

#### Sacramento Wheelmen's Ride Schedule & Newsletter

# OREGON TOUR 2012

Let's start with Saturday, August 4th. We gathered that evening to begin the tour. With warm weather, we had our first meal together at the KOA just east of Corvallis. Here Tim, our fearless guide and tour leader, flatly stated "This is the best deal in America for a supported bicycle tour!" My eyebrows rose a bit. A bold statement, to be sure. True, the Mid-Willamette Valley is a wonderful place to ride. Usually tours take a bit to meld and form. There was just a nice feeling of camaraderie from the beginning. We all helped with some cooking duties and van unloading. We discussed the maps and where we were heading. One started to see the variety of tents; from the micro one man MSR to the palatial with 18" thick air mattresses and chairs, and the variety of low to high tech camping gear. For me, it was looking at the variety of bicycles, components and clothing. I saw my first pair of Sidi shoes with flowers all over them. Nice touch!

Sunday A.M., with blue skies, we all made our breakfast and lunch sandwiches. My favorite was Dave's Killer Bread with 1/4" Peanut-butter, and power bar chips topped with cream cheese. With this nicely stowed in my center jersey pocket, I and the rest of our troupe headed off to McMinnville and the Evergreen Air Museum. Here, the Central Valley Delta is flat, flat, and more flat. The Willamette

Look what's inside . . ...

- 3 Presidents Report
- **4** Eppie's Great Race
- 5 Patriot's Move'n On Up!

Valley is 'flat' but flat means rolling hills. These rollers stayed with us as we headed north up the valley. Close to the end of the day we saw in the distance a white 747 perched on top of a building. What a sight! The Evergreen Air Museum is a treasure trove of the history of flight, and



Where did we park the 747?

houses Howard Hugh's Spruce Goose. We were delighted with warm showers and an evening warm breeze and a totally filling pasta dinner with all the fixings and drink'ens.

Monday, off to Vernonia. The Willamette Valley is blessed with some 100+ wineries and we passed our share. Riding through McMinnville, then heading north, some of these roads were very lightly traveled, had excellent surfaces, and were just plain fun to ride. I give the route and map planners super

- 5 Club Calendar
- 7 Weekly Rides
- 8 October Ride Schedule

credit. We left the woods and returned to the north of the valley. To the east is Mt. Hood. Finally, we hit the Banks/ Vernonia trail, a completely paved "Rails to Trails." It is a heavily forested and canopied easy 2-3% grade, except a short dip in the trail because of a removed trestle. We shared our camp with the Santa Rosa Cycling Club whom we had met along the way. Vernonia was a logging town, a part of small town America.

Tuesday, off to Astoria. As we rode toward Mist (yes, it was misty) we met some log trucks. We climbed up to a Coast Range summit then a descended into the tidal areas of the headlands of the mighty Columbia River. Astoria is full of maritime history, being the first real community west of St Louis, founded in 1811. We rested Wednesday. Some rode over the four mile Astoria Bridge, others stayed in town, while others visited Lewis and Clark's Tour of Discovery winter camp. Thursday we headed to the Coast, and to Tillamook, down 101 and the Oregon Coast Bike Route. Among the touring cyclists I met along the way was a couple from Granite Bay riding to Crater Lake. I invited them to dinner since they said they knew Tim and some other Wheelmen.

Friday was Tillamook to Lincoln City. Here were two major hills, both with shoulders. Here was the place to smell the shore line and embrace the coastal mist. Here was Cannon Beach and Lincoln City, both brimming with their own brand of tourist related activities, shopping! Our route planners kept us off busy 101 as

- **12** Banquet Awards Info
- 13 November Ride Schedule
- 18 December Ride Schedule
- 22 Zodiac Schedule



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#### **OREGON RIDE...** CONTINUES

much as possible, thank you!

Saturday was the home stretch from Lincoln City to KOA-Corvallis. The Siletz Highway is a gem (minus 1.9 miles of gravel) of a cycling road. Wonderfully smooth pavement, wide shoulders, short ascents, green forest all around, very few cars. There are a few stores; a great bakery in Siletz and, if you time it right, a parade too. We had plenty of sunshine. What a joyous ride with a nice gentle ascent through the trees to Blodgett. From the store it is a short trip to Philomath and Corvallis, through Oregon State University, and returning to the KOA. After a nice WARM shower and restocking on the left-overs into the food wagon, a great tour was over.

The best deal in the U.S. for a supported tour; now I could not agree with Tim more. If you like riding country roads, a variety of terrain, enjoying good company and conversation ranging from bikes to Shakespeare to Columbus, this tour fills all those requirements and more. Our maps were easy to read and accurate. The food was great and plentiful. The accommodations were good for us tenters, with hotels available, if needed. The logistics, our bags, food and cooking gear, all arrived at every location without any major glitch. And lastly, somehow, we had wonderful weather. Sun all day heading north to Astoria then morning fog on the coast with blessed tail winds headed back down. This was a wonderful six days of riding; total of 406 miles. Thanks to the many people who helped make this ride a success- You helped make this the Best Bicycle Tour in America! The Sacramento Wheelmen have a lot to be proud of!



Camping used to be so much easier!

# **RIDE DIRECTOR**

by Dan Anglim

It's fall again, and the weather is great for riding in the foothills! The Esteemed Ride Leaders listed below have generously contributed to a really great Ride Schedule, with lots of options to fit your location, distance, and degree of difficulty. For those who are still working, the Commute-to-Work options have been expanded. This is your last chance to get your miles up to the next level.

If you don't see a ride you were hoping for, lead one yourself next quarter. First quarter 2013 rides may be submitted now through November 1 for the months of January, February, and March on our website at www. sacwheelmen.org. Go to the Rides dropdown, and select "Lead a Ride". All of the rides you led over the past two plus years are included in the Rides Archive. I suggest you print a copy of your rides, and then use the new Ride Submittal Form to send them in. If it's a new ride you have in mind, that's ok too. There's a new form for that also. If you would rather just send me an email, that's ok too. If you have any questions, please let me know. I'm here to help. Our club depends on a deep and varied offering of rides, and so we depend on YOU to step up and lead rides. You can create your own ride, or choose one from the Ride Library found on the website. Additionally, please submit 2013 Tour and Zodiac dates so that our members can plan ahead. 🛞

#### 4TH QUARTER ESTEEMED RIDE LEADERS

Dan Anglim Bob Backer Barbara Bravos Ron Brown Cathy Cavey Dave Clifton Jeannie Ennis Tom Gardner Tom Goodwin Paul Gunkel John Hockenbury Nick Hourigan Dale Johnson Dennis King Donna Klug Jeanne Leland Bob Maben

Joe McCormick Glenn & Mary Moore George Neill Dick Nussbaum Lesli Pletcher William Poulton Gerry Rohlfes Pam & Robert Samms Eric Saur Marie Schelling Dick Shultz David Storm Fred Turner Deborah Walburg Sandy Yarrow Linda & Richard Zeiszler

# **PRESIDENT'S REPORT**

by George Neill

This year's Club Tour in Oregon was another smashing success with happy riders, good weather, great routes, fine food, and absolutely beautiful scenery with lush vegetation and steep mountains. What goes up and down mountains but never moves? Answer later in this article.

Much of the after dinner discussions on the Tour centered around the announcement Tim Koch, DDS made the first evening. After twenty three (23) continuous years as the Sacramento Wheelmen Club Tour Director, Tim needs to step down to spend more time at home. All these years Tim has dealt effectively with all the logistics and arrangements year round while running his professional business. Thanks for all the years with great Club tours, Tim.

