cyclstev@aol.com	<p><b>Ride:</b> 65-100 Flat Flexible</p> <p><b>Leader:</b> Steve Cimini, 205-3958, cyclstev@aol.com</p> <p><b>Description:</b> Come out for a romp under a full moon on the annual Midnight Century. We start in Davis, ride out to Grimes, and return on the same roads. Riding by moonlight on a warm summer evening with friends and little traffic is a lot of fun. This is not a race but could be your fastest Century. The only hill is the I-5 overpass. Lights front and rear are required, you will need at least 5 hours worth...multiple lights and reflective gear recommended. \$10.00 fee covers SAG support and goodies at the rest stop (near the turn around point). Be sure to RSVP by Aug 7 so that we have enough food etc for everyone (and cancel if you have a change in plans). Must wear Wheelmen Jersey to get Club mileage.</p>
SL01	Loomis, Loomis Community Park, King Rd & Ong	Stan's Stomp	9:00 AM	Stan Leff, 488-2563, swleff@surewest.net	<p><b>Ride:</b> 31-48 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Stan Leff, 488-2563, swleff@surewest.net</p> <p><b>Description:</b> We'll go to Indian Hill, Baxter and Mt Vernon. This ride will be reminiscent of a series from long ago.</p>
SY01	Folsom, Auburn Folsom Rd & Folsom Lake Crossing. Use the 7-11 parking lot across from Folsom Bike.	Hills & Coffee	9:30 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 20-40-53 Rolling/Moderate Training</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> We'll ride over the new bridge to the foothills. The main climbs are Salmon Falls Rd and Lotus. Shorter options and opportunities for a coffee stop including at the start. The Folsom Grind opens early. 4500 ft on long route.</p>
SY02A	El Dorado Hills, NE Corner of Francisco & Green Valley	Fit & Social #6 Spanish Dry Diggins Mashup	8:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p><b>Ride:</b> 32-62 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Park between Starbucks and the Safeway Market. Join me for a Mashup of some old rides, climbing included. The ride climbs Salmon Falls to Cool, Georgetown, and Spanish Dry Diggins. Short option- turn around in Cool. Long route, continue on to Georgetown, a scenic side road to Marshall, take a break in Coloma, and return on Lotus, Deer Valley, and Malcolm Dixon.</p>

SY02B	Auburn, Raleys Parking lot Auburn Lincoln Way & Foresthill Ave	Fit & Social #5 Grass Valley	8:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p>Ride: 36-55 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Let's get out of town and into the cooler elevation. This is a REGROUP ride, but does have some double digit climbing..... nothing severe. The routes are together until the split at mile 13.5, and rejoin at Higgins Corner. Food stops along the way and at the end. Long route (4321') goes through Applegate, Eden Valley into Grass Valley and returns through Sherwood Forest, Lime Kiln, Higgins Corner and Dry Creek. Short route (2868') does not go into Grass Valley but cuts off from Dog Bar over to Higgins Corner. Brief stint on Hwy 49 (good shoulder) before taking a loop out on Lone Star Rd and returning on Dry Creek Rd.</p>
SY04	Loomis, Loomis Community Park, King Rd & Ong	Easy Country	9:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p>Ride: 50 Rolling Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Let's go for a nice country ride in the foothills with a stop at Trailhead Coffee along the way. This is mild terrain and has options to shorten. Rain dampens my spirit, so I won't go if it does.</p>
SY05	Loomis, Loomis Community Park, King Rd & Ong	Parade Route	9:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p>Ride: 53 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Let's ride to Meadow Vista where we'll venture through the parade route (unfortunately the parade is in the fall, so we won't be able to participate). We'll go through Penryn, Christian Valley, Bowman and Auburn. This ride has about 4,000 ft of climbing so plan on a lunch or a pie stop. Several options to shorten.</p>
SY06	Loomis, Train Station, Horseshoe Bar & Taylor	Loomis Winter Ride	9:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p><b>Ride:</b> 38-44-59 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Makes a loop out to Lincoln, Newcastle, Powerhouse and back. Long and Med routes climb Baxter, down Millertown. Elevation 2000, 2563, 2892 ft.</p>
SY06	Loomis, Train Station, Horseshoe Bar & Taylor	Spring Chicken's BD Ride	9:30 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p><b>Ride:</b> 42/46 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Join the celebratory flock for an "Ain't No Spring Chickens" Birthday Ride. Let's take a gander around the north forty. Many options to shorten and head back to the barn. Climbs Baxter Grade.</p>
SY07	Ione, Howard Park, Hwy 124	How Spring it is	9:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p>Ride: 46-47-57 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Come on out and enjoy the green on one of my favorite spring rides. Moderate climbing with beautiful rural roads. The route goes through Sutter Creek, Volcano, Pine Grove and Jackson. Medium route goes as far as Pine Grove then returns on Ridge. Short option is an out and back to Volcano and return, but less climbing than the medium route.</p>
SY08	Markleeville, Grover Hot Springs, Hwy 89 to Markleeville, Take Hot Springs Rd to State Park	Markleeville Zodiac	2:00 PM	Sandy Yarrow, 802-0898, skybike2@gmail.com Bob Barker, 530-878-9224, aubbarker@hotmail.com	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com Bob Barker, 530-878-9224, aubbarker@hotmail.com</p> <p><b>Description:</b> The Markleeville Zodiac (Sept 7-10) is centered in Death Ride territory, and you can look forward to some great climbs and scenery. We'll stay at Grover Hot Springs Campground. There are tent sites and RV sites, also motels in town. Rides will be a local loop ride.</p>

