

# Sacramento Wheelmen Club Newsletter



2022, Issue 4

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## Event Calendar Report

The next Club Business meeting is scheduled for Wednesday, October 26, 2022, at 6:30 PM, via ZOOM. Here is the Zoom link:

Topic: Sacramento Wheelmen Zoom Meeting

Time: Oct 26, 2022 06:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87542237699?pwd=UGtySW1SVUdQZ3lTdEZUNGZTHBDQT09>

Meeting ID: 875 4223 7699

Passcode: 527907

### Meeting Agenda

1. August 17 Zoom Meeting Minutes (Debbie Finley)
2. Membership Report (Bryan Stevinson)
3. 2023 Club Banquet on Jan. 28 (Tom Adams)
4. 2022 Budget Report (Bob Storelli)
5. 2023 Proposed Budget (Action Item) (Bob Storelli)
6. 2023 Board Member Nominations (Action Item) (Tom Adams)
7. Club Picnic Report (Tim Koch/Sandy Yarrow)

8. European Tour Report (Sandy Yarrow)
9. New Club Web Site (Tom Adams)
10. New Proposed Safety and Advocacy Committee (Linda Laswell)

## Club Business Report

### VELO PROMO LLC PICKS UP SIERRA CENTURY SIGNAGE

There were no voting items on the August 17 club meeting agenda, but there was plenty of information to share: the proposed 2023 club charitable donation amount, the venue for the next club banquet, the venue for the next club picnic, the fundraising result of the 2022 Oregon Tour, and the progress being made to clear out the club's storage locker.

The Board has set aside \$2,000 for charitable giving in the 2023 budget. It's a lot more than the club has set aside for that purpose in recent years but an amount the Board feels is appropriate given the healthy club reserve and cost-cutting efforts under way. The membership will have an opportunity to vote on the proposed donation amount when the 2023 budget comes up for approval at the club's October Zoom meeting. Following the August meeting, the donation committee (Glenn Moore, Linda Zeiszler, and Clifford Marr) invited the membership to suggest recipients. The recipient(s) will be announced following the October meeting.

Last year, we cancelled the planned Awards Banquet at the Dante Club due to pandemic concerns. As a result, the Dante Club retained our \$500 deposit for a future event. The Board has decided that the future event will be held next year at the Dante Club. Masks are down everywhere. The Board would like to give normal a try and make use of the \$500 deposit. That's the plan, anyway. Dan Anglim has again agreed to be our representative with the Dante Club.

Our Club Picnic this year on October 22 at Hagan Park occurred on the same day the American River Parkway Foundation held its annual cycling fundraiser on the parkway. Few club members rode to the picnic location when we held picnics in Loomis; Hagan Park, however, was more conveniently located for many members. At the August meeting, the club decided to ask those who ride to the start to contribute money so that food can be purchased in lieu of them bringing a dish. Otherwise, we decided that those who drive to the picnic can bring the food they signed up for as we have done in the past. Sandy Yarrow and Tim Koch agreed to share picnic organizing duties.

As a fundraiser, the 2022 Oregon Tour brought in \$2,400.54. The all-hotel tour over seven days of riding was enjoyed by 46 club members. Since the August meeting, Tim Koch has been gathering suggestions for improving the next Oregon Tour, specifically addressing ways to improve the all-hotel experience.

Sandy Yarrow announced that 19 club members remained signed up for the European Tour. Participants flew out on Sept. 4 and returned on Sept. 25. Sandy made all the arrangements this time: hotels, bus driver, routes. Sandy is already making plans for 2023, but she vows to not take on the kind of work load involved with the 2022 tour.

It's not easy to find a new home for all the Sierra Century signage that we have been storing in our club locker, but thanks to Debbie and Bruce Finley, it happened. Robert Leibold came to the rescue. He owns Velo Promo LLC, a small business that does logistic work for amateur cycling events in Northern California and Nevada. The Finleys put us in contact with him. He picked up our signage and a lot more. It will be put to good use supporting cycling in the region.

Bryan Stevinson, Club Membership, reported 323 active members.

## Ride Calendar Report

The ride calendar is still shy on Sunday rides...reach out to Ride Director Mabel to get your ride on the calendar. The updated website makes it VERY easy to submit a ride for the calendar. In the meantime, us Wheelies are out there riding!

### KONOCTI CHALLENGE, OCTOBER 1, 2022



Wheelmen looking GREAT!