Club Tour equipment has been talked about for years. Now a new committee has been appointed to recommend options for our Tour stove, sink, and showers. The stove especially has been hard and risky to load and unload onto the SAG truck. Warm showers have not always been available. Committee members are Dave Clifton, Ralph Waller, Ed Scanlan, and Pete Becker.

The next Sierra Century date is June 15, 2013. The Plymouth Fairgrounds are reserved, local agencies informed, and we are welcomed back. Thanks Sierra Century Directors Bud & Jeanne Leland for the smooth transition back to Plymouth.

This year the Wheelmen responsibilities for Eppie's Great Race expanded as coordinators of the Run-to-Bike Transition. The Club provided increasing support for the event (28 volunteers on Friday and 30 volunteers on Race Day). We set a new set-up record on Friday of 2.5 hours and managed Race Day efficiently. Thanks to all our members who volunteered, and especially Bud & Jeanne Leland for organizing us.

And of course Editors Bud & Jeanne Leland have upgraded our newsletter this past couple of years with format changes, gathering content, and transitioning through personnel changes with the printer. Roads go up and down mountains without moving.=

We have Treasurer Dale Johnson to thank for snappy approved reimbursement checks, timely financial reports with budget comparisons, and clean audits this past couple of years. Dale also initiated our balanced budget for 2012 and our surplus budget for 2013.

We vote for our 2013 Officers and Directors at the November 15 General Membership Meeting, 6:30 PM Socialize, 7:00 PM Meeting starts, SMUD Building, 6201 S Street, Sacramento. All members are encouraged to attend; guests and prospective members are always welcome to attend. If you are interested in a Board of Directors position, contact Nominating Committee members: Scott Pierce, Hal Baker, and Marilyn Floyd. Thanks to Vice President Mike Kersten for arranging great speakers at our meeting this past couple of years, and for covering my back.

Ride Director Dan Anglim has performed admirably this past couple of years with the geometrically complex duties of scheduling our robust ride schedule while chairing the new Website Committee with interactive ride schedule and improved process for Ride Leaders entering new rides each quarter. The transition to the new website could not have been smoother.

Secretary Laura Choate took over her position this year like the pro she is, with timely copious minutes, gentle reminders, and purchased her own new laptop to speed things up.

Want to see your name up on the big silver screen? Esteemed Ride Leaders, top riders, active committee chairs and staff, and literally hundreds of volunteers will be recognized at the 2012 Wheelmen Banquet, Saturday, February 2, 2013 at the same price as last year for attendees, with the Club subsidizing the cost increases. Thanks to Mary Moore for chairing the Banquet again. All you all are invited. Consider this your engraved invitation.

Ride safely, and don't bump your head!

# SAVE<sup>#</sup>DATE! JUNE15TH

The **38th Sierra Century** will be held on **Saturday**, **June 15, 2013** 

Amador County Fairgrounds in Plymouth. The Fairgrounds are reserved Friday, June 14, for camping and RVs Additional information will be on our website, www.sierracentury.org as plans develop. The success of the Sierra Century depends on all of our Club members coming out to volunteer.

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# Eppie's GREAT RACE 2012

Wheelmen, friends and family worked Friday and Saturday, July 20 and 21, 2012 to set-up, then prepare and manage race day activities and take-down for the 39th Eppie's Great Race Run-to-Bike Transition. Friday's set-up began at 8:30 A.M. and finished by 11:30 A.M, a new record. Race day began earlier with Stan Pochop and Tom Gardner volunteering to arrive before dawn to keep an eye on the race bikes already showing up at the transition site. Race day had volunteers busy directing racers and spectator traffic and handing out water. Post-race take-down was completed by 11:30. All volunteers received EGR T-Shirts and lunch. With 28 volunteers for Friday and 30 for Race day, the event went smoothly and



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**REI Roseville** 

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Roseville, CA 95678

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efficiently. Thanks to our volunteers for representing the Sacramento Wheelmen at the event.



Dmitriy Dobrynin Larry Edgar Nicholas Edgar Stacey Edgar Dan Gorfain Larry Hickey Darryl Hoopes Jim Houpt

#### Welcome New Members May 2-August 15, 2012

Tami MacAllen Carole Magnusson Ernie McNeill Joshua Neisinger David Rollings Kent Sligh Mary Rose Sullivan Dave Swedberg Zoey Todd Deborah Wagner John Whelan Roger Young

Ride On!

# ANNUAL AWARDS BANQUET

The Sacramento Wheelmen Annual Awards Banquet will be held on Saturday, February 2, 2013. This gala evening will be held at the Sacramento Hilton, 2200 Harvard St., Sacramento, CA. Festivities begin at 6:00

P.M. with a No Host Bar and Mileage Photos. Dinner is at 7:30 P.M. and menu selections include New York Steak, Salmon, or Vegetarian Napoleon. Presentations will follow dinner. The cost for the evening is \$35.00 (by 12/31) or \$40 (after 12/31) per person. You must be a member or guest of a member to attend (see separate registration form). Please note that prepaid advance reservations are necessary. We invite all members to join us for this wonderful evening. For questions, call banquet chair Mary Moore at 916.359.6450 or e mail her at Bike.Moore@yahoo.com.

MEMBER MILEAGE SHIRT: As a club member, if you would like a free mileage shirt, and you have qualified by riding at least 500 club miles, please refer to the banquet registration form to place your order. You do not need to attend the banquet to receive the free mileage shirt.



# PATRIOT BICYCLES IS "MOVING ON UP" (UP THE STREET, THAT IS)



After nearly 30 years at the corner of San Juan and Winding Way... it is time to make a change! Patriot will be located at 7441 Madison Ave., Citrus Heights, a very active shopping center that includes Safe Credit Union, McDonalds, Arco gas station, and Dutch Bros. Coffee.

We are really stoked about the move! Our vendors are very excited too (Specialized, Giant and Ritchey). Scott and Shelly are looking forward to seeing all our Wheelmen friends and families at our new location.

This move will take place October 1st 2012!Come on by our new location!

Patriot Bicycles • 7441 Madison Ave. • Citrus Heights, CA. 95610 • (916) 961-9646

# 2012 SACRAMENTO WHEELMEN CLUB CALENDAR

Club Meetings, Social Events, Volunteer Opportunities, & Deadlines

D	ate	

#### Event

October	1	September Ride Rosters Submission Deadline
October	8	Board & Business Meeting*
November	1	Jan, Feb, Mar Ride Description Deadline
November	1	October Ride Rosters Submission Deadline
November	15	January WheelNews Submission Deadline
November	15	General Membership Meeting**
November	22	Run to Feed the Hungry Volunteers
December		Families First Bike Assembly Volunteers
December		Sac Police Activities League Volunteers
December	5	November Ride Rosters Submission Deadline
December		Foster Santa Party Volunteers
December	10	Photography Contest Deadline

#### Contact

Mike Snyder,, riderosters@gmail.com George Neill, 722-8592, geor63@jps.net Dan Anglim, ridedirector@surewest.net Mike Snyder, riderosters@gmail.com Jeanne Leland, sweditor122@gmail.com Mike Kersten, 966-3095, swvicepres@gmail.com Dennis King, 284-4555 Dick Nussbaum 424-0933 Dick Nussbaum 424-0933 Mike Snyder, riderosters@gmail.com Dick Nussbaum 424-0933 Marilyn Floyd, 300-3595

## 2013 CALENDAR

February	2	Annual Awards Banquet
June	14&15	Sierra Century Volunteers

Mary Moore, bike.moore@yahoo.com Bud & Jeanne Leland, swsierracentury@gmail.com

\* 5:30 PM No host dinner, 6:00-8:00 PM Board & Business Meetings, Hoppy Brewing Company, 6300 Folsom Blvd., Sacramento, Board members and committee chairs are expected to attend, all members are quite welcome, meetings are on the 2nd Monday of January and even numbered months except August (OR Tour), and December.