SY10	Plymouth, Amador County Fairgrounds, Hwy 49 & Main St. Park near the school	Wine or White	9:00 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 39-50 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Let's go for a fun ride in the Amador/El Dorado wine country. Start from the fairgrounds. From there, we'll head up toward Fiddletown and ride about 20 miles to the first stop. There are several wineries in the area and we'll meander to a few. The 39 mile option returns down Slug Gulch to have lunch at the Fair Play Bistro. After lunch we can go by some more wineries if you're still in the mood, or you can just enjoy the scenery. If you prefer a longer ride and no lunch, continue up Slug Gulch to Omo Ranch Rd and do the 50 mile route. Invite your family, and friends to come along and enjoy a fun day of wine tasting and lunch in the foothills (and maybe sag some wine). Wear your Wheelmen jersey or your Sierra Century jersey from the Slug Gulch years.</p>
SY11	Santa Cruz, Santa Cruz Beach Inn, 600 Riverside Ave.	Santa Cruz Zodiac	9:00 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> The dates for Santa Cruz are March 14-17. Arrive Mon-check out Thurs. Drive or take the train. To reserve, call Katrina at 1-831-458-9660 from 7-3p (she's off Wed &amp; Thurs). The cost is \$80 per room with 2 queens. Breakfast included. There will be route options for each day, and you can also just hangout along the coast. Happy hour each day after the ride. Amtrak Capitol Corridor Westbound train 527 leaves Sac at 07:00, and arrives in San Jose at 10:13, cost is \$40 or \$34 for seniors, each way. Eastbound train 538 leaves San Jose at 3:10 and arrives in Sac at 6:23p. If you are really fast, the 532 leaves SJ at 12:20 and arrives in Sac at 3:28p. You can also take the train to Jack London Square, and ride from there. If you plan to take the train, make arrangements to send your bags with someone.</p>
SY12	Somerset, NE Corner of Bucks Bar & Mt Aukum	Grizzly Adams	8:45 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 60 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Take Hwy 50 to Missouri Flat Rd &amp; turn east (L) on Pleasant Valley Rd., (R) on Bucks Bar to the intersection of Bucks Bar &amp; Mt. Aukum Rd. in Somerset. Park in the dirt lot on the NE corner. Be ready to go by 0900 as we head up to Grizzly Flat, and beyond. After 30 miles and 4000 ft of climbing, we'll reach Pipi campground that hopefully has water (drought?) and outhouses. This ride does have some short steep climbs of 16-20%, and overall about 5700 ft of climbing, so bring climbing gears. Route descends Omo Ranch Rd. This ride is in the wilderness and the store is very late in the ride, so bring enough water and food! You'll really want it and need it.</p>