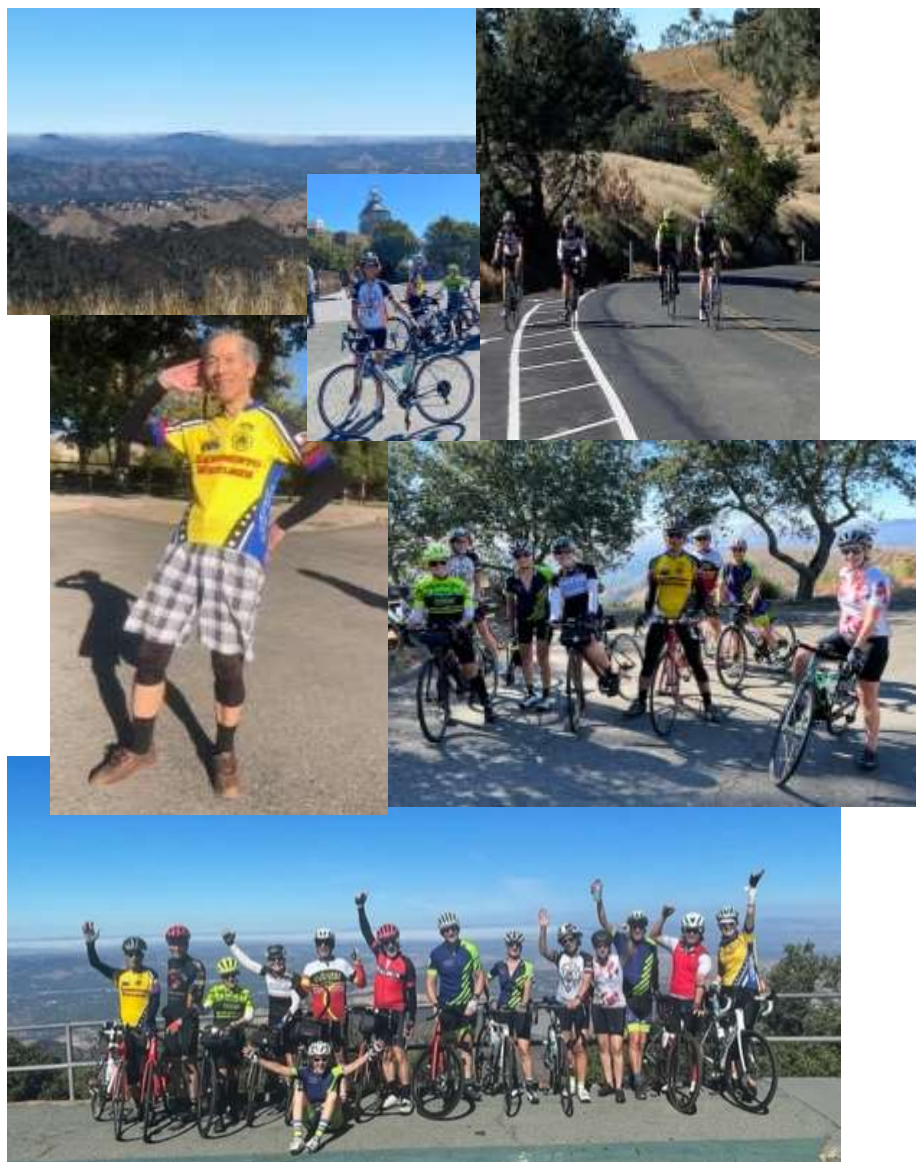
### PETER B.'S WOODLAND WONDERLAND, OCTOBER 8, 2022

The route worked out well with long stretches down the river road and through the farm country SW of Woodland towards Davis. Sometimes one discovers a hidden gem on a ride. For Peter and his riders that would be Morgan's Mill Coffee. Cozy inside, spacious and shady outside, good coffee & food, & with a cultural vibe. Peter et al also enjoyed meeting the guest rider, a UCD statistics professor who is training for the Foxy Fall event.



## MOUNT DIABLO SFCC ENDURO RIDE, OCTOBER 1, 2022

On Saturday, October 1, a Wheelmen contingency of eight joined the SFCC Enduro Ride that took place at Mount Diablo. The route started in Danville and headed up and down Mount Diablo then continued around the State Park and the Morgan Territory Regional Preserve. It was a humbling ride with 64 miles and 6,673 feet of climbing. Lots of moaning, groaning, and whining from the “caboose” rider but all the Wheelies finished. Congrats and a big thank you to SFCC for the invitation!