\*\* 6:30 PM Socialize, 7:00 PM General Membership Meetings, SMUD Building, 6201 S Street, Sacramento; all members are encouraged to attend, guests and prospective members are always welcome to attend, meetings are on the 3rd Thursday of odd numbered months except January.

## 4th Quarter 2012 Ride Calendar

	October 2012					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> W1	<b>2</b> W1, W3, W4	3 W1, W6, W11	<b>4</b> W1, W8, W9	5 W1, W10 Ride to Paso	6 Sacramento 20/35/60 Ione 10/30/50 Ride to Paso
<b>7</b> Folsom 31/45/53 Freeport 35/80 Ride to Paso	8 W1 Elk Grove 50/63 Paso Robles Zodiac	9 W1, W3, W4 Paso Robles Zodiac	10 W1, W6, W11 Paso Robles Zodiac	11 W1, W8, W9 Paso Robles Zodiac	<b>12</b> W1, W10 Paso Robles Zodiac	13 Sacramento 20/35/60 Elk Grove 40/60/80
<b>14</b> Penryn 50	<b>15</b> W1	<b>16</b> W1, W3, W4	<b>17</b> W1, W6, W11	<b>18</b> W1, W8, W9	<b>19</b> W1, W10	20 Sacramento 20/35/60 Davis 35/65/104 Elk Grove 38/49/57
<b>21</b> San Francisco 75 Gold River 40/65	22 W1 Capitola	23 W1, W3, W4 Capitola	24 W1, W6, W11	25 W1, W8, W9	<b>26</b> W1, W10	27 Sacramento 20/35/60 El Dorado Hills 40 Sheldon 44/54
28 Penryn 35/50 Winters 36/47	29 W1 Sacramento 80	<b>30</b> W1, W3, W4	<b>31 HALLOWEEN</b> W1, W6, W11			

#### November 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> W1, W8, W9	<b>2</b> W1, W10	3 Sacramento 20/35/60
4 DAYLIGHT SAVINGS ENDS Acampo 55/95 Sacramento 50 Shingle Springs 33/44/53	5 W1 Sacramento 70	6 ELECTIONS W1, W3, W4 Jackson Zodiac	7 W1, W6, W11 Jackson Zodiac	8 W1, W8, W9 Jackson Zodiac Jackson 70	<b>9</b> W1, W10	10 Sacramento 20/35/60
11 Loomis 41/50 W. Sacramento 63/108 Gold River 40/65	<b>12</b> W1	<b>13</b> W1, W3, W4	<b>14</b> W1, W6, W11	<b>15</b> W1, W8, W9	<b>16</b> W1, W10	17 Sacramento 20/35/60 Elk Grove 40/60/80
18 El Dorado Hills 37/42 Sacramento 66/99	<b>19</b> W1	<b>20</b> W1, W3, W4	<b>21</b> W1, W6, W11	<b>22 THANKSGIVING</b> Run to Feed the Hungry, Sacramento 40	23 W1, W10	24 Sacramento 20/35/60 Sheldon 44/54
25 Roseville 38/50/60 Thornton 42/72 Winters 36/47	26 W1 Sacramento 31/50	<b>27</b> W1, W3, W4	28 W1, W6, W11	<b>29</b> W1, W8, W9	<b>30</b> W1, W10	

#### December 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Sacramento 20/35/60
2 El Dorado Hills 40/50 Sacramento 41/67/89	3 W1 Sacramento 40/68	<b>4</b> W1, W3, W4	<b>5</b> W1, W6, W11	<b>6</b> W1, W8, W9	7 W1, W10	8 Sacramento 20/35/60
<b>9</b> Loomis 46 Davis 46/70	<b>10</b> W1 Rancho Cordova 32/78	<b>11</b> W1, W3, W4	<b>12</b> W1, W6, W11	<b>13</b> W1, W8, W9	<b>14</b> W1, W10	15 Sacramento 20/35/60 Clarksburg 35/50
<b>16</b> Sheldon 46/81	<b>17</b> W1	<b>18</b> W1, W3, W4	<b>19</b> W1, W6, W11	20 W1, W8, W9	<b>21</b> W1, W10	22 Sacramento 20/35/60 Citrus Hts 23 to 107
23 Roseville 40/60 Sacramento 51/74/94	<b>24</b> W1	25 CHRISTMAS Sacramento 15/50	<b>26</b> W1, W6, W11	<b>27</b> W1, W8, W9	28 W1, W10	29 Sacramento 20/35/60 Citrus Hts 23 to 107
<b>30</b> Lincoln 48/60	31 NEW YEARS EVE Sacramento 43/70					

## Fourth Quarter 2012

# **Weekly Rides**

•event	•description	•grading
(W1) MONDAY – FRIDAY COMMUTE RIDE	Commute to work and gain Club miles. Submit your plan to the Ride Leader. Your plan must include to/from locations and RT mileage. Then send a weekly note to the Ride Leader listing the days you rode. Fred Turner, 962-2626, ft58@sbcglobal.net	10-50 Flat Flexible
(W3) TUESDAY BREAKFAST RIDE 8:30 AM & 9:00 AM Wayne's Place in William Pond Park Bike Trail at the end of Arden Way	Join a group of easy riders on this long-standing traditional weekly ride on the bike trail. Different direction each week to find favorite breakfast spots, some old, some new. <b>Tom Goodwin, 362-1780, tgoodwin0703@att.net</b> <b>Nick Hourigan, 487-0993, helnick@sbcglobal.net</b>	25 to 75 Rolling Flexible
(W4) TUESDAY BREAKFAST RIDE DOWNTOWN 9:00 AM Miller Park Front Street South off Broadway	The "other" breakfast ride on Tuesday will explore a variety of breakfast destinations in the area. There will be an extended ride each week as well. Bob Maben, 455-5715, rcmaben@surewest.net Dave Storm, 665-2169, dlstorm@worldnet.att.net	25 to 75 Flat Flexible
(W6) WEDNESDAY BREAKFAST RIDE 9:00 AMt Sacramento West of Playground at Grant Park on C St. near 22 <sup>nd</sup> St	Four winds Midtown brunch ride: The goal is to ride loops in each direction and to cover all 4 directions in a month. Food and water available in route. Joe McCormick, 448-1032, mccormickjm@att.net William Poulton, wpoulton@sbcglobal.net	25 to 75 Flat Flexible
(W11) WEDNESDAY SOUTH COUNTY RAMBLE 9:00 AMt Elk Grove It's a Grind Coffee House, Elk Grove Blvd & Waterman Rd	A new weekly ride for our South County and Elk Grove folks. We will ride 30 to 50 miles each week mostly in the Delta and foothills. We will stop halfway through from coffee/refreshments. Rain cancels. <b>Tom Gardner, 685-4085, tbgardner@surewest.net</b>	30 to 50 Flat/Rolling Flexible
(W8) THURSDAY BREAKFAST RIDE 8:30 AM Sunrise Bridge PL & Bike Trail 9:00 AM Gold River Shopping center, southeast corner of Sunrise and Gold Country	A social group ride to a different breakfast spot each week with two groups to allow for varied distances, paces and abilities. We usually offer an extended ride option after breakfast depending on the area and the weather. Away starts are periodically planned in addition to the Sunrise start, and will be announced at the Tuesday Breakfast ride or earlier, and by email. <b>Dick Shultz, 853-1011, dieseldick@sbcglobal.net Sandy Yarrow, 791-3426, skybike@surewest.net</b> <b>Dave Clifton, 354-1137, superdave911@sbcglobal.net</b>	45 to 75 Rolling Flexible
<b>(W9) THURSDAY BREAKFAST RIDE, SOUTH</b> 9:00 AM Florin & Riverside	We'll meet across street from Shell station (Florin & Riverside). There will be long and short options available. Gerry Rohlfes, 422-7711 Bob Maben, 455-5715, rcmaben@surewest.net	30 to 60 Flat Flexible
(W10) FRIDAY BRING YOUR OWN BREAKFAST RIDE 9:00 AMt Sacramento West of Playground at Grant Park on C St. near 22 <sup>nd</sup> St	Goal is to ride in all 4 directions in a month, if possible-yes this means 15mph or slower on the bike path.! This ride will be a good transition for newer riders who mostly ride the bike path to branch out to ride bike lanes and roads with Wheelman who have experience in traffic and are comfortable with traffic. Winter rides will tend to be 2 hours or 30 miles in length with a few exceptions for great weather days being longer. Bring a snack to eat along the way. Joe McCormick, 448-1032, mccormickjm@att.net William Poulton, wpoulton@sbcglobal.net	30 to 75 Flat Casual