SY13	Mallorca Spain	Mallorca Tour	9:00 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> TBD Moderate/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Let's go to Mallorca! Plans are to stay at the newly renovated Taurus Park Hotel. Details are on <a href="http://www.fredrompelberg.com">www.fredrompelberg.com</a>. Group rides are Mon/Tues/Thur/Fri. Riders can join a variety of groups, based on level of difficulty from easy to very challenging. All groups are lead by Fred's experienced leaders. Wed/Sat/Sun is on your own for more riding or sightseeing tours. Details to follow.</p> <p><b>APPROXIMATE COSTS:</b>  Airfare - Approx \$1200 RT Sacramento to Palma. Or fly to Palma, and depart from Barcelona if you are extending to Spain.  Hotel – 400 Euros per person per week (includes bike, hotel, airport pickup/return, buffet breakfast &amp; dinner, Dbl room, single room add 111 euros per week). To be paid in advance in three installments. – a \$200 deposit, the second at \$500, and the remainder, +- \$200, (singles more, non-riders less) based on euro exchange rate.  Bike Rental (riders only) – 75 Euros per week per bike. Rentals are new or less than 1 yr old, with Shimano Ultegra. Tandems and Sport bikes are also available but more limited (reserve early). You can bring your own bike if you want, but the airline extra cost is \$400.  If you are interested, send me an email, ASAP</p>
SY14	Barcelona, Spain	Barcelona-Andorra Tour		Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 150-200 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Arrive on Saturday April 27 in Barcelona (BCN), and after an overnight stay, plans are to ride on Sunday to Solsona, a small town about midway. The next day we'll continue on to the Principality of Andorra, and stay one or two nights before returning to BCN. Bring your own, or rent a bike from Terra Diversions. The weekly rental is probably the best deal. We plan to also rent a vehicle to transport the luggage. The distance is not far, but it's uphill to Andorra, so we allow more time to get there. When back in BCN we can ride more or sightsee. Leave for the USA on May 4th, or extend your stay as desired. Check out this youtube video of the 2007 7th stage of the Tour de France.  <a href="http://www.youtube.com/watch?v=PfNk2Jymqo">http://www.youtube.com/watch?v=PfNk2Jymqo</a> Or google ETape BCN-AND (English). For more info contact Ride Leader</p>
SY15	Crockett, Carqueez Regional Park, Crockett Blvd	Deja Voodoo	9:00 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 43-66 Moderate/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> Take I-80 WB exit 27 to Crockett, thru town on Pomona St, R on Crockett Blvd, go .3 mi to the park. Water &amp; bathrooms at start. This is infoDave's version of the metric loop of the Grizzly Peak Century. We'll ride Carqueez Scenic Drive, McEwen Rd, the mild mannered Mama and Pappa &amp; Baby Hills of Bear Creek Rd, the switchbacks of Wildcat Canyon, and delight in the panoramic Grizzly Peak Drive, plus a great descent thru the redwood forest on Pinehurst Rd. Elev. 5,500 long route, and 2,500 short. No food for first 48 miles. This is one of my favorite rides! Yes, there are scenic worthy hills!</p>

SY16	Gabice Mare on the Adriatic Coast	Wheelmen Italy Tour 2016		Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> TBD Rolling/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> The dates are Sept 11-26th. The trip package (not including airfare) is 2 weeks at the Hotel Alexander, breakfast, lunch and dinner, bike rental, 2 excursions on the days off. On ride days, you can select between groups based on speed and distance, and a guide will be with each group. The hotel is located in the town of Gabice Mare on the Adriatic Coast, so it is easy to walk around town or to the beach. The approximate cost for two weeks is \$1500 per person based on double occupancy. The hotel provides some activities for non-riders. This is also a perfect time to extend your trip to see more of Italy! This first group is already filled. This second group still has spots available. Contact the leader if you wish to be put on the list.</p>
SY17	Yountville, Veteran's Home	Tour of Napa Valley	7:00 AM	Sandy Yarrow, 791-3426, skybike2@gmail.com	<p><b>Ride:</b> 35-40-65-100 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 791-3426, skybike2@gmail.com</p> <p><b>Description:</b> This is a beautiful ride around Napa Valley with options for 35, 40, 65 or 100 miles. Registration is required and can be completed at <a href="https://www.bikereg.com/40th-annual-tour-of-napa-valley">https://www.bikereg.com/40th-annual-tour-of-napa-valley</a> Registration is limited. There is NO day of registration. The event is hosted by Eagle Cycling Club. For more information, go to <a href="http://eaglecyclingclub.org/tour.html">http://eaglecyclingclub.org/tour.html</a>. Please remember to find the club sign in sheet at the start/finish and wear your Wheelmen clothing to get club mileage.</p>
TG01	Arden, Wayne's Bench, William Pond Park, Bike Trail at the end of Arden Way	Tuesday Breakfast Ride	8:30 and 9:00 AM	Tom Goodwin, 362-1780, tgoodwin0703@att.net Nick Hourigan, 487-0993, helnick@sbcglobal.net	
TGA01	Elk Grove, It's a Grind PL, Elk Grove Blvd & Waleman	Delta Grind	9:00 AM	Tom Gardner, 685-4085, tbgardner@surewest.net	<b>Leader:</b> <a href="mailto:Sandy.Yarrow.791-3426.skybike2@gmail.com">Sandy Yarrow, 791-3426, skybike2@gmail.com</a>
TGA02	Elk Grove, It's a Grind PL, Elk Grove Blvd & Waleman	Foothills/Delta Ramble	9:00 AM	Tom Gardner, 685-4085, tbgardner@surewest.net	<p><b>Description:</b> This is a beautiful ride around Napa Valley with options for 35, 40, 65 or 100 miles. Registration is required and can be completed at <a href="https://www.bikereg.com/40th-annual-tour-of-napa-valley">https://www.bikereg.com/40th-annual-tour-of-napa-valley</a> Registration is limited. There is NO day of registration. The event is hosted by Eagle Cycling Club. For more information, go to <a href="http://eaglecyclingclub.org/tour.html">http://eaglecyclingclub.org/tour.html</a>. Please remember to find the club sign in sheet at the start/finish and wear your Wheelmen clothing to get club mileage.</p>
TK01	Loomis, Loomis Community Park, King Rd & Ong	Green Hills	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 51 Rolling Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> Join me for an enjoyable spring ride through the green foothills of Loomis, Penryn, Newcastle and Lincoln. This fairly easy route goes to Camp Far West, with options to shorten.</p>
TK02	Loomis, Train Station, Horseshoe Bar & Taylor	Camp Far West	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 32-40-50 Rolling/Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> Loomis exit onto Horseshoe Bar Rd. and go north into Loomis. Cross Taylor and into the Train Station parking lot. We'll ride the foothills in and around Loomis, Newcastle, and Auburn. The ride goes to Camp Far West via Lincoln. 2300 ft of climbing on the long route.</p>
TK03	Loomis, Train Station, Horseshoe Bar & Taylor	Not Searching for Bike Trails	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 46 Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> We'll bicycle from Loomis to Lincoln, Ophir and Auburn with brunch at mile point 35 if you choose, before returning to Loomis. Climbs include Bald Hill, Indian Hill &amp; English Colony just before Sierra College. The rest of the ride is rollers. 3000 ft climbing (more or less).</p>