# Travel Report

## ZODIACS – Domestic Cycling Trips

### Upcoming Zodiacs

The next planned Zodiac is not until January of 2023. Do **YOU** have an idea for a Zodiac? It's fun to plan a Zodiac trip - as leader you get to pick a place **YOU** want to go, when YOU want to go... Is there a location where you have always dreamed of riding? Plan a zodiac! And you don't have to recreate the wheel – the club has a library of Zodiacs from which to choose. It's easy and fun, let's partner up and plan one!

## TOURS – International Cycling

The official 2022 Wheelmen European cycling trip happened September 5-25 where we cycled in the lovely Italian Alps and the Dolomites, as well as around Lake Como. Look for the trip report in the next newsletter. In the meantime, get excited for next year's European trip, also in Italy. The trip starts at the renowned Hotel Alexander in Gabcice Mar and ends in Rome. MAMA MIA!!

## Miscellaneous

### COUNTY PASSES ORDINANCE TO PROTECT THE PARKWAY

In August, the Sacramento County Board of Supervisors approved an ordinance prohibiting “camping or constructing, maintaining or inhabiting any structure or camping facility in the American River Parkway.” Accumulating furniture, household goods, or other items to create a structure is also prohibited. Generators and containers of flammable liquids are banned.

The capacity of law enforcement is one factor in implementing the County ordinance. More critically, perhaps, will be the availability of shelters. A 2018 federal appeals court ruling prohibits enforcement of anti-camping laws if enough shelter space is not available.

That ruling also applies to a new law Governor Gavin Newsom signed on Sept. 14. It gives family members and first responders the ability to ask a judge to draw up a treatment plan for severely mentally ill people and if they refuse, they can be placed under a conservatorship and ordered to comply.

Although the new law does not specifically target homeless people, it seems pretty clear that it is a response to the number of mentally ill people wandering the streets in California.

“Continue to do what you've done and you get what you've got. And look what we have. It's unacceptable,” Newsom said before signing the law.

Currently, severely mentally ill people can only be held against their will at a psychiatric hospital for three days. The new law would allow the court to order a treatment plan for up to two years. Medication, housing, and therapy could be included in the plan.



Special courts in each county need to be set up to enforce this law. Counties which do not participate can be fined \$1,000 per day. Implementation will depend on sufficient funding, housing and workers. Assuming that falls into place, seven counties, not including Sacramento, will start the program beginning Oct. 1, 2023. All California counties have until Dec. 1, 2024.

The American River Parkway Foundation (ARPF) estimates there are between 2,000 and 3,000 homeless people currently camping along the 23-mile stretch of the parkway. Earlier this year, the Sacramento Wheelmen joined the Voice of the Parkway Coalition established by the ARPF. The coalition's purpose is to remove homeless people from the parkway by pressuring city and county elected officials to take action.

In September, in one day more than a thousand volunteers removed more than 35,000 pounds of trash from the American River Parkway, largely the result of homeless campers. Coverage by Channel 10 included video of piles of trash, and in the trash: bicycle frames and wheels.

## WHEELMEN STORAGE LOCKER EXPENSES COME TO AN END

On Sept. 27, Tom Pon picked up two storage racks from the club locker space at Tiger Self Storage and that ended the club's long relationship with that facility which has been storing Wheelmen supplies, including large pots and skillets that were last used "back in the day" when Wheelmen volunteers prepared the after-ride Sierra Century meal.

Moving out of the storage locker will save the club \$2,200 per year. Essential supplies for Zodiacs, the Oregon Tour, the annual banquet, and the annual club picnic have been moved elsewhere. Most of the retained supplies are in a storage shed on Tim Koch's property (guarded by goats).

For a long time, the club rented two large storage lockers, then one, and now none.

The locker project succeeded thanks to club members who stepped forward to help organize and consolidate supplies. Other organizations were contacted and helped out, including a small business that does the ground work for amateur racing in Northern California and Nevada. That business took nearly all of the club's signage supplies. In the end, very little was left over and the storage facility managers agreed to take care of what little remained. The Club did not take anything to the dump.

Although we were caught off guard when the large ice chests started giving birth to small ice chests, we found new homes for all of them.

It does seem to diminish any near-future plans of re-establishing the Sierra Century. The Napa Century has also ended. The Konocti Century is going to end. The club's last Sierra Century, a metric century, was in 2019. That year the cycling calendar was very crowded, including a nearby cycling event (a fundraiser for a cause as opposed to a club) on the same weekend as the Sierra Century. Political obstacles on the ground, diminishing enthusiasm within the club, and fewer cyclists participating added to the demise of the Sierra Century. We didn't lose money in 2019, but a lot of club energy went into an event that didn't raise much of it.