## **October Rides**

•event	•description and grading
1 MON	Commute Ride. See Weekly Ride Schedule (W1).
2 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
3 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble (W11).
4 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
5 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
<b>5-8</b> FRI- MON Ride to Paso 9:00 AM Sacramento, Train Station	<b>Ride: 200 Hilly Flexible</b> We will ride the Big Sur route with a few changes and arrive in Paso Robles for the Zodiac on the 8th. This is a loaded tour, no sag, no nothing, if you want it, you bring it, and you have to arrange you way home, either a car rental or your good old wheelmen friend; this is one of the best rides you will ever do, the scenery is beyond belief so come along and experience the ride of a life time. Contact ride leader for more details. <b>David Clifton, 354-1137, superdave911@sbcglobal.net</b>
6 SAT Mile Zero Ride 9:00 AM Sacramento Discovery Park Bike Trail @ Mile 0	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Mary Moore, 284-1905, bike.moore@yahoo.com
6 SAT Clarks Corner 9:00 AM Ione Clarks Corner, 12 W. Main St	Ride: 10-30-50 Flat/Hilly Flexible This is your chance to spend a day riding through the rolling hills of Amador Countywith a pro! 2011's AMGEN Tour of California champion Chris Horner, from Team Radio Shack, will be joining us again this year for the 3rd Annual Clark's Corner Cycling Challenge to benefit the Interfaith Food Bank of Amador County and World Bicycle Relief. The entry fee is \$55, and includes a buffet lunch. For more information and registration, go to http://clarkscornerione.com/site/event/clarks-corner-cycling- challenge-2012/. Must wear Wheelmen Jersey to get club miles Jeanne Leland, 457-6324, lelandone@comcast.net
<b>7</b> SUN Around and About 9:30 AM Freeport, Cavanaugh GC PL, Freeport Blvd at the Bridge	Ride: 35-80 Flat Flexible A ride around Sacramento going south to Courtland, then east to Wilton, north to the bike path in Rancho Cordova, then west to Old Sac and back to Freeport. Dick Nussbaum, 424-0933, rcnflyer@aol.com
7 SUN Fab Fifties - Fish or Climb Hills 9:00 AM Folsom, Nimbus Fish Hatchery, Gold Country Blvd & Hazel	Ride: 31-45-53 Moderate/Hilly Flexible The short ride will climb to El Dorado hills and return. The long ride will visit Cameron Park before returning to the start. Richard Zeiszler, 501-9563, zeiszler@sbcglobal.net

## October Rides Continued

•event	•description and grading
8 MON	Commute Ride. See Weekly Ride Schedule (W1).
8 MON Delta Wanderer 2 10:00 AM Elk Grove, Safeway PL, Franklin & Laguna	Ride: 50-63 Flat Flexible A flat loop thru the Delta area via Galt, Thornton, Walnut Grove, Ryer Island, Courtland, Hood and Franklin. Dick Nussbaum, 424-0933, rcnflyer@aol.com
8-12 MON Paso Robles Zodiac 9:00 AM Paso Robles, Adelaide Inn	Ride:50-200Rolling/HillyFlexibleWe will be riding through beautiful rolling hills and vineyards to the coast and along Highway 1. For more information please see the Zodiac Schedule. Camping is also available in the Paso area. It is about a 4 hour drive from Sacto, so plan accordingly. Mary Moore, 284-1905, bike.moore@yahoo.com Glenn Moore, 524-7785, mooreg@surewest.net
9 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
10 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble (W11).
11 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). hursday Breakfast Ride South. See Weekly Ride Schedule (W9).
12 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
<b>13</b> <b>SAT</b> Delta Grind 9:00 AM Elk Grove, It's a Grind PL, Elk Grove Blvd & Waterman	Ride: 40-60-80 Flat/Rolling Flexible We'll "grind" it out around the Delta or in the lower foothills. Stop for refreshments half way. Tom Gardner, 685-4085, tbgardner@surewest.net
<b>13</b> <b>SAT</b> <b>Mile Zero Ride</b> 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Linda Zeiszler, 457-8815, zeiszler@sbcglobal.net
14 SUN Foothill Frolics – Girly Girl Ride 9:00 AM Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	Ride: 50 Moderate Flexible Description: Come join us for frolicking fun and cycling in the foothills. We will meet at the Trailhead Coffee and Cycling Lounge, where you can start and end the ride with fresh pastries and coffee. Take Penryn Road exit and go left on Penryn Road back over freeway. Go through light and then turn right at stop sign at Taylor Road. Follow Taylor up the hill to the 4-way stop. Cafe on left. Manly men welcome. Jennie Babich, 927-8888, jenniebabich@att.net
15 MON	Commute Ride. See Weekly Ride Schedule (W1).

## October Rides Continued

•event	<ul> <li>description and grading</li> </ul>
16 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
17 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Brunch Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble (W11).
18 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
19 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
20 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Donna Klug, auntdklug@aol.com
20 SAT SW Series – A Ride in The Delta 9:00 AM Elk Grove, Bruceville Rd at Whitelock	Ride: 38/49/57 Flat Flexible A ride to Walnut Grove and Thornton David Storm, 665-2169, infobiker@yahoo.com
20 SAT Foxy's Fall Century 7:00 AM Davis, Veteran's Memorial Center	Ride:35-65-104Flat/RollingFlexibleOn the 100 miler ride through the orchards of Yolo and Solano Counties and into the hills of Napa County with 2000 feet of climbing. The 100K is a new route this year following the 100 miler out to Pleasants Valley Rd then turns right back to Davis while the 100 miler continues to Fairfield and beyond. Be sure to register early as it tends to fill up quickly. Pasta dinner at the finish for registered riders. Must wear Wheelmen Jersey to get club miles.Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net
21 SUN 8:00 AM San Francisco, Legion of Honor in Lincoln Park	Ride:75+25Hilly/FlatFlexible/CasualJoin us for this scenic tour through the northern part of San Francisco and across the Golden Gate Bridge to Marin County. You'll ride through Sausalito, Mill Valley, around the Tiburon Peninsula, through Larkspur and west to Fairfax. From there we'll head up Mt. Tam - the views on the way up are so pretty you won't even notice the climb! After a rest at the top we'll descend down to Mill Valley and back to San Francisco. Afternoon weather is usually warm at this time of year, but bring layers since it will be cool in the morning and that famous fog could show up at any time. Stores and water are available on the route and we'll stop for lunch in Fairfax. Call Sandy or e-mail if you have any questions or need directions. Elev appx. 6,000 ft. This is one of my FAVORITE rides. Cathy Cavey, 415-647-7075, clcavey@hotmail.com Sandy Yarrow, 802-0898, skybike@surewest.net
21 SUN Highhand Land 9:00 AM Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Ride: 40-65 Rolling/Moderate Flexible We will take the bike path to Beal's Point and then head to Loomis with a break at the Highhand Nursery. The extension will use Sierra College to make a loop before returning to Gold River. Mary Moore, 284-1905, bike.moore@yahoo.com