TK04	Oregon, Gold Hill	2016 Southwest Oregon Club Tour	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 400 Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> This is a 7-days of bicycling tour. The first day of riding is Sunday, July 31st as we leave Gold Hill, Oregon. Our nightly stopovers include Canyonville, Laverne Campground, Coos Bay, Humbug Mountain Campground, Agness Campground, Indian Mary Campground and then returning to Gold Hill. If we can organize it we will try to include the option of a jet boat ride from Gold Beach to Agness CG. This will depend on the ability to carry the bicycles on the vehicles to Agness from Gold Beach. Because of the remote areas that we will be camping in, there will be no arrangements for staying in hotels on this tour. We will have a slide presentation from when we did this tour in 1997-98 at the next Sacramento Wheelmen General Meeting at 7PM on March 10th at the REI near Cal Expo. Although there is no layover day on this tour, the day we ride into Coos Bay is a short day and there will be plenty of time to explore this interesting coastal town. We will cross the Coastal Range twice on this tour. The first time before we arrive at Laverne</p>
TK05	Glendale Oregon, Gledale High School	Oregon Club Tour 2014, "Glide Down the Drain"	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 401 Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> We are now taking applications to this year's week-long Oregon Tour. First day of riding is August 3, 2014. See Tim Koch for an attachment has all the information about the tour. Cost is \$300/person. Make checks to: SACRAMENTO WHEELMEN and mail them to Tim Koch, 4501 Hackberry Lane, Carmichael, CA 95608. Don't miss out on all the fun. Open to members of Sacramento Wheelmen only.</p>
TK05A	Loomis, Train Station, Horseshoe Bar & Taylor	In Search of Road-kill	9:30 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 35-52 Rolling/Moderate Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> We will leave Loomis on our way to Camp Far West Reservoir and return through Lincoln. We will have a warm up brunch at the 42 mile point at Kim's Country Kitchen in Lincoln before heading back to the start. As the fable goes, if we see any road-kill Groundhogs it will lessen winter by 64 days. That's one day for every year of age for Tim Koch. My ride . . . I make the rules. Come help us shorten winter. 2300 ft climbing.</p>
TK06	Loomis, Train Station behind Wild Chicken, Taylor & Horseshoe Bar	Toto, We're Not in Kansas Anymore	10:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 50 Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> This is anything but a flat ride. We do McElroy out of Meadow Vista. 4500 ft of climbing. Starting time is 10 because it's one day past the shortest day of the year, and it's going to be cold. 9:00 AM start ok.</p>
TK07	Loomis, Train Station, Horseshoe Bar & Taylor	In Search of Caddyshack Gopher	9:30 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 50 Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> Tomorrow is Groundhog Day but few people know that the Feb 1st is Gopher Day. We will go in search of the Caddyshack Gopher at all the nearby golf courses. Distance 50 miles with a mid-ride stop to warm up at the Coffee Republic in Folsom. Some rollers but basically travelling from Loomis to Folsom and back. Come join in the fun.</p>