Now that the club has significantly reduced its expenses by moving out of the locker, we are in a position to operate with a balanced budget without raising dues, and we can turn our attention to being more philanthropic, especially given our healthy budget reserve.

## RAGBRAI XLIX: *Our Virgin Voyage*

By Joni Bauer and Doug Beisner

An e-mail from Doug with the subject, "Iowa Here We Come!" appeared in my inbox on September 21, 2021. The message read, "We ARE going to do this 2022!" and contained a link to a YouTube video titled [450 MILES ON A TANDEM BICYCLE \(this is how it ended\)](#). The video chronicled the adventures of a young couple on their first tandem ride: RAGBRAI XLVIII. Doug sent the e-mail four days after we learned I had ampullary cancer. Several factors motivated him to ride RAGBRAI:

1. experience small town America;
2. have the most fun one can have while wearing clothes; and, most importantly,
3. set a goal for my recuperation from a Whipple procedure.

During a conversation with his sister about my health and the recovery goal, Doug mentioned riding "this crazy ride across Iowa." She replied, "What's wrong with you people? Why would anyone ride a bike across Iowa?" Doug responded, "Because we can." She shared, "I have a client who does this stupid ride every year," gave Paul's phone number to Doug, and told him to call.

Doug called Paul after my release from UCSF Bakar Cancer Hospital in November 2021. Paul sounded delighted about our joining his team: Team Moore-On. (RAGBRAI XLIX was the team's 33<sup>rd</sup> RAGBRAI.) When Doug told Paul we planned to drive the ol' 1985 Ford F150 to Iowa, Paul exclaimed, "Oh, good! You can tow the Moore-On trailer with our bikes and gear!" The trailer annually hauls cycling paraphernalia from Sacramento, California to Ponca, Nebraska, where Paul stores the motor home affectionately christened the Mooreonosaurus. (Team Moore-On members hail from California, Florida, Illinois, Iowa, Minnesota.)



Doug and Paul coordinated logistics, and, after a few conversations, formulated a plan. Paul and his good friend Larry planned to fly to Omaha, Nebraska; we were to meet them at Eppley Airfield on Friday afternoon. We arrived on time (NOT Joni time) and headed to Ponca to get the Mooreonosaurus from the barn.

Miraculously, the beast fired up after sitting for a year! After a little cleaning, we were en route to Sergeant Bluff, Iowa, but not before dining at world famous Bob's Bar in Martinsburg,



Nebraska, just eight miles along a gravel road from the barn. People packed the greasy spoon! (I ate shredded lettuce.)

We arrived at our host's home in Sergeant Bluff on Saturday, extricated the tandem from the trailer and pedaled 10 miles to the Missouri River to dip the rear wheel.

The big day finally arrived: Day One of RAGBRAI XLIX—Sergeant Bluff to Ida Grove. The DES MOINES REGISTER estimated 30,000 bikes traveled 55 miles with 2,550 feet of elevation gain that day. (Good thing Doug's the skilled tandem captain he is, able to negotiate massive crowds. Imagine the catastrophe had I ridden a single bike!)



Cell phone service was spotty at best during RAGBRAI XLIX despite attempts to enhance access. The staggering number of riders overwhelmed the system. Consequently, we did not connect with ride leader Rod Farley and his sisters. (Rod rode RAGBRAI twice with Team Moore-On.)



Day Two found us riding to Pocahontas: 77 miles with 1,820 feet of climbing. We passed through Schaller, a town that boasts being the popcorn capital of the world. Of course, we sampled. And we took advantage of a photo op with Bufford, a very patient 2,500 pound steer which I erroneously referred to as a cow.

Our journey continued to Emmetsburg—60 miles with 700 feet—on Day Three. Doug couldn't resist a famous pork chop from Mr. Pork Chop's pink truck. We spent a couple of hours admiring the [Shrine of the Grotto of Redemption](#) in West Bend and chatted with a man who helped complete the Grotto when he was a young boy. (He now performs routine maintenance.)



Trinity Episcopal Church graciously opened its basement to Team Moore-On. Everyone cleaned up thanks to the Team Moore-On portable outdoor shower fabricated by one of the Minnesotans. Only two others used less water than I!

The next leg ended in Mason City: 108 miles with 1,730 feet of climbing in six hours (saddle time). RAGBRAI dedicated this day to RAGBRAI co-founder John Karras, who passed on November 10, 2021, at 91. The highlight of the day was a visit to the Hobo Museum in Britt, Iowa. (A hobo travels and is willing to work, unlike a tramp who travels but is unwilling to work or a bum who neither travels nor is willing to work.) Mason City treated riders to an amazing concert that night: Don Felder, former lead guitarist of the Eagles. (Don co-wrote many hits with Glenn Frey and Don





Henley.) Felder rocked the house! He looks FABULOUS at 74 years of age. I just hope Doug looks that good in 10 years!