## October Rides Continued

event	•description and grading
22 MON	Commute Ride. See Weekly Ride Schedule (W1).
22-23 MON- TUE Ride to Capitola 7:00 AM Sacramento, Train Station	Ride: 100 Hilly Flexible This is a ride to Capitola with a stay at the Venetian overnight and return the next day. This ride is dependent on the weather, but with a five day window for completion. We will set the start date one week in advance then launch. There will be various routes and distances to Capitola. Baggage support will be available. In short it goes like this, San Francisco to Capitola two ways, San Jose to Capitola two ways, the return two ways. Contact ride leader for details. David Clifton, 354-1137, superdave911@sbcglobal.net
23 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
24 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble Ride. See Weekly Ride Schedule (W11)
25 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
26 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
27 SAT El Dorado Hills The Easy Way 9:00 AM El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Ride: 40 Rolling Flexible A scenic ride through EDH villages and down over Folsom Lake Crossing Bridge, loops Lake Natoma and Folsom with a pause at scenic views and stops at Karen's Bakery or Snook's Ice Cream Parlor (or both if you wish!). Most major hills avoided but there are still a few to climb. Rain cancels. Bob Backer, 933-1366, RobertB603@aol.com
27 SAT Lodi Airport 9:00 AM Sheldon, Bert's Diner PL, Grant Line Rd.	Ride: 44-54 Flat Casual Ride goes south from Sheldon to Galt and then a break at the Lodi Airport. Short ride turns around and heads back. Long ride continues south and east, and back to Sheldon thru Wilton. John Hockenbury, 685-7527, j.hockenbury@comcast.net
27 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride:       20-35-60       Flat/Rolling       Casual         Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge.         Pam Samms, 396-6471, pamsamms@yahoo.com         Robert Samms, 996-2413, Robert_samms@yahoo.com
28 SUN Foothill Frolics – Whistle Past the Graveyard 9:00 AM Penryn, Trailhead Coffee & Cycle, Taylor & English Colony	<ul> <li>Ride: 35-50 Moderate Flexible</li> <li>On the Eve of All Hallow's Eve, we will Whistle Past several Graveyards in the Penryn, Loomis, Lincoln, and Auburn areas.</li> <li>1. (idiomatic, US) To attempt to stay cheerful in a dire situation; to proceed with a task, ignoring an upcoming hazard, hoping for a good outcome.</li> <li>2. (idiomatic, US) To enter a situation with little or no understanding of the possible consequences. Dan Anglim, 797-0337, djanglim@surewest.net</li> </ul>

#### **October Rides**

Continued

•event	<ul> <li>description and grading</li> </ul>		
28 SUN Cantelow and Mix Canyon 9:00 AM Winters, City PL, Railroad & Main	Ride:       36-47       Moderate/Severe       Flexible         The ride will head towards Dixon through several walnut orchards, then west to climb Cantelow. After climbing Cantelow, you have the option of climbing Mix Canyon (a 4.6 mile out and back) with some 20% grades. The ride takes you back to Winters. No water en route.         Glenn Moore, 359-6450, mooreg@surewest.net Mary Moore, 284-1905, bike.moore@yahoo.com		
28 SUN Thunder Valley Run 9:30 AM Sacramento, Seymore Park, Clipper & Riverside	Ride: 80 Flat/Rolling Flexible A long fast ride to brunch at the Casino, and a slow ride back. En route facilities are minimal. Dick Nussbaum, 424-0933, rcnflyer@aol.com		
29 MON	Commute Ride. See Weekly Ride Schedule (W1)		
30 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).		
31 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South Country Ramble Ride. See Weekly ride Schedule (W11).		
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## **November Rides**

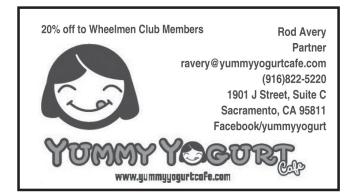
•event	<ul> <li>description and grading</li> </ul>
1 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
2 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
<b>3</b> SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Mary Moore, 284-1905, bike.moore@yahoo.com
<b>3</b> <b>SAT</b> <b>Looping Around Loomis</b> 9:00 AM Loomis, Loomis Community Park, King Rd & Ong	Ride: 32-40 Moderate Flexible Two Loops around Loomis. First down to Granite Bay and then up to Auburn with some favorite roads included. A Groupo ride. Deborah Walburg, 698-3504, gwalburg@yahoo.com
4 SUN Giro d'Vino 8:30 AM Acampo, Woodbridge Winery, 5950 East Woodbridge Rd	Ride:55-95FlatFlexibleIf you like wine here is your chance to mix wine tasting with cycling! Not that that's a good thing. Remember to use the bucket. Ride along the Mokelumne River basin with all rest stops at local wineries. This is a fairly flat ride, with only 500 ft elevation climb on the long ride. Dennis King, 284-4555, velo_king@sbcglobal.net Marie Schelling, 972-8750, velo_girl@sbcglobal.net
4 SUN 10:30 AM Sacramento, Walgreens PL, Florin & Riverside	Ride: 50 Flat Flexible A flat easy exercise ride, ideal for the short winter ride days. Dick Nussbaum, 424-0933, rcnflyer@aol.com
4 SUN Fab Fifties – Ride Around the Block 9:00 AM Shingle Springs, Shingle Springs P&R, Ponderosa Rd exit at HWY 50	Ride: 33-44-53 Rolling/Moderate/Hilly Flexible From Shingle Springs, two routes take us to Placerville. The route splits after 24 miles and the long route continues on to Georgetown (market and cafes), plenty of climbing on both. The shortest option splits at Hwy 193 and 49 above Placerville. Tom Goodwin, 362-1780, tgoodwin0703@att.net
5 MON	Commute Ride. See Weekly Ride Schedule (W1).
5 MON Ride to Jackson 8:30 AM Sacramento, Walgreens PL, Florin & Riverside	Ride: 70 Hilly Flexible Ride to the Jackson Zodiac. Contact the Ride Leader for baggage support and details. Dick Nussbaum, 424-0933, rcnflyer@aol.com

event	•description and grading
6-8 TUE- THUR Jackson Zodiac 9:00 AM Jackson, Best Western Amador Inn	Ride: 180 Mountainous Flexible This 3 day ride will take us up to Volcano, through West Point and out to Buena Vista. Come up for all three days or just one day. See Zodiac schedule for more info. Nick Hourigan, 487-0993, helnick@sbcglobal.net
6 TUE 	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
7 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).
8 THUR Ride from Jackson 9:00 AM Jackson, Best Western Amador Inn	Ride: 70 Hilly Flexible Return ride from Jackson Zodiac. Contact the Ride Leader for baggage support and details. Dick Nussbaum, 424-0933, rcnflyer@aol.com
8 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9)
9 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
10 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Linda Zeiszler, 457-8815, zeiszler@sbcglobal.net
10 SAT Col du Costco/Brittany 9:00 AM Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	Ride: 30-37 Moderate Flexible Let's labor over some hills. We will take the bike trail to Folsom with two "Cols" to help you earn that after ride treat at Starbucks or Jamba Juice. The short ride avoids the two hills. Elevation gain-1600ft. A Groupo ride. Eric Saur, 359-1711, esaurbiz@yahoo.com
11 SUN Foothill Frolics – Auburn Canyon 3 9:00 AM Loomis, Loomis Community Park, King Rd & Ong	Ride: 41-50 Moderate/Hilly Flexible We will head to Auburn where the long ride will drop down into the canyon and up to old Foresthill Rd. Short ride continues on Lincoln Way. Both rides will go Auburn Ravine and cross Hwy. 49 and continue down Mt. Vernon to McCourtney, up Sierra Collage and back to Loomis. Rain Cancels. Jeannie Ennis, 205-2225, jeanniebike@att.net