TK08	Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Penryn to Lake of the Pines	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 49 Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> Travel the roads from Penryn, Auburn, past the Lake of the Pines and onto Dog Bar Road. From there we return through Meadow Vista and Auburn. Hopefully there will be enough hill climbing (3900 ft) to keep warm on the wintery ride.</p>
TK09	Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Ride Around the Block	9:00 AM	Tim Koch, 488-8218, mtkoch@surewest.net	<p><b>Ride:</b> 33-44-53 Rolling/Moderate/Hilly Flexible</p> <p><b>Leader:</b> Tim Koch, 488-8218, mtkoch@surewest.net</p> <p><b>Description:</b> From Shingle Springs, two routes take us to Placerville. The route splits after 24 miles and the long route continues on to Georgetown (market and cafes), plenty of climbing on both. The shortest option splits at Hwy 193 and 49 above Placerville.</p> <p><b>Ride With GPS:</b> <a href="http://ridewithgps.com/routes/4289622">http://ridewithgps.com/routes/4289622</a>  <a href="http://ridewithgps.com/routes/4289602">http://ridewithgps.com/routes/4289602</a> <a href="http://ridewithgps.com/routes/4289595">http://ridewithgps.com/routes/4289595</a></p> <p><b>Cue Sheet:</b> <a href="http://www.sacwheelmen.org/Resources/Documents/CSTG02.xls">http://www.sacwheelmen.org/Resources/Documents/CSTG02.xls</a></p>
	Lew Howard Park, Baldwin Dam Rd Folsom	Folsom 09 Auburn Canyon	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 51 - 59 Hilly/Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> the ride goes to Auburn, into the Auburn Canyon and then returns through Newcastle. Copy link to your browser for description  <a href="http://ridewithgps.com/routes/7818082">http://ridewithgps.com/routes/7818082</a> long  <a href="http://ridewithgps.com/routes/8585391">http://ridewithgps.com/routes/8585391</a> short</p>
	South West corner Blue Ravine and East Natoma, Folsom	Folsom 15 Placerville	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 32 - 56 Hilly Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> The ride goes through El Dorado Hills and Shingle Springs to Placerville. Copy link to your browser for description  <a href="http://ridewithgps.com/routes/16781393">http://ridewithgps.com/routes/16781393</a> long  <a href="http://ridewithgps.com/routes/16781554">http://ridewithgps.com/routes/16781554</a> Short</p>