We headed to Charles City on Day Five, an easy 48 miles with 1,170 feet of elevation gain and plenty of opportunities for Doug to sample beer while I danced in the street in Marble Rock.

Doug and Paul found free beer on Day Six to West Union (67 miles with 2,000 feet of climbing). Need we say more?

Our final day was, by far, our fastest and most scenic: 69 miles with 2,900 feet of elevation gain in four hours, eight minutes. We dipped the front wheel in the Mississippi River for a total of 502 miles and 12,810 feet of climbing in seven days. *Fait accompli!*

The next mission of our adventure was to transport three members of Team Moore-On to Des Moines, Iowa and three members to Omaha, Nebraska to catch a flight to Sacramento. We accomplished our second mission with five minutes to spare. Now, onto Ponca, Nebraska to put the Mooreonosaurus to bed for another year, pick up the truck, and head to Mount Rushmore and Sturgis, South Dakota.



Iowa's gracious hospitality, corn and soybean fields, and overall ambiance impressed us. We remain in awe that lowans welcome strangers into their homes to use bathrooms and showers. Even the weather cooperated!

Mild temperatures and low humidity prevailed throughout the week. A few raindrops fell, although showers were short-lived. Law enforcement—Iowa State Patrol, local sheriff, and police—stopped traffic, ensured riders remained on course, blasted awesome tunes at intersections, and shared the joys of Iowa with us.

We heard a rumor that RAGBRAI L will retrace the original route co-founders John Karras and Donald Kaul pedaled in 1973. Organizers predict upwards of 100,000 riders on the first day next year. We plan to be among them. Join us on Team Moore-On next year!



*Joni's Note:* RAGBRAI XLIX was possible for me thanks to Ajay Maker, MD, FACS, FSSO, Professor and Chief of Surgical Oncology, University of California, San Francisco. Dr. Maker saved my life. I am grateful to him, his amazing team (Stacy, Michael, Jabbari, Jessi, Axel, Crystal, et al.) and the dedicated, compassionate nursing staff at UCSF Bakar Cancer Hospital. Believe me when I say, "I'm a lucky girl." And then, there's Doug. . .♥♥♥

## DICK SCHULTZ - SERIOUS INJURY BY VEHICLE

A cherished member of our club, Dick Schultz, was on his bike on October 6 and was hit by a car. This occurred around 7:45 AM on Iron Point in Folsom. He is currently recuperating. Dick makes progress everyday but he is facing an extended recovery from his many injuries. As many of us know, Dick has an incredible positive outlook and knows his family and friends will be at his side and pulling for a full recovery. Feel free to send him a card (a milestone birthday

is on October 26!!): Dick Schultz, 2075 Iron Point Road, Apt. 649, Folsom, CA 95630. Please keep him in your thoughts and prayers.

A big thank you to Linda Zeiszler for interfacing with and being the club's primary contact for Dick and his family.



## VOLUNTEERING OPPORTUNITIES

Run to Feed the Hungry - Support the iconic Run to Feed the Hungry on Thanksgiving morning via your bike! This Thanksgiving tradition benefits Sacramento Food Bank & Family Services, meaning your participation will help fight hunger in our community, not to mention you get a free T-shirt, AND soak in all that good energy from the holiday runners! For us this is an annual ride for volunteering at the running event. The ride leaves at 7am from Five Points Shopping Center in order to get to the Scottish Rite Temple before 8. Once at the Temple you will be assigned a course location and receive your event T-shirt. All the details are on the Ride Calendar here: <https://sacwheelmen.wildapricot.org/event-5015873>. Reach out to Fred Turner for more info and with questions: [ft58@sbcglobal.net](mailto:ft58@sbcglobal.net)

California International Marathon (CIM) – Last year we had the opportunity to support the amazing athletes of the CIM. What a cool experience – we worked the Finish Area Gear Check and we saw it all – the thrill of victory and the cramping of completion. Please mark your calendars for the morning of Sunday, December 4 of 2022 to support this incredible race, details to follow.



## TOM GOODWIN BIRTHDAY BASH!

On Tuesday, October 11<sup>th</sup>, the club showed up in force to celebrate Tom's 97<sup>th</sup> birthday! Approximately 50 people went to his birthday breakfast at Aviator's Restaurant, some dined and some just stopped by to share in the birthday wishes. A good time was had by all, most importantly by Tom.