•event	•description and grading
11 SUN Highhand Land 9:00 AM Gold River, Gold River Shopping Center, SE Corner of Sunrise Blvd & Gold Country Rd	<b>Ride: 40-65 Rolling/Moderate Flexible</b> We will take the bike path to Beal's Point and then head to Loomis with a break at the Highhand Nursery. The extension will use Sierra College to make a loop before returning to Gold River. <b>Mary Moore, 284-1905, bike.moore@yahoo.com</b>
11 SUN Solano Century 8:30 AM West Sacramento, Starbucks PL, Jefferson Blvd & Linden Rd	Ride: 63-108 Flat/Rolling Flexible A long loop through Suisun City, then the Montezuma Hills to Rio Vista and back to West. Sacramento. Dick Nussbaum, 424-0933, rcnflyer@aol.com
12 MON	Commute Ride. See Weekly Ride Schedule (W1).
13 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
14 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).
15 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
16 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
17 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Donna Klug, auntdklug@aol.com
17 SAT Delta Grind 9:00 AM Elk Grove, It's a Grind PL, Elk Grove Blvd & Waterman	Ride: 40-60-80 Flat/Rolling Flexible We'll "grind" it out around the Delta or in the lower foothills. Stop for refreshments half way. Tom Gardner, 685-4085, tbgardner@surewest.net
18 SUN Beale Loop 9:00 AM Sacramento, Sacramento Air Museum PL, Freedom Park & 32nd St.	Ride: 66-99 Rolling/Hilly Flexible Description: North through Lincoln, Camp Far West, Beale AFB, and looping north around Beale and back through Wheatland. Photo ID required for the long ride. Dick Nussbaum, 424-0933, rcnflyer@aol.com

•event	•description and grading
18 SUN Fab Fifties – Not a Mountain Goat 9:00 AM El Dorado Hills, EDH P&R, Latrobe & White Rock Rd (Hwy 50 Exit 30A)	Ride: 37-42 Rolling/Moderate Flexible A counter-clockwise loop on rural roads. Challenging, but not a mountain goat ride. Paul Gunkel, 929-8988, gunkel4578@sbcglobal.net Barbara Bravos, 929-8988, gunkel4578@sbcglobal.net
19 MON	Commute Ride. See Weekly Ride Schedule (W1)
20 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
21 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).
22 THUR Ride to the Run to Feed the Hungry 7:30 AM Sacramento, Five Points Shopping Center	Ride:       40       Flat       Casual         Get some riding in before the big Thanksgiving dinner and do a good deed for the community. We will be riding to the Scottish Rite Temple to volunteer for course marshal duty for the Run to Feed the Hungry.         Dennis King, 284-4555, velo_king@sbcglobal.net         Marie Schelling, 972-8750, velo_girl@sbcglobal.net
23 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
24 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride:20-35-60Flat/RollingCasualJoin us for a comfortable paced ride (15-17 mph).This is a great ride for new riders wanting to learn about the Sacramento Wheelmen.The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change.Due to the noise under the freeway the start will be by the Jibboom St Bridge.Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com
24 SAT Lodi Airport 9:00 AM Sheldon, Bert's Diner PL, Grant Line Rd	Ride: 44-54 Flat Casual Ride goes south from Sheldon to Galt and then a break at the Lodi Airport. Short ride turns around and heads back. Long ride continues south and east, and back to Sheldon thru Wilton. John Hockenbury, 685-7527, j.hockenbury@comcast.net
25 SUN Foothill Frolics – A Perfect Blend 2 9:00 AM Roseville, A Perfect Blend PL, SW Corner of Sierra College & East Roseville Pkwy	Ride: 38-50-60 Rolling/Moderate Flexible We will visit some familiar roads around Auburn, Newcastle, Lincoln and Loomis with a break about half way through the ride. After the ride share a cup of coffee with fellow riders at Perfect Blend. Dale Johnson, 284-5208, davijohnslckr@comcast.net

•event	<ul> <li>description and grading</li> </ul>
25 SUN Camanche Pardee Loop 9:00 AM Thornton, Store/Gas Station PL, I-5 exit at Walnut Grove/Thornton	Ride: 42-72 Rolling/Hilly Flexible A loop eastbound around Lake Camanche and Pardee, then return. Dick Nussbaum, 424-0933, rcnflyer@aol.com
25 SUN Cantelow and Mix Canyon 9:00 AM Winters, City PL, Railroad & Main	Ride:36-47Moderate/SevereFlexibleThe ride will head towards Dixon through several walnut orchards, then west to climb Cantelow. After climbing Cantelow, you have the option of climbing Mix Canyon (a 4.6 mile out and back) with some 20% grades. The ride takes you back to Winters. No water en route.Glenn Moore, 359-6450, mooreg@surewest.net Mary Moore, 284-1905, bike.moore@yahoo.com
26 MON	Commute Ride. See Weekly Ride Schedule (W1).
26 MON Crusin' Down the River 10:30 AM Sacramento, Walgreens PL, Florin & Riverside	Ride: 31-50 Flat Flexible A nice easy ride through Hood, Franklin, Thornton, Walnut Grove, and Clarksburg. Dick Nussbaum, 424-0933, rcnflyer@aol.com
26 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
28 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).
29 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
30 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).





## **December Rides**

•event	•description and grading
1 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	<b>Ride:</b> 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Mary Moore, 284-1905, bike.moore@yahoo.com
2 SUN Fab Fifties – Union Mine 9:00 AM El Dorado Hills, Latrobe Elementary School, Latrobe & S. Shingle Springs Rd	Ride: 40-50 Hilly Flexible Ride to Plymouth via Latrobe Road and Old Sacramento Road, up Hwy 49 to Union Mine Road (15%- grade). Lunch stop in the town of El Dorado, then ride Mother Load Road, Green Valley, etc. No SAG, no sweep. Rain or serious threat of Rain cancels ride. Ron Brown, 486-3665, rl-brown@pacbell.net
2 SUN Woodland and Beyond 10:00 AM Sacramento, Miller Park Marina PL, Front St South of Broadway	Ride: 41-67-89 Flat Flexible Northwest through Woodland, on to Madison, south to Winters and return through Davis. Dick Nussbaum, 424-0933, rcnflyer@aol.com
3 MON	Commute Ride. See Weekly Ride Schedule (W1).
3 MON Delta Loop 10:00 AM Sacramento, Miller Park Marina PL, Front St South of Broadway	Ride: 40-68 Flat Flexible A loop through West Sacramento, then south through Ryer Island, Walnut Grove, and back to Miller Park. Dick Nussbaum, 424-0933, rcnflyer@aol.com
4 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).
5 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).
6 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
7 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).
8 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride: 20-35-60 Flat/Rolling Casual Join us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Linda Zeiszler, 457-8815, zeiszler@sbcglobal.net