	Lew Howard Park, Baldwin Dam Rd Folsom	Folsom 12 Meadow Vista	8:30 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 49-59-78 Hilly, Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride to Auburn, Meadow Vista, Lake of the Pines, and New Castle Copy link to your browser for map  <a href="http://ridewithgps.com/routes/11957255">http://ridewithgps.com/routes/11957255</a> long  <a href="http://ridewithgps.com/routes/11957544">http://ridewithgps.com/routes/11957544</a> Medium  <a href="http://ridewithgps.com/routes/11976396">http://ridewithgps.com/routes/11976396</a> Short</p>
	Folsom, Lew Howard Park, Baldwin Dam Rd	Folsom 13 Colfax	8:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 46- 68 -76 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 534-6202, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> Short ride goes to Bowman, medium to Weimar, and long to Colfax Copy link to your browser for <a href="https://ridewithgps.com/routes/15121963">https://ridewithgps.com/routes/15121963</a> Long <a href="https://ridewithgps.com/routes/15122566">https://ridewithgps.com/routes/15122566</a> medium <a href="https://ridewithgps.com/routes/15122279">https://ridewithgps.com/routes/15122279</a> short</p>
	Folsom, Lew Howard Park, Baldwin Dam Rd	Sunday Funday!	8:00 AM	Shelly Barrette, 698-4591, goshellygo@yahoo.com	<p><b>Ride:</b> 48 Moderate Casual</p> <p><b>Leader:</b> Shelly Barrette, 698-4591, goshellygo@yahoo.com</p> <p><b>Description:</b> Ride will include Barton, Rutherford Canyon, Indian Hill and more! 48 miles-2800 feet....options to shorten!</p>
	Carmel, Carmel Middle School	Carmel Valley Double Century	4:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 200 Mountainous Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429. bionicbabe@comcast.net</p> <p><b>Description:</b> Scenic loop with about 14,000 feet of elevation gain. Ride begins in Carmel-by-the-Sea, moves along Pacific Coast Highway to Big Sur, then onto Lucia before climbing Nacimiento-Ferguson Road to Jolon-Lockwood and then, eating lunch Bryson-Hesperia between Lake San Antonio and Lake Nacimiento. Proceed to San Lucas, King City, Coburn and Greenfield before returning to Carmel. Must register in advance. Visit <a href="http://carmelvalleydouble.com">http://carmelvalleydouble.com</a> for details. Must wear Wheelmen Jersey to get club miles.</p>
	Lew Howard Park, Baldwin Dam Rd Folsom	Folsom 13 Colfax	8:00 A.M.	Ken Bell, 534-6202, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 46 - 68 -76 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 534-6202, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> Short ride goes to Bowman, medium to Weimar, and long to Colfax Copy link to your browser for <a href="https://ridewithgps.com/routes/15748229">https://ridewithgps.com/routes/15748229</a> Long <a href="https://ridewithgps.com/routes/15122566">https://ridewithgps.com/routes/15122566</a> medium <a href="https://ridewithgps.com/routes/15122279">https://ridewithgps.com/routes/15122279</a> short</p>
	Hopland CA, Fetzler Vineyards, 12901 Old River Rd	18th Annual Harvest Ride	7:00 AM	Needs a ride leader	<p><b>Ride:</b> 11-31-62 Flat/Rolling/Hilly Flexible</p> <p><b>Leader:</b> Needs a Ride Leader</p> <p><b>Description:</b> This ride is located about one hour north of Santa Rosa. There are three routes of interest, a hilly metric starting at 7:00-7:30, a rolling metric starting at 7:30-8:00, 31 mile fun ride starting at 9:00-9:30. Riders who register using "Wheelmen" as a discount code will get a 10% discount. Much of the ride mileage is over recently resurfaced roads; and there is a 9.5 mile climb on the 65-mile hilly route for which you can be timed if you wish - prizes for top finishers of the climb. Go to <a href="http://harvestride.com">harvestride.com</a> for information and registration. Must wear Wheelmen Jersey to get club mileage.</p>

	South West corner Blue Ravine and East Natoma, Folsom	Auburn Meadow Vista	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 33 - 56 - 65 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will go through Shingle Springs to Placerville and Ceder Ravine, returning through El Dorado Hills. Copy link to your browser for description <a href="http://ridewithgps.com/routes/3265907">http://ridewithgps.com/routes/3265907</a> long  <a href="http://ridewithgps.com/routes/3266009">http://ridewithgps.com/routes/3266009</a> medium  <a href="http://ridewithgps.com/routes/3266087">http://ridewithgps.com/routes/3266087</a> short</p>
	Lew Howard Park, Baldwin Dam Rd Folsom	Folsom Auburn	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 49 - 59 - 78 Hilly Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride to Auburn, Meadow Vista, Lake of the Pines and New Castle. Copy link to your browser for description <a href="http://ridewithgps.com/routes/11957255">http://ridewithgps.com/routes/11957255</a> long  <a href="http://ridewithgps.com/routes/11957544">http://ridewithgps.com/routes/11957544</a> medium  <a href="http://ridewithgps.com/routes/11976396">http://ridewithgps.com/routes/11976396</a> short</p>
	Lew Howard Park, Baldwin Dam Rd Folsom	Folsom Auburn	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 50-64 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will go through Auburn to the American River, returning on Mt. Vernon and Sierra College. Copy link to your browser for description <a href="http://ridewithgps.com/routes/3420676">http://ridewithgps.com/routes/3420676</a> long  <a href="http://ridewithgps.com/routes/3420723">http://ridewithgps.com/routes/3420723</a> short</p>
	South West corner Blue Ravine and East Natoma, Folsom	Deer Valley	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 45 - 64 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride Deer Valley to Shingle Springs and French Town, returning through El Dorado Hills. Copy link to your browser for description <a href="http://ridewithgps.com/routes/11749179">http://ridewithgps.com/routes/11749179</a> long  <a href="http://ridewithgps.com/routes/11583142">http://ridewithgps.com/routes/11583142</a> short</p>
	Carmichael, Five Points Shopping Center, Fair Oaks & Arden Way	May is Bike Month - Great Scott Bike Event	7:30 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 40-63 Flat/Rolling Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> As part of May is Bike Month, Sacramento Co. closes part of Scott Rd to traffic providing an opportunity for a beautiful ride in the country with no car traffic once out of the city. Come and ride with other cyclists enjoying the day. Wear your Sacramento Wheelmen jersey to show our support of the event and show off our numbers. The longer ride starts at 7:30 from Five Points. Short starts 9:00 AM near Starbucks on the SW corner of Bidwell St &amp; Broadstone Pkwy in Folsom. We'll ride to the later start location and meet up with those riding the shorter route. Hang out? Have lunch? and return at your leisure. For more information, go to <a href="http://www.bikegreatscott.com">www.bikegreatscott.com</a>.  <input type="checkbox"/></p>