#### December Rides Continued

•event	•description and grading
9 SUN Northwest Ride 10:00 AM Davis, Davis Shopping Center PL, Mace & Chiles	Ride:       46-70       Flat/Rolling       Flexible         Through Davis to the west side of the valley then north through Esparto to Zamora and return through Woodland.       Dick Nussbaum, 424-0933, rcnflyer@aol.com
9 SUN Foothill Frolics – Spring Chicken's BD 9:00 AM Loomis, Train Station, Horseshoe Bar & Taylor	Ride:       46       Moderate/Hilly       Flexible         Join us for a "Big Chicken Birthday Ride".       This year we have Linda Zeiszler, Bud Leland, Dan Anglim and Sandy to lead the flock for a December Chicken Run.       This eggciting ride will travel through Loomis, Newcastle and Lincoln basin, but stay close to the barn if it looks like rain.       Options to shorten.         We'll have coffee and cake at the Wild Chicken after the ride.       Sandy Yarrow, 791-3426, skybike@surewest.net         Commute Ride.       See Weekly Ride Schedule (W1).
MON 10 MON South Loop 9:00 AM Rancho Cordova, Mather Light Rail Station, Folsom Blvd & Mather Field	Ride: 32-78 Flat Flexible The ride goes south from Mather AFB through Galt to Thornton, and returns via Elk Grove. Dick Nussbaum, 424-0933, rcnflyer@aol.com
11 TUE 12 WED	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4). Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6).
13 THUR 14	Wednesday South County Ramble. See Weekly Ride Schedule (11). Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).
FRI 15 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge	Friday Bring Your Own Breakfast Ride.       See Weekly Ride Schedule (W10).         Ride:       20-35-60       Flat/Rolling       Casual         Join us for a comfortable paced ride (15-17 mph).       This is a great ride for new riders wanting to learn about the Sacramento Wheelmen.       The ride will start at Discovery Park, and venture out to local coffee shops, etc.         (Rain cancels ride)       Note start location change.       Due to the noise under the freeway the start will be by the Jibboom St Bridge.         Donna Klug, auntdklug@aol.com
15 SAT Ride in the Delta 9:00 AM Clarksburg, Delta HS PL, Netherlands Ave near River Rd	<b>Ride: 35-50 Flat Flexible</b> A ride in the Delta. Long ride goes through Rio Vista. <b>David Storm, 665-2169, infobiker@yahoo.com</b>
16 SUN Tri-County Loop 9:00 AM Sheldon, Bert's Diner PL, Grant Line Rd	Ride: 46-81 Flat/Rolling Flexible A long double loop through southeastern Sacramento County, then into Calaveras and San Joaquin Counties. Dick Nussbaum, 424-0933, rcnflyer@aol.com
17 MON	Commute Ride. See Weekly Ride Schedule (W1)

## December Rides Continued

•event	•description and grading				
18 TUE	Commute Ride. See Weekly Ride Schedule (W1). Tuesday Breakfast Ride. See Weekly Ride Schedule (W3). Tuesday Breakfast Ride Downtown. See Weekly Ride Schedule (W4).				
19 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).				
20 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).				
21 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).				
22 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride:20-35-60Flat/RollingCasualJoin us for a comfortable paced ride (15-17 mph). This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc. (Rain cancels ride) Note start location change. Due to the noise under the freeway the start will be by the Jibboom St Bridge. Pam Samms, 396-6471, pamsamms@yahoo.com Robert Samms, 996-2413, Robert_samms@yahoo.com				
22 SAT In-N-Out Century 8:00 AM Citrus Hts, C-Bar-C Park, Oak Ave @ Signal 1/2 mile east of Fair Oaks	Ride: 23-107 Flat/Hilly Flexible Choose a ride from five related easy, flat routes with very little traffic, heading West along the American River Parkway Bike Trail to the Davis In-N-Out Burger, and return. Or, choose a ride from six related Sierra Foothills routes heading East with up to 6,250 ft climb to the Auburn In-N-Out Burger, and return. See http://home.surewest.net/g/century.html for more information. George Neill, 722-8592, geor63@jps.net				
23 SUN Woodland Loop 9:00 AM Sacramento, Walgreen's PL, Florin & Riverside	Ride: 51-74-94 Flat Flexible A loop around Woodland through Esparto and Davis. Dick Nussbaum, 424-0933, rcnflyer@aol.com				
23 SUN Foothill Frolics – A Perfect Blend 9:00 AM Roseville, A Perfect Blend PL, SE Corner of Sierra College & East Roseville Pkwy	Ride: 40-60 Moderate/Hilly Flexible Ride the rollers of Loomis, Lincoln Newcastle, climb Ridge and come back to start to share a warm cup of coffee with fellow riders. A Groupo Ride. Leslie Pletcher, 972-9999, lesli@pletcher.com				
24 MON	Commute Ride. See Weekly Ride Schedule (W1).				
25 TUE Bean Soup Ride 10:00 AM Sacramento, Discovery Park Bike Trail at Mile 0	Ride:15-50FlatFlexibleJoin us for the 12th annual Christmas Ride.We'll do about 40 miles at a casual pace, with holiday music and cold noses. You can extend your ride with a refreshment stop of bean soup and hot cider at the Moore's.Rain cancels, but the soup will still be on. Mary Moore, 284-1905, bike.moore@yahoo.com Glenn Moore, 524-7785, mooreg@surewest.net				
26 WED	Commute Ride. See Weekly Ride Schedule (W1). Wednesday Breakfast Ride. See Weekly Ride Schedule (W6). Wednesday South County Ramble. See Weekly Ride Schedule (11).				

## December Rides Continued

•event	•description and grading				
27 THUR	Commute Ride. See Weekly Ride Schedule (W1). Thursday Breakfast Ride. See Weekly Ride Schedule (W8). Thursday Breakfast Ride South. See Weekly Ride Schedule (W9).				
28 FRI	Commute Ride. See Weekly Ride Schedule (W1). Friday Bring Your Own Breakfast Ride. See Weekly Ride Schedule (W10).				
29 SAT Mile Zero Ride 9:00 AM Sacramento, Discovery Park Bike Trail at Mile 0 by the Jibboom Street Bridge.	Ride:       20-35-60       Flat/Rolling       Casual         Join us for a comfortable paced ride (15-17 mph).       This is a great ride for new riders wanting to learn about the Sacramento Wheelmen. The ride will start at Discovery Park, and venture out to local coffee shops, etc.         Pam Samms, 396-6471, pamsamms@yahoo.com         Robert Samms, 996-2413, Robert_samms@yahoo.com				
29 SAT In-N-Out Century 8:00 AM Citrus Hts, C-Bar-C Park, Oak Ave @ Signal 1/2 mile east of Fair Oaks	Ride: 23-107 Flat/Hilly Flexible Choose a ride from five related easy, flat routes with very little traffic, heading West along the American River Parkway Bike Trail to the Davis In-N-Out Burger, and return. Or, choose a ride from six related Sierra Foothills routes heading East with up to 6,250 ft climb to the Auburn In-N-Out Burger, and return. See http://home.surewest.net/g/century.html for more information. George Neill, 722-8592, geor63@jps.net				
30 SUN Lincoln Loop 10:00 AM Lincoln, Thunder Valley Casino East PL, Athens Rd & Industrial	Ride: 48-60 Rolling/Hilly Flexible Ride to Newcastle via Camp Far West and return. Short ride doesn't go all the way to Newcastle Dick Nussbaum, 424-0933, rcnflyer@aol.com				
31 MON Delta Loop 10:30 AM Sacramento, Walgreens PL, Florin & Riverside	Ride: 43-70 Flat Flexible A pleasant ride south onto Ryer Island and return through Walnut Grove. Dick Nussbaum, 424-0933, rcnflyer@aol.com				
Cycling Adventur CycleFit Camps & Clinics, Coach Wine Bike Tours, Sports Nutrit Shelley Marenka USA Elite Coach, Owner P.O. Box 1613 Murphys, CA 95247 530-864-7891 209-890-6244 GetOnYourMARK@gmail.com	es hing. ion Cycling-Training.com . Coaching . . Bike Fitting . . Training Camps . . Performance Testing . . 916-966-8238 abruzzobiker@gmail.com				
209-890-6244	www.citybicycleworl				