	Davis, Bicycle Hall of Fame	Davis Double Century Workers Ride	4:15 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net	<p><b>Ride:</b> 200 Moderate Flexible</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net Doug Beisner, 635-2680, sierraranch@sbcglobal.net</p> <p><b>Description:</b> 200 miles through Yolo, Napa, and Lake counties. 8400 ft elevation for those who work the main event. Visit <a href="http://www.davisbikeclub.org">http://www.davisbikeclub.org</a> for information. Contact ride leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.</p>
	Folsom, Auburn Folsom Rd & Folsom Lake Crossing. Use the 7-11 parking lot across from Folsom Bike.	Fit N Social Series #1 Nice and Easy	9:00 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 34-45 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Lets get acquainted and get fit! This ride is the first of a series, and will gradually build in distance and intensity. Today's ride will start together, then regroup once, or twice, then split while the faster riders continue on a longer route, then we all meet again for coffee, before returning to the start. The idea is to get to know everyone, and fall into a compatible ride group. Long route extends to Deer Valley and Ponderosa before rejoining for Coffee enroute.</p>
	Folsom	AMGEN Time Trials	TBD	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> The dates for Santa Cruz are March 14-17. Arrive Mon-check out Thurs. Drive or take the train. To reserve, call Katrina at 1-831-458-9660 from 7-3p (she's off Wed &amp; Thurs). The cost is \$80 per room with 2 queens. Breakfast included. There will be route options for each day, and you can also just hangout along the coast. Happy hour each day after the ride. Amtrak Capitol Corridor Westbound train 527 leaves Sac at 07:00, and arrives in San Jose at 10:13, cost is \$40 or \$34 for seniors, each way. Eastbound train 538 leaves San Jose at 3:10 and arrives in Sac at 6:23p. If you are really fast, the 532 leaves SJ at 12:20 and arrives in Sac at 3:28p. You can also take the train to Jack London Square, and ride from there. If you plan to take the train, make arrangements to send your bags with someone.</p>
		AMGEN Finish	TBD	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 200 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> The dates for Santa Cruz are March 14-17. Arrive Mon-check out Thurs. Drive or take the train. To reserve, call Katrina at 1-831-458-9660 from 7-3p (she's off Wed &amp; Thurs). The cost is \$80 per room with 2 queens. Breakfast included. There will be route options for each day, and you can also just hangout along the coast. Happy hour each day after the ride. Amtrak Capitol Corridor Westbound train 527 leaves Sac at 07:00, and arrives in San Jose at 10:13, cost is \$40 or \$34 for seniors, each way. Eastbound train 538 leaves San Jose at 3:10 and arrives in Sac at 6:23p. If you are really fast, the 532 leaves SJ at 12:20 and arrives in Sac at 3:28p. You can also take the train to Jack London Square, and ride from there. If you plan to take the train, make arrangements to send your bags with someone.</p>

Loomis Train Station	Fit N Social #2 Let's Kick It Up A Notch	9:00 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 44-58 Hilly Flexible</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> We start together with a regroup at mi 4.3, then continue into Lincoln, then we split off. Both routes get to climb Baxter, and the long route goes into Auburn for some extra fun, and we all regroup at Newcastle Produce for some Social Time. 2565 and 3343 ft of climbing.</p>
Hayfork CA	Hayfork Century	7:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 19-45-70-115-126 Rolling/Hilly Casual</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> go to hayforkcentury.com for details. Must wear the Wheelmen jersey for club miles.</p>
Cameron Park, Green Valley and Cambridge Rd	Ken's Ride	8:30 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 45-79 Hilly, Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> The ride will go to Placerville and up Starks Grade to Pollock Pines. 3145 or 6644 Feet. Copy link to your browser for description.  <a href="https://ridewithgps.com/routes/13801701">https://ridewithgps.com/routes/13801701</a> long  <a href="https://ridewithgps.com/routes/13913009">https://ridewithgps.com/routes/13913009</a> medium</p>
	Ride Idahoe			<p>This is a supported 7 day tour through Idahoe. It's tentatively on our schedule at this point - If a Club Member chooses to go, then he/she will be the Ride Leader. Price is \$950 (\$850 if 5 or more club members go. Check it out at <a href="http://rideidaho.org">rideidaho.org</a>.</p>
Marin County Fairgrounds	Mt. Tam Double Century/Marin Century	5:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 100K-220K-100-200 Rolling/Hilly Casual</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> Go to marincyclists.com for details. Must wear the Wheelmen jersey for club miles.</p>
Bishop, CA, 651 N. Main	White Mountain Double Century	5:00 AM	Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 200 Rolling/Hilly Casual</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> Go to granfondoguide.com for details. Must wear the Wheelmen jersey for club miles.</p>
Vacaville, CA	Knoxville Fall Classic		Joni Bauer, 209-482-2429, bionicbabe@comcast.net	<p><b>Ride:</b> 100 Rolling/Hilly Casual</p> <p><b>Leader:</b> Joni Bauer, 209-482-2429, bionicbabe@comcast.net</p> <p><b>Description:</b> Go to granfondoguide.com for details. Must wear the Wheelmen jersey for club miles.</p>
Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Cavanaugh South Ride Series	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 35-80 Flat/Rolling Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> We will do moderately paced rides (15-17 mph) in the Sacramento River Delta to Rio Vista, Courtland, Grand Island, Thornton, Lodi and other points south. Ride destinations will be announced at the ride start, but will be sufficiently flexible to allow riders to go where they want. Rain cancels.</p>

	Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Cavanaugh South Ride Series	9:00 AM	David Storm, 665-2169, infobiker@yahoo.com	<p><b>Ride:</b> 35-80 Flat/Rolling Flexible</p> <p><b>Leader:</b> David Storm, 665-2169, infobiker@yahoo.com</p> <p><b>Description:</b> We will do moderately paced rides (15-17 mph) in the Sacramento River Delta to Rio Vista, Courtland, Grand Island, Thornton, Lodi and other points south. Ride destinations will be announced at the ride start, but will be sufficiently flexible to allow riders to go where they want.</p>
	South West corner Blue Ravine and East Natoma, Folsom	Folsom 10 Shingle Springs	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 45 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride to Shingle Springs returning through El Dorado Hills. Copy link to your browser for description: <a href="http://ridewithgps.com/routes/11583142">http://ridewithgps.com/routes/11583142</a></p>
	South West corner Blue Ravine and East Natoma, Folsom	Folsom 02 Ceder Ravine	9:00 AM	Ken Bell, 962-3841, kenbell4957@sbcglobal.net	<p><b>Ride:</b> 33 - 56 - 65 Mountainous Flexible</p> <p><b>Leader:</b> Ken Bell, 962-3841, kenbell4957@sbcglobal.net</p> <p><b>Description:</b> We will ride to Placerville through Shingle Springs returning through El Dorado Hills. Copy link to your browser for description: <a href="http://ridewithgps.com/routes/3265907">http://ridewithgps.com/routes/3265907</a> long  <a href="http://ridewithgps.com/routes/3266009">http://ridewithgps.com/routes/3266009</a> medium  <a href="http://ridewithgps.com/routes/3266087">http://ridewithgps.com/routes/3266087</a> short</p>
	Folsom, Nimbus Fish Hatchery, Gold Country Blvd & Hazel	Amgen Tour Ride	8:30 AM	Sandy Yarrow, 802-0898, skybike2@gmail.com	<p><b>Ride:</b> 50 Flat/Rolling Casual</p> <p><b>Leader:</b> Sandy Yarrow, 802-0898, skybike2@gmail.com</p> <p><b>Description:</b> Let's ride to downtown Sacramento to watch the 10th Tour of California Race. The men start at 10:50, and the 3 stage women's, 2 mile circuit race starts at 11:15 -ends about 1PM, then the men come charging in for their finals laps shortly after 2PM. You can valet your bike during the festivities, and be free to walk around, then ride home afterward or hop on light rail back to your vehicle. You can also park at Sac State, and shorten the distance. It would be great to see some Wheelmen jerseys out there! I will send out more details as the time nears.</p>









































































[Register online—no additional fee—at http://www.communitycenterfortheblind.org/pedaling-paths](http://www.communitycenterfortheblind.org/pedaling-paths)

**Ride:** 200 Moderate Flexible

**Leader:** Joni Bauer, 209-482-2429, bionicbabe@comcast.net  
Doug Beisner, 635-2680, sierraranch@sbcglobal.net

**Description:** This is the pre-ride for those volunteers working the main event. 200 miles through Yolo, Napa, and Lake counties. 8400 ft elevation. Visit <http://www.davisbikeclub.org> for information. Contact ride leaders if unable to locate ride roster. Must wear Wheelmen Jersey to get Club Mileage.