2012	Tour/Zodiac Schedule Submit tour plans/corrections to Sandy Yarrow, 791-3426, skybike@surewest.net
Oct 8-12 MON-FRI Paso Robles Zodiac 9:00 AM Paso Robles, Adelaide Inn	Ride:50-200Rolling/HillyFlexibleWe will be riding through beautiful rolling hills and vineyards to the coast and along Highway 1. There are organized group rides starting on Tuesday, October 9th and ending Thursday, October 11th. You may opt to do a short ride on Friday the 12th before heading back to Sacramento. You can also select your own rides from a variety of route sheets that are provided. Tradition has been to do a SAG supported wine and olive oil tasting ride, a ride to the coast, and an inland ride. A block of rooms, under the Sacramento Wheelmen, is being held until September 3rd at the Adelaide Inn (800-238-2770) Price range is from \$88.20 and up, depending on number of beds and location. A Best Western Black Oak (805-238-4740) and Motel 6 are close to the Adelaide Inn. Camping is also available in the Paso area. It is about a 4 hour drive from Sacto, so plan accordingly.Mary Moore, 284-1905, bike.moore@yahoo.com Glenn Moore, 524-7785, mooreg@surewest.net
Nov 6-8 TUE-THUR Jackson Zodiac 9:00 AM Jackson, Best Western Amador Inn	Ride:180MountainousFlexibleWe will be staying at the Best Western Amador Inn in Jackson. All rides will leave from the hotel parking lot, 10:00 AM on Tuesday, and 9:00 AM Wednesday and Thursday. Tuesday we will ride up to Volcano, Wednesday to West Point and Thursday out to Buena Vista. Come up for all three days or just one day Mileage is 40-50 miles/day.Nick Hourigan, 487-0993, helnick@sbcglobal.net
2013	Tour/Zodiac Schedule
Jan X-X MON-THUR Napa Zodiac 9:00 AM Winters, Putah Creek Cafe	Information not available at time of publication. Details to follow on www.sacwheelmen.org and sacwheelmen email list.
Feb 11-14 MON-THUR Borrego Springs Zodiac 9:00 AM Borrego Springs, Palm Canyon Resort	Ride:240Moderate/HillyFlexibleEscape the cold weather in Sacto and come down to the desert in Borrego Springs. We ride Monday through Thursday on the roads around Borrego Springs. On Wednesday consider the optional mountain bike ride through the Carrizo Gorge along the old railroad. We stay at Palm Canyon Resort, call 1-800-242-0044 for reservations, mention the Sac Wheelmen. This Zodiac ties in nicely with the Tour de Palm Springs held on Feb 9.Dale Johnson, 284-5208, davijohnslckr@comcast.net



## Report Road and Bicycle Hazards

Go to the

Sacramento Area Bicycle Advocates (SABA)<sup>2</sup>Bicycling Hazard Tracking System and fill out your report online. Go to <u>www.sacbike.org/hazard</u>

Wheel News

YES! I've decided to:	And I'm willing to help with:         Leading Rides       Other         Sierra Century       Other         Club Administration         My Talents and Skills are:         Publishing       Administrative         Accounting       Bike Mechanic         Graphic Design       Computer         Management       Sales/Marketing
Name M F List names of all family members who will ride or volunteer M F	Here's what it's going to cost:         One Year:       Individual \$15       Family \$20         Two Year:       Individual \$30       Family \$40         Three Year:       Individual \$45       Family \$60
M F Address City Zip Phone E-mail	<i>Please mail this application with check payable to:</i> PO Box 15739 Sacramento, CA 95852

#### Sacramento Wheelmen Cycling Club Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement

IN CONSIDERATION of being permitted to participate in any way in this Sacramento Wheelmen Cycling Club ("Club") sponsored Bicycling Activity ("Activity"), I for myself, my personal representative, assigns, heirs, and next of kin:

- ACKNOWLEGE, agree and represent that I understand the nature of cycling activities and that I am qualified, in good health, and in proper physical condition to
  participate in such Activities. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon
  which the hazards of traveling are to be expected. I further acknowledge that if at any time I believe conditions to be unsafe, I will immediately discontinue further
  participation in the Activity.
- FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISK AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING DEATH ("Risks"); (b) these risks and dangers may be caused by my own actions, or inactions, the actions of others participating in Activity, the conditions in which Activity takes place, or THE NEGLIGENCE OF THE "RELEASEE" NAMED BELOW; (c) THERE MAY BE OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND RESONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.
- 3. HEREBY RELEASE, DISCHARGE, CONVENANT NOT SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, their respective administrators, directors, agents, officers, employees and volunteers, other participants, any sponsors, advertisers, and if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "RELEASEES" herein), FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON M ACCOUNT CAUSED, OR ALLEGED TO BE CAUSED, IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERS, INCLUDING NEGLIGENT RESCUE OPERATIONS. I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, I, or anyone on my behalf, make acclaim against any of the Releases, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASESS from any litigation expenses, attorney fees, losses, liability, damages, or costs which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCEOF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THT IF ANY PORTION OF THE AGREEMENT IS HELD INVALID, THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Participant	Date	Signature of Participant Date	
Signature of Participant	Date	Signature of Participant Date	
Signature of parent/guardian ( <i>if under 18</i> )	Date	Signature of parent/guardian ( <i>if under 18</i> ) Date	



PO Box 15739 Sacramento, CA 95852

This newsletter is mailed to club members



Editor Bud & Jeanne Leland

sweditor122@gmail.com WheelNews is published quarterly with a circulation of 3,000. Members are encouraged to submit material for publication. If possible, please submit your articles electronically.

WheelNews Distribution Coordinator Doug Lent <u>dlent@sbcglobal.net</u>

> Advertising Eric Saur esaurbiz@yahoo.com

**Publisher** Teena-Marie Gordon

Deadline for ride descriptions:

November 1, 2012

Deadline for articles/ads: November 15, 2012 Printed on recycled paper



# Sacramento Wheelmen Annual Photo Contest for 2012

PRESORTED STANDARD U.S. POSTAGE **PAID** Sacramento, CA

PERMIT NO. 789

#### The Rules:

- Must be taken between December 1, 2011 and November 30, 2012.
- Must have bicycle involved in the photo such as wheel, shadow, bicycle (see categories below).
- Send admissions by January 10, 2013 or submit at every general meeting. There will be a box at every general meeting to submit your photos. Color and black/white

Individuals may enter as many photos as they would like into the contest, but each photo may only be entered into one of the following categories:

- Bicycling Action
- Bicycling Still
- Bicycling Landscape
- Bicycling Lifestyles
- Bicycling Creative Digital

Entries will be evaluated based on appeal, content and photographic skill. The decision of the judges is final.

#### **Submission Details:**

The Entry Deadline is January 10, 2013. Photos will be displayed at the 2013 Club Banquet. Please pick up your entries after the banquet. Submit 8 x 10 photos mounted on white poster board with at least one inch of the poster board surrounding the photo so we can handle the entries without putting fingerprints on the photos. Do not write on the front. On the back of the poster board write your name, phone number and category for the photo. Submit to Marilyn Floyd, at a ride or by mailing USPS to Marilyn Floyd. Care will be taken with regard to handling and protecting entries, however, Wheelmen Bicycle Club will not be held liable for damage or loss. Email mfloyd286@yahoo.com with questions or address to mail entries.

#### Prizes:

Ribbon awards for top three places in each category and two Honorable mentions will also be awarded in each category. Winning photos will be displayed on our www. sacwheelmen.org site